RUU-BA- RUU: KNOW YOUR DEPARTMENT

National/International/Inter-University/State Level/College Level- Departmental level Date -18-08-2023 Name of the organising Department/Society- Dialog, Department of Sociology ,Maitreyi College Name of the convenor/coordinator of the event-Dr. Gopi Devdutt Tripathy(TIC), Dr. Anurita Jalan(AIC) Resource Persons (alongwith their affiliation)- NA Total Number of the participants/beneficiaries- 73 Venue: NSB 3 , Maitreyi College, University of Delhi

On 18th August, 2023 the Department of Sociology conducted a special session titled *Ruu-ba-Ruu*,:Know your Department' at 10.00 am in the New Science Block, room no. 3. The objective behind the event was to highlight all the co-curricular activities and to get an understanding about the functioning of the Department of Sociology. In attendance were all the faculty members, the Teacher-In-Charge (TIC) Dr Gopi Devdutt Tripathy, the Association-In-Charge (AIC) Dr Anurita Jalan, Dr Aruna Grover, Mr Pawan Harsana, Dr Neeraj Kumar, Dr Bijayani Mishra, Mr Anurag Singh and Ms Gabriella Thempineng Tungdim.

The event commenced with Dr.Aruna Grover extending a warm welcome to the new first-year students, introducing them to the diverse courses offered by the Sociology Department as part of the Value Added Course (VAC) and Skill Enhancement course (SEC).

Dr Gopi Devdutt Tripathy in continuation again highlighted the Vision and Mission of the Department, The students were then shown glimpses of activities which took place in the department which included lectures and Webinars, Film Screenings ,Photos Exhibitions, Book Discussions, Visit to Museums, Field Trips, Academic Meet: IMAGINE, and the Department's annual Magazine- Sociologue "*Aao Baat Karein*", all of which actively were the ideas of the students with the moderation and supervision of the faculty resulting in the activities being a success.

The Editorial Board for the Departmental Magazine was then introduced, by Dr Gopi Devdutt Tripathy and Mr Pawan Harsana being the Editor-in-Chief, Dr Anurita Jalan being the Managing Editor and the fellow editors of the magazine from 3rd years, the Design team and the PR team. There after which the students were introduced to the major initiatives taken by the department such as; social media handles, Aashayein- The Happiness Project, Prospects: internships and job opportunities, the Alumni : Connects and finally Dastavez; the documentation and transcription unit of the department.

Dr Anurita Jalan introduced the significance of the field trip which is mandatory in the final year and is organised every year to enrich students' sociological understanding through practical experiences, which helps students to gain experiential learning and cultivate critical thinking, real world applications and preparing them for a well-rounded future.

Conducted under the guidance of Dr Gopi Devdutt Tripathy, elections are scheduled for the last week of August with Google Forms serving as the medium for Participation. The selection criteria was introduced by Dr Bijayani Mishra. Moving Forward, the current association members were introduced to the students. To assist association members there is also an informal student body who takes care of different heads such as the PR, Social Media, Volunteer, Hospitality, and Creative teams respectively for the students to actively participate and join. The event was then followed by an interactive session between the first year students and the faculty.

The event came to an end with a formal vote of thanks delivered by Dr. Bijayani Mishra.

Poster for the Event:





Dialog

Department of Sociology Maitreyi College

invites you to



Know Your Department

18th August 2023 10:00 am NSB 3

आओ बात करें...

<u>Pictures of the event:</u>



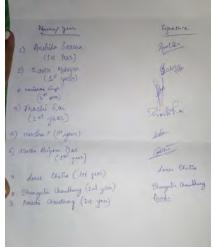




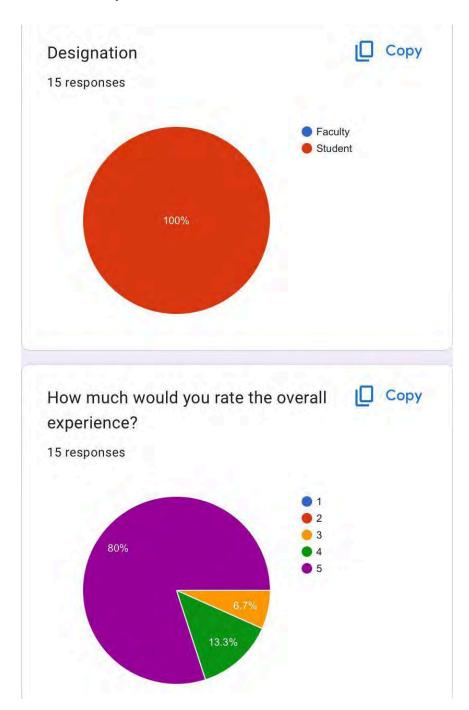


List of Participants:

2nd year students	Know your Supertment
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Significance of the event (Outreach/Soft Skill Development/Curriculum Enrichment, etc)- Such event is always helpful to first year students to enrich their understanding about the college and department and also worked as an ice-breaking session between them.



Feedback analysis:



Signature of the Convener:

Dr. Gopi Devdutt Tripathy Teacher-in-Charge Department of Sociology

Department Orientation

National/International/Inter-University/State Level/College Level- Departmental level

Date -17-08-2023

Name of the organizing Department/Society- Dialog, Department of Sociology ,Maitreyi College

Name of the convenor/coordinator of the event-Dr. Gopi Devdutt Tripathy(TIC), Dr. Anurita Jalan(AIC)

Resource Persons (alongwith their affiliation)- NA

Total Number of the participants/beneficiaries-73

Venue: NSB 3, Maitreyi College, University of Delhi

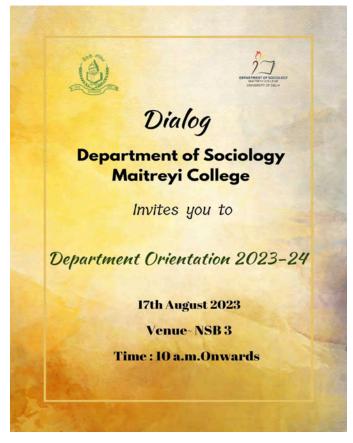
At 10:00 am on 17th August, 2023, the Department of Sociology conducted its departmental orientation for the newly admitted batch . The programme commenced with a welcoming address by Dr. Gopi Devdutt Tripathy, Teacher-In-Charge (TIC) of the Sociology Department. She introduced the first year students to the faculty members and briefed them about the functioning of the department, its vision and mission via a powerpoint presentation. In attendance were all the faculty members, the Teacher-In-Charge (TIC) Dr Gopi Devdutt Tripathy, the Association-In-Charge (AIC) Dr Anurita Jalan, Dr Aruna Grover, Mr Pawan Harsana, Dr Neeraj Kumar, Dr Bijayani Mishra, Mr Anurag Singh and Ms Gabriella Thempineng Tungdim.

Following which, Dr. Neeraj Kumar explained in detail the UGCF course structure and the various papers to be studied in the course of 4 years such as Core Papers, DSEs, General Electives, SECs, VACs and AECs. Further, Dr. Anurita Jalan, the Association-In-Charge (AIC) of the Department shed light on the importance of field trips which are an essential and a mandatory component of experiential learning and encouraged all the first years to be a part of it.

Dr Aruna Grover, in continuation, extensively elaborated on the assessment schema comprising IAs, CAs, class participation and tutorials. Thereafter, members of the Association were introduced by Dr. Bijayani Mishra, who made the students aware of the election process and eligibility criteria to be a part of the same.

Towards the end of the event, various queries from the new students were taken up and were discussed. The orientation ended with a formal vote of thanks delivered by Dr. Gopi Devdutt Tripathy, the Teacher-in-Charge of the Department.

Poster of the Event:



Online Meeting Link: NA

Geotagged Photographs of the Event:

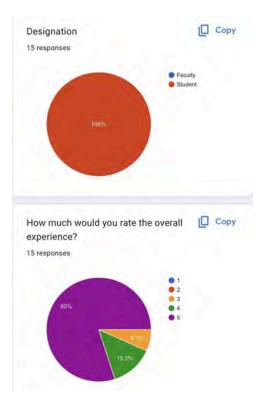


Significance of the event(Outreach/Soft Skill Development/Curriculum Enrichment, etc):

The department orientation on August 17th, 2023, effectively introduced the first-year students to the academic environment, resources, and support available. It set a strong foundation for their academic journey and highlighted the department's commitment to their success.

Name of the Prize holders (if any)along with their affiliation: NA

Feedback Analysis:



List of Participants:

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Dr. Gopi Devdutt Tripathy Teacher- In- Charge, Department of Sociology Maitreyi College, University of Delhi

207

Elections for the Academic Year 2023-24 ,Department of Sociology, Maitreyi College, University of Delhi

National/International/Inter-University/State Level/College Level- Departmental level

Date -16-01-2023

Name of the organizing Department/Society- Department of Sociology, Maitreyi College

Name of the convenor/coordinator of the event- Dr. Anurita Jalan and Dr. Gopi Devdutt Tripathy

Resource Persons (alongwith their affiliation)-NA

Total Number of the participants/beneficiaries-97

Number of the participants/beneficiaries from college- 7 faculty members and 90 students

Report of the event

On 16th January, the Department of Sociology conducted its Student Association Elections for the academic year 2023-24 at 10:30 a. m in the New Science Block Seminar Hall. 90 students and 7 members of faculty were in attendance. The faculty members present in the meeting comprised of Dr. Anurita Jalan, Teacher-in-Charge of the Department of Sociology, Dr Gopi Devdutt Tripathy, Association-in-charge, Dr.Neeraj Kumar, Mr.Pawan Harsana, Dr.Bijayani Mishra, Mr. Anurag Singh and Ms. Aratrika Bhadra.

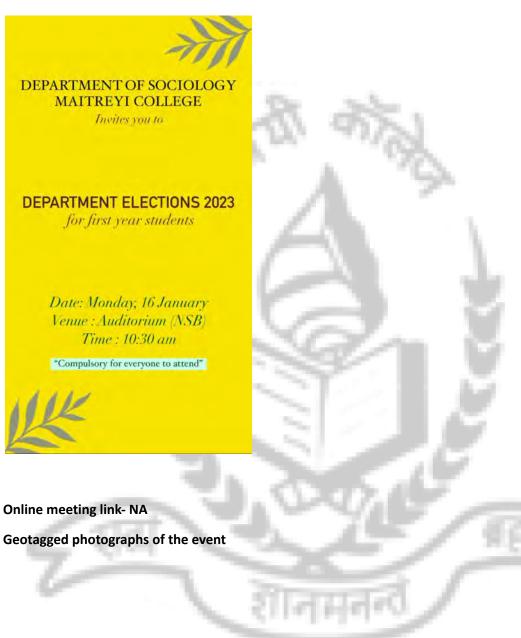
The election for the post of joint secretary was held first. Due to a case of absenteeism, a candidate contesting for the post of joint secretary was disqualified. The candidates who contested for the position were Taanisi Soni, Sanya Verma, Himadri Prasad, Sumedha. The elections for Class representative were held after the elections of joint secretary. The candidates for the post of CR were Megha Arya, Sumedha, Himadri Prasad and Barkha Gogoi. Dr. Anurita Jalan, the Teacher-in-charge of the Department of Sociology, declared the results - Taanisi Soni was elected as the Joint Secretary, with 47 votes, while Barkha Gogoi and Megha Arya, received 20 votes each and were elected for the post of CRs of the first year.

The Teacher-in-Charge of the Department of Sociology, Dr Anurita Jalan, sensitised the new office-bearers about the importance of participation and collective responsibility, encouraging them to keep up the team spirit.

Following the results, the Association-in-Charge, Dr Gopi Devdutt Tripathy congratulated the new office bearers. She then invited the call for papers for the departmental magazine "Sociologue : Aao Baat Karein", on the theme "Celebrating Hundred years of Delhi University : Education and Beyond".

The general secretary of the Department, Heena Chauhan concluded the event with a formal vote of thanks.

Poster of the event



New Delhi,DL,India Jesus & Mary Marg, Chanakyapuri, New Delhi, 110021, DL, India Lat 28.593185, Long 77.176376 01/16/2023 10:44 AM GMT+05:30 Note : Captured by GPS Map Camera

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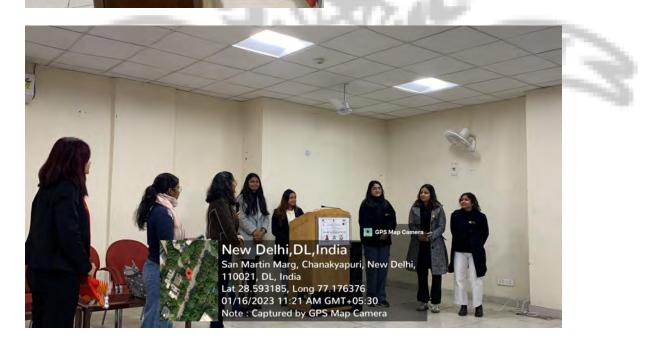
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Significance of the event (Outreach/Soft Skill Development/Curriculum Enrichment, etc) - The elections for the position of Joint Secretary and Class Representatives for the academic year 2023-24 were elected.

Name of the Prize holders (if any) alongwith their affiliation - NA

Feedback Analysis-NA

List of participants-NA

Signature of the Convenor

Junuta Jalan

National/ International/ Inter- University/ State Level/ College Level- College Level

Date:25.09.2023

Name of the Organizing Department/ Society- Dialog, Department of Sociology, Maitreyi College, University of Delhi

Name of the Convenor/ Coordinator of the event- Dr. Gopi Devdutt Tripathy Teacher-in-Charge, Department of Sociology and Dr. Anurita Jalan, Association-in-Charge, Department of Sociology.

Resource Persons: NA

Total Number of participants/ beneficiaries from our college (with relevant proofs)-133

Venue: Library Seminar Hall, Maitreyi College, University of Delhi

Report of the Event:

On 25th of September 2023, the Department of Sociology, Maitreyi College, University of Delhi, organized the screening of hollywood film Ratatouille in the Library Seminar Hall.

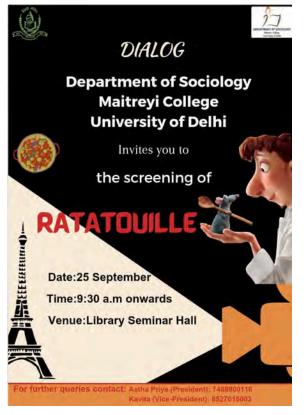
"Ratatouille" is a popular animated film produced by Pixar Animation Studios and released by Walt Disney Pictures in 2007. The movie explores themes of following one's passion, defying societal expectations, and the idea that anyone, regardless of their background, can achieve greatness. The film has since become a beloved classic, known for its humor, memorable characters, and delightful portrayal of the culinary world.

The screening commenced with a welcome note by Astha Priya, the association President. Then the Teacher- In- Charge, Dr. Gopi Devdutt Tripathy shed light on the objective of film screening and its alignment with this year's theme- "Food, Culture and Society" .She encouraged all the students to actively participate in the interactive session after the screening.

Post screening, the interactive session was moderated by Shobhna Sharma, a final year student and also one of the editors of the Editorial Board of the Department. After a brief review of the movie, Shobhna invited other members of the Editorial Board and students from all three years to share their experiences. During the interactive session various themes were covered such as; food traits, cultural dimension of food, dining habits, emotional attachment to food, human values, consumerism pattern, and food choices. Students and Faculty also shared their "Ratatouille" moments which created an atmosphere of nostalgia and served as a great way for them to bond, exchange stories and appreciate the role food has played beyond nourishment. It was an insightful and interactive session, leaving the audience with many questions to dwell upon and ideas to further explore.

The program concluded with a vote of thanks delivered by Kavita, Vice-President of the Association.

Poster of the Event:



Online Meeting Link: NA

Geotagged Photographs of the Event:



Significance of the event(Outreach/Soft Skill Development/Curriculum Enrichment, etc):

Film Screening of any kind enables the students to foster amongst them the idea of critical thinking and Sociological imagination which the Department of Sociology strongly cultivates.

Name of the Prize holders (if any)along with their affiliation: NA

Feedback Analysis:

Name of student	Roll no of the student	Course year	Course Name	Rate the event
Sakshi kumari	2023/0226	1 st year	Ba honors sociology	4 🥃
Anandita Sharma	2023/1092	1 st year	Sociology hons	5 🚙
Ritika Ratna	2022/0835	2 nd year	BA sociology honours	5 📕
Anushka	2023/0224	1 st year	Ba programme	5 🤯
SHOBHNA SHARMA	2021/1207	3 rd year	B.A.(H) Sociology	5 🥪
Prapti Jain	2022/0153	2 nd year	B.A.(hons) Sociology	5 🚽
Sneha Poniya	1698	1 st year	Sociology hons	5
Pari Mishra	2023/0420	1 st year	Sociology hons	5 _
Himadri Prasad	2022/0827	2 nd year	BA soci hons	5 🛶
Ishika Tayal	1685	1 st year	BA Honours Sociology	1 -
Ishita chandwani	2023/0490	1 st year	B.A.(H) SOCIOLOGY	4 😖
Janhvi Kathoria	2021/0352	3 rd year	B.A. Honours Sociology	5 🚄
Ritu Gupta	2021/1486	3 rd year	Sociology	5 🤤
Tavishi	2022/0746	2 nd year	Ba sociology honours	5 🥪
Hadia Arif	1110	1 st year	Sociology hons.	5 🙀
Sayna Sainath	0656	1 st year	Sociology Hons.	4 🥥 👘
Neha	0451	1 st year	Sociology honours	5 🤤
Hoshangi	2021/0309	3 rd year	Ba Sociology Hons.	5 🛀
Alisha Jaiswal	2022/1286	2 nd year	BA(H) SOCIOLOGY	5 🥃
Meghna Mishra	2022/0112	2 nd year	BA(H) Sociology	5
Lavanya Chopra	2023/784	1 st year	Sociology hons	5 🥥
Lavanya sharma	0312	1 st year	BA sociology hons	4 🚄
Deepti Sinha	2021/0159	3 rd year	Sociology Honours	4 🚙
Archita Kumari	2022/0805	2 nd year	Ba(H) sociology	5 🥪
sanjana kumari	2023/0196	1 st year	sociology honours	1 -
Surbhi saras	2022/0781	2 nd year	BA sociology (H)	5 🛶
Swikriti Kumari	2021/1205	3 rd year	BA Sociology Hons	5 🥪
Arupa Pratyusha	2022/0837	2 nd year	BA(H) Sociology	4 💶
K KEERTHANA	2022/1326	2 nd year	B A (Hons) Sociology	5 😑
Khushi Gupta	2022/1476	2 nd year	BA(H) Sociology	4
Yashika Shankar	2021/0788	3 rd year	B.A (Hons.) Sociology	4
Radha Yadav	2021/2284	3 rd year	Ba.Honours sociology	2 🦊
Karishma yadav	2023/0330	1 st year	B.A.sociology hons.	5 🕳
Khushi Rajput	0152	1 st year	BA.Sociology (H)	3 🙀
Lonee Chetia	0937	1 st year	Sociology hons	5 🥪
Bhargabi Chaudhury	2023/1191	1 st year	BA Sociology (Hons)	5 📮
Astha Priya	2021/0513	3 rd year	Sociology hons	5 😠

List of Participants:

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Dr. Gopi Devdutt Tripathy

Teacher- In- Charge, Department of Sociology

Maitreyi College, University of Delhi

DEPARTMENT OF SOCIOLOGY in collaboration with MANAN: Centre of the Study of Gandhian Thought Maitreyi College

National/ International/ Inter-University/ State Level/ College level- College Level Date- 03.10.2023

Name of the Organizing Department/ Society- Dialog, Department of Sociology, Maitreyi College, University of Delhi

Name of the Convenor/ Coordinator of the event-

- Dr. Gopi Devdutt Tripathy, Teacher-in-Charge, Department of Sociology
- Dr. Anurita Jalan, Association-in-Charge, Department of Sociology and Convenor of Manan:Centre of the Study of Gandhian Thought.
- Dr. Aruna Grover, Assistant Professor, Department of Sociology

Resource Persons: NA

Total Number of participants/ beneficiaries from our college (with relevant proofs)- 177 **Venue:** Library Seminar Hall, Maitreyi College, University of Delhi

Report of the Event:

On 3rd of October 2023, the Department of Sociology, Maitreyi College, University of Delhi, organized the screening of "The Making of the Mahatma" in the Library Seminar Hall.

The Making of the Mahatma is a 1996 biographical film directed by Shyam Benegal, about the early life of Mahatma Gandhi during his 21 years in South Africa. The film is based upon the book "The Apprenticeship of a Mahatma" by Fatima Meer. It was an international co-production between India and South Africa. The film has a certain rawness that makes the situation, setting and people look more real. In a nutshell, this film tells the compelling story of Gandhi's journey from a young lawyer to the symbol of a nation; a journey that had its costs and demanded sacrifice.

The screening began with a welcome note by Astha Priya, the association President. Then Dr. Aruna Grover shed light on the objective of film screening and significance of Gandhian thought on the occasion of celebrating the 154th birth anniversary of Mahatma Gandhi. She encouraged the students to actively engage themselves while watching the film. The program saw a very good participation of students from other departments as well.

The program concluded with a vote of thanks delivered by Divyanshi Behera, General Secretary of the Association.

Poster of the Event:

Celebrating the 154th Birth Anniversary of Mahatma Gandhi

METHICAL STREET

Manan Centre of the Study of Gandhian Thought Maitreyi College

in collaboration with

Dialog Department of Sociology, Maitreyi College

Invites you to the screening of

"The making of the Mahatma" (A film by Shyam Benegal)

Time - 1:30 p.m Date - 3rd October, 2023 Venue - Video Conferencing Hall

Online Meeting Link: NA

Geotagged Photographs of the Event:





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📳 GPS Map Camera



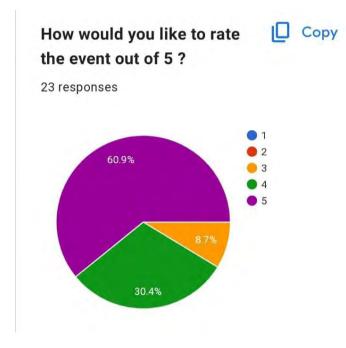
New Delhi, Delhi, India ARTS BLOCK, MAITREYI COLLEGE UNIVERSITY OF DELHI, Chanakyapuri, New Delhi, Delhi 110021, India Lat 28.592529° Long 77.77421* 03/10/23 01:51 PM GMT +05:30

Significance of the event(Outreach/Soft Skill Development/Curriculum Enrichment, etc):

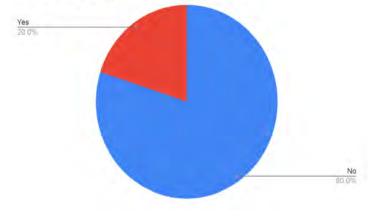
This film screening was part of the Gandhi Jayanti celebration in college. It provoked viewers to think about the sacrifices that were made by Bapu, his family, the participants of the Satyagrah movement. It highlighted the importance of truth and non-violence, not only in the life and struggle of Gandhiji, but also their relevance in the contemporary world.

Name of the Prize holders (if any)along with their affiliation: NA

Feedback Analysis:



Count of Any suggestions for further events



List of Participants:

Dr. Arune Greven u

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Dr. Gopi Devdutt Tripathy Teacher-In-Charge, Department of Sociology Maitreyi College, University of Delhi

One Day Seminar on Higher Education in the UK

National/ International/ Inter-University/ State Level/ College level- College Level
Date- 10.10.2023
Name of the Organizing Department/ Society- Dialog, Department of Sociology,
Maitreyi College, University of Delhi
Name of the Convenor/ Coordinator of the event- Dr. Gopi Devdutt Tripathy,
Teacher-in-Charge, Department of Sociology
Resource Persons: Shweta Dua, Recruitment Advisor India Subcontinent, University of Bristol and Rajni Saini, Coordinator of SI-UK(Study In-UK)
Total Number of participants/ beneficiaries from our college (with relevant proofs)- 127
Venue:New Auditorium, Maitreyi College, University of Delhi

Report of the Event:

On the 10th of October 2023, Dialog, the Department of Sociology, Maitreyi College, University Of Delhi, organized a one day seminar on higher education in the UK in collaboration with SI-UK (Study In-UK) by Ms.Shweta Dua, in New Auditorium at 11 AM. Shweta Dua is the Recruitment Advisor for the University of Bristol and an experienced corporate expert with a background of working with UK operations brands.

The seminar began with a formal introduction by Mrs. Rajni, who holds the role of coordinator at SI-UK, an organization specializing in helping students pursue higher education in the United Kingdom. Following which, Shweta Dua took the stage and delved into the primary objectives and key topics to be addressed during the seminar. She provided valuable insights into the various factors that students should take into account when considering higher education in the UK through a PPT presentation.

Ms. Dua explained the entire procedure that international students should follow to secure admission in UK universities. This process generally involves submitting academic transcripts, standardized test scores (like the IELTS or TOEFL), letters of recommendation, and a personal statement. She offered tips on how to create a compelling application which could include powerful personal statements, showcasing one's strengths and achievements, and providing a clear sense of purpose and motivation. She highlighted the importance of a student's ability to 'think out of the box' to secure admission to a university especially in competitive application processes.

She discussed the various scholarship opportunities available to international students in the UK like the intake scholarship scheme, British Council India, MHRD scholarship. Information about post-graduation career prospects in the UK, including the job market, industries, and the demand for various fields of study, was shared. There was focus on the importance of aligning one's education with future career goals and importance of graduate immigration rules, concerning international students' ability to stay and work in the UK after completing their studies.

The testimonials and success stories of the enrolled students were displayed in the presentation which conveyed their records of acheivements that included job placements, scholarships received, career growth and community impact. This emphasized how the program or institution played a pivotal role in the students' success and enabled the audience relate the stories to their own aspirations.

Last but not least she emphasized on various factors that students should consider when choosing the UK as their study destination, such as the quality of education, cultural experiences, lifestyle, and more. An overview of the duration of master's programs in the UK, opportunities for industrial placements and community experience in a student's life were relevant to the seminar's focus.

The conclusion of the program featured a vote of thanks delivered by Mrs. Rajni, in which she shared the details to enable further students' query regarding the program. This allowed students to seek additional information if they had any questions or concerns about the event.

Poster of the Event:



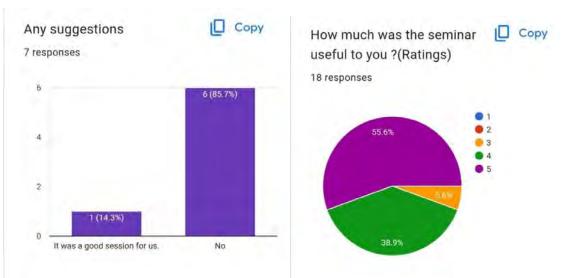
Online Meeting Link: NA

Geotagged Photographs of the Event:

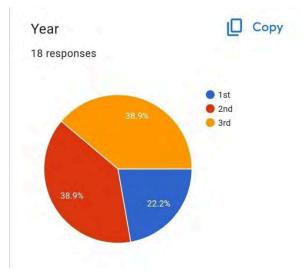


Significance of the event(Outreach/Soft Skill Development/Curriculum Enrichment, etc): This seminar aimed to provide comprehensive information and guidance to prospective students interested in pursuing higher education in the UK. It offered knowledge exchange, cultural understanding, soft skill, enhancement of quality and relevance of higher education abroad. Attendees left the seminar with a thorough understanding of what to expect and how to prepare for their educational journey in the UK. Seminars of this kind allow participants to connect with experts in the field leading to collaborative research and career opportunities.

Name of the Prize holders (if any)along with their affiliation: NA



Feedback Analysis:



List of Participants :



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Dr. Gopi Devdutt Tripathy Teacher- In - Charge, Department of Sociology Maitreyi College, University of Delhi

National/International/Inter-University/State Level/College Level : Departmental level Date : 11-10-2023

Name of the organizing Department/Society : Dialog, Department of Sociology, Maitreyi College Name of the convenor/coordinator of the event : Dr. Gopi Devdutt Tripathy(TIC), Dr. Anurita Jalan (AIC)

Resource Persons (alongwith their affiliation)- Dr. Shanta Dutta Roy (Former Professor of English Literature and Language, Maitreyi College, University of Delhi, Dr. Manas Firaq Bhattacharjee, Renowned poet and writer, Ms.Manisha Saluja ,Assistant Professor, Department of English, Maitreyi College

Total Number of the participants/beneficiaries- 98

Venue : Library Seminar Room, Maitreyi college, University of Delhi

REPORT:

On the 11th of October, 2023 the Department of Sociology conducted the Valedictory session of the 4 week Certificate Course in Creative Writing at 12:30 pm in the Library seminar Room.

The Valedictory session was formally introduced by Ms Shobhna Sharma, one of the editors of the Department Magazine, Sociologue and also a final year student of Sociology.

The session then commenced with Dr Gopi Devdutt Tripathy extending a warm welcome to everyone present in the session. She then moved forward in introducing the objectives of the 4 week certificate course in creative writing which was specially organized by the Department to hone both the writing and creative skills of the students. A course of this sort motivates young minds those who have an inclination in writing to express their thoughts into words and understand the art of writing.

The office bearers of the student association then went on to offer a token of appreciation to the special guest Dr Shanta Dutta Roy, former English Literature Professor at Maitreyi College and then to the resource persons for the workshop, Dr. Manas Firaq Bhattacharjee, and Ms.Manisha Saluja.

Dr. Shanta Dutta Roy, with a specialization in modern British Poetry by Philip Larkin, took the stage to inform the students about the art of creative writing. She emphasized the importance of creating both comprehensive and comprehensible work, stressing the significance of planning, research, and acquiring the necessary language and skills for the target readers. Dr. Roy also highlighted the therapeutic value of writing, quoting William Wordsworth's famous words, "Poetry is the spontaneous overflow of powerful feelings; it takes its origin from emotion recollected in

tranquility." She urged students to be detail oriented and perform thorough proofreading. She then concluded with the presentation of two of her short poems, one addressing the issue of female foeticide and the other sharing her personal experience transformed into poetry after her mother's passing, titled "Dialogue with Mother."

Dr Manas Firaq Bhattacharjee, shared his perspective on the natural essence of writing, stating that writing is not something to be taught but rather an art that flows naturally. He spoke of his interactions with the students and praised their epistemic questions, highlighting the enthusiastic engagement during the workshop.

The final session featured Ms.Manisha Saluja, who started by sharing her intent to hold this certificate course in creative writing for a long time and once it came into work she then shared her journey as a lifelong student of writing, emphasizing the importance of keeping an open mind to learning from their students from this workshop. Ms. Saluja extended her gratitude to Dr. Manas for his tireless efforts in assisting students in personalizing their articles. She concluded with heartfelt congratulations to the department of sociology for the successful organization of the sessions, leaving attendees inspired and appreciative of her wisdom and contributions to the event.

Dr. Ritu Dhingra, Associate Professor, Physics and the Convener of the IQAC, Maitreyi College, University of Delhi extended congratulations to the Department of Sociology for the successful organization of the event

Following which 4 students, (Shobhna Sharma and Suchitra Khundrakpam from 3rd year, Meghna Mishra from 2nd year and Anshika from 1st year) who were part of the workshop presented excerpts from their write-ups on this year's departmental theme "Food, Culture and Society".

The session then came to an end with a formal vote of thanks delivered by Mr Pawan Harsana, Assistant Professor, Department of Sociology, Maitreyi College.

Poster of the event :



DEPARTMENT OF SOCIOLOGY MAITREYI COLLEGE UNIVERSITY OF DELHI

Dialog

Department of Sociology Maitreyi College

(NAAC Accredited A++)

(Under the aegis of IQAC)

Invites you to

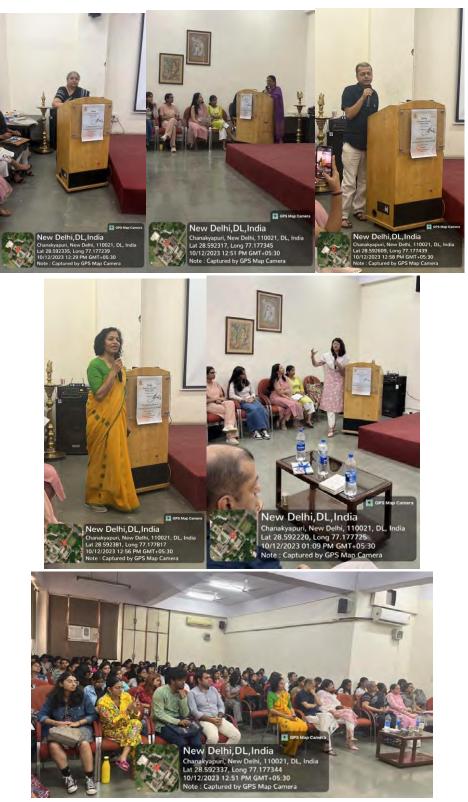
The Valedictory Session of Certificate Course in Creative Writing

Date: 12th October, 2023

Time: 12:00 P.M.

Venue: Video Conferencing Hall (Near The Library)

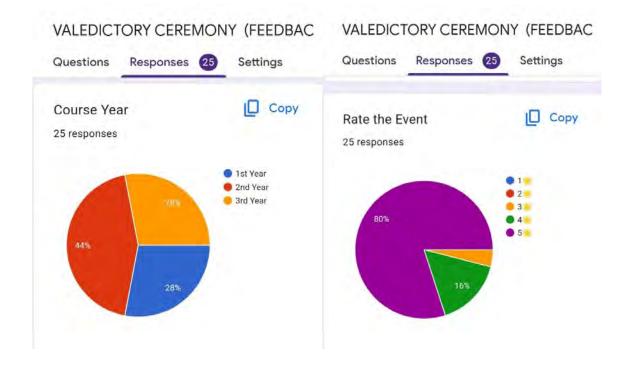
Geotagged photographs of the event :



Significance of the event (Outreach/Soft Skill Development/Curriculum Enrichment, etc):-This workshop played a crucial role in providing students with a unique opportunity for experiential learning, enabling them to gain valuable insights into the art of writing. By actively

engaging in the creative writing process, students were able to hone their skills and cultivate their ability to write.

Feedback Analysis :



List of participants :

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Signature of the Convenor :



Dr. Gopi Devdutt Tripathy Teacher-in-Charge Department of Sociology

Event: Inter-College

Date: 30-10-2023 & 31.10.2023

Name of the Organizing Department/ Society: Dialog, Department of Sociology, Maitreyi College, University of Delhi

Name of the Convenors: Dr. Gopi Devdutt Tripathy (Associate Professor, Department of Sociology, Maitreyi College), Dr. Anurita Jalan (Associate Professor, Department of Sociology, Maitreyi College)

Name of the Coordinator: Dr. Aruna Grover (Assistant Professor, Department of Sociology, Maitreyi College)

Resource Persons: Mr. Ankush Thakur, (Research Associate, Ayurgyan Nyas) Mrs. Anshu Sahi (Trustee, Ayurgyan Nyas), Ms. Pooja Malhotra (Program Manager, Ayurgyan Nyas)

Total Number of Participants: 21

Number of Participants from College: 20

Venue: Seminar Hall, New Science Block, Maitreyi College, University of Delhi

Report:-

Dialog, Department of Sociology, Maitreyi College, University of Delhi, in collaboration with Ayurgyan Nyas, organized a two-day workshop on **Innovative Teaching/Learning Methodologies** on **30th-31st October 2023** for faculty members across Delhi University colleges. Ayurgyan Nyas is a non-profit organization established in 2014 under the aegis of the Dalai Lama Trust (DLT). The organization aims at working towards the development and integration of Universal Ethics Education (UEE) in educational institutes, organizations and grassroots community spaces. They develop and deploy Universal Ethics based curriculum interventions for young individuals in institutional and community settings and believe in developing young individuals and communities as ethically, socially and emotionally aware agents of societal transformation.

The two day workshop attempted to focus on finding answers to problems related to ethical concerns in a teaching environment and instilling a more reflective approach, helping teachers to engage with students so as to make universal ethics a part of their everyday lives. The event was brightened by the enthusiastic participation of faculty members from varying disciplines ranging from Humanities to Sciences.

Day 1 of the workshop began at 9.30 with a brief introduction by Dr. Aruna Grover who emphasized the role teachers play in instilling moral and ethical principles in students and the lasting impact they have on students. This was followed by a formal welcome address by Dr. Gopi Devdutt Tripathy; Teacher in Charge, Department of Sociology, Maitreyi College, who thanked the faculty and the collaborators and expressed her hope for an insightful session. The proceedings were continued by the Association-in-charge; Dr. Anurita Jalan, who emphasized the aim of ethical education- which is to provide comprehensive development-and the need to engage and reinforce ethical values in education. She further emphasized that the foundation of Universal Ethics Education (UEE) serves to help students grow into ethical, compassionate beings who consciously take responsibility for the world that they live in, keeping in mind the welfare of all human beings.

participating faculty members were asked to formally introduce themselves and give each other adjectives based on their personality traits. Following this, she introduced a module titled 'Ethics of Virtue' with the intention of developing a tendency of awareness and appreciation of the importance and benefits of leading a virtuous life. She added that the module was designed to stimulate virtuous behavior through various anecdotes and activities.

Ms. Pooja Malhotra (Program Manager, Ayurgyan Nyas) further showcased a PPT detailing the five components of Universal Ethics Education: Ethics of Restraint, Ethics of Virtue, Universal Responsibility, Ethics of Compassion and Discernment. Additionally, she touched upon topics such as emotions, chain of emotions, mindfulness, afflictive emotions and their adverse impact on our psyche. A variety of complementary activities took place as the session progressed, in which the collaborators engaged with the teachers. These ranged from short activities such as a quick check of the current emotions of the faculty and listing down emotions shown in given scenarios, to acting out various scenarios and expressions through body language, and learning about the bodily manifestations of emotions.

Day 2 comprised of classroom activities such as simulations of classroom situations and describing oneself with three adjectives. The session was made even livelier with the participants being divided into groups of two for the conduction of a debate on the topic 'Public Transport in the Future'. This debate saw an enthusiastic response from the participating faculty. The session further delved into the importance of values such as humility, equanimity, empathy, gratitude, generosity, contemplation, contentment and forgiveness- collectively termed as Wheel of Virtues and antidotes. Short videos were shown and examples were given for the same. Mr. Ankush Thakur, (Research Associate, Ayurgyan Nyas) discussed other topics such as; depression, circles of compassion, challenges in extending compassion, reactions to suffering and overcoming afflictive emotions etc. The workshop ended with a formal vote of thanks by Dr. Neeraj Kumar, Assistant Professor, Department of Sociology, Maitreyi College, University of Delhi

Poster of the event:-



27



DEPARTMENT OF SOCIOLOGY MAITREYI COLLEGE UNIVERSITY OF DELHI

Dialog Department of Sociology Maitreyi College

(Accredited A++ by NAAC) (Under the aegis of IQAC)

In collaboration with AyurGyan Nyas is organising a

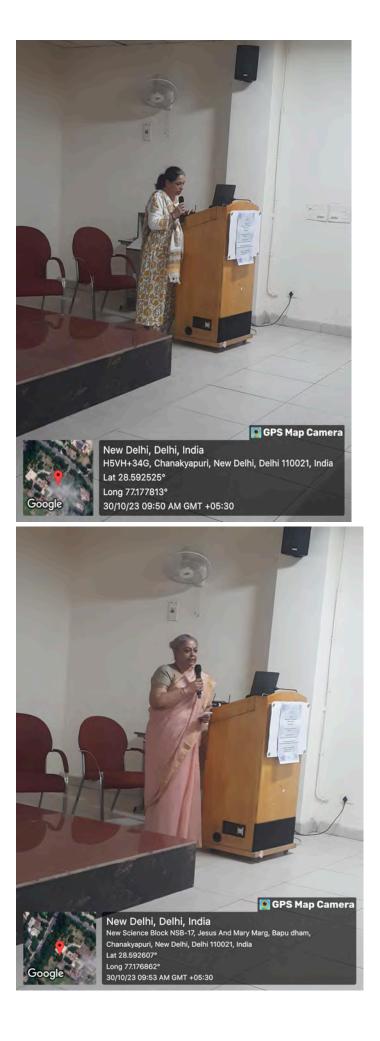
Two day Workshop on Innovative Teaching/Learning Methodologies

For registration please click the link: https://docs.google.com/forms/d/1GliaXIMpfJTu01sZwD0qqx_xdrdnlucH7-Ck3NzgfSg/edit#

> Date: 30th - 31st October 2023 <u>Time</u>: 9:30a.m to 1:30p.m Venue: NSB Seminar Hall

Convenors: Dr. Gopi Devdutt Tripathy & Dr. Anurita Jalan Associate Professor Associate Professor Coordinator: Dr. Aruna Grover Assistant Professor

Geo-tagged Photos of the Event:











New Delhi, Delhi, India New Science Block NSB-17, Jesus And Mary Marg, Bapu dham, Chanakyapuri, New Delhi, Delhi 110021, India Lat 28.592607° Long 77.176862° 30/10/23 11:21 AM GMT +05:30



Google

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Lat 28.59261° Long 77.176871° 31/10/23 01:02 PM GMT +05:30

🔋 GPS Map Camera

New Delhi, Delhi, India NSB 25 Second floor, Bapu dham, Chanakyapuri, New Delhi, Delhi 110021, India Lat 28.592408° Long 77.177056° 31/10/23 09:17 AM GMT +05:30



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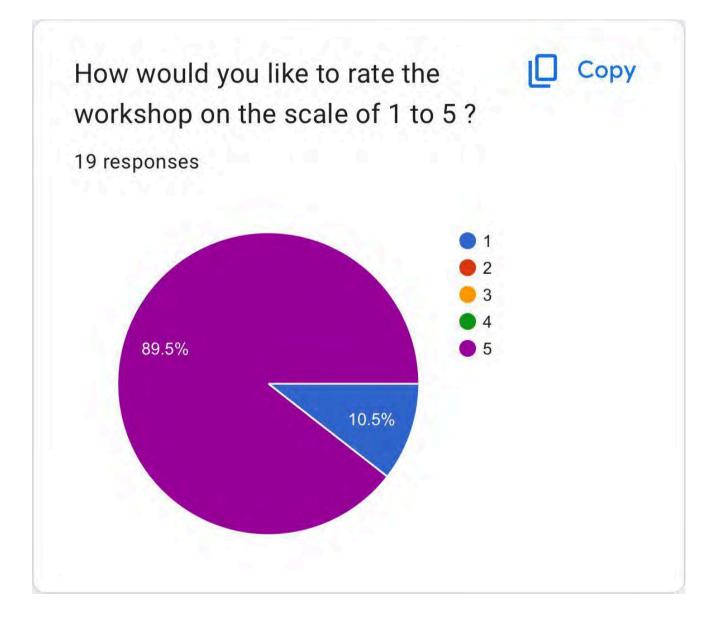
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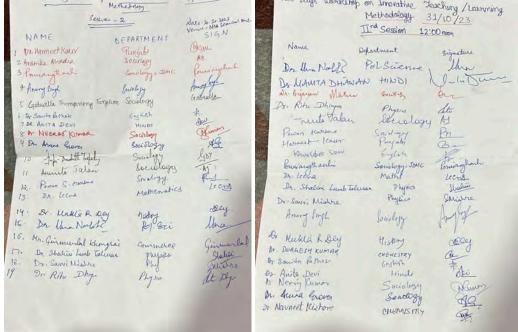
💽 GPS Map Camera

New Delhi, Delhi, India Room No. 75, Zoology Store, MAITREYI COLLEGE UNIVERSITY OF DELHI, Chanakyapuri, New Delhi, Delhi 110021, India Lat 28.591481° Long 77.177136° 31/10/23 01:45 PM GMT +05:30 **Significance of the Event:** The workshop of this sort aims to create awareness on ethical values in a teaching environment and attempts to assist teachers in engaging students in such a way that ethical actions become a part of our daily lives. The workshop enlightened the participants on deriving happiness from small things in life and spending a few minutes each day with students to overcome the negativity that prevails in our lives.

Feedback Analysis:



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Signature of the Convenor:

<u>Department of Sociology</u> <u>SI- UK University Fair 2024</u>

National/International/Inter-University/State Level/College Level- College level

Date - 24-01-2024

Name of the organizing Department/Society- SI-UK in collaboration with Dialog, Department of Sociology, Maitreyi College, University of Delhi

Name of the convenor/coordinator of the event- Dr Gopi Devdutt Tripathy ,Associate Professor and Dr. Anurita Jalan Associate Professor, Department of Sociology, Maitreyi College, University of Delhi

Resource Persons (alongwith their affiliation)- NA

Total Number of the participants/beneficiaries- 38

Venue: Shangri- La Eros Hotel, New Delhi

On January 24, 2024, SI-UK organized their university fair at Shangri-La Eros Hotel in New Delhi, aimed at providing students with information and opportunities to pursue higher education abroad. The fair focused on universities in the UK, Australia, and Canada.

Students from the Sociology Department of Maitreyi College were accompanied to the venue by Dr Bijayani Mishra, faculty of the Sociology Department where they underwent a streamlined registration process. Each student was assigned a counselor with whom they engaged in a personalized one-on-one counseling session. This session focused on understanding the students' subject interests, aiding in the tailored selection of universities suitable for their academic and career aspirations. Following the counseling session, students had the opportunity to interact with representatives from over 60 universities participating in the fair. This allowed them to gather comprehensive information about the courses and programs offered by various institutions. At the end of the fair, all the students filled in the feedback forms, rating their overall satisfaction with the event.

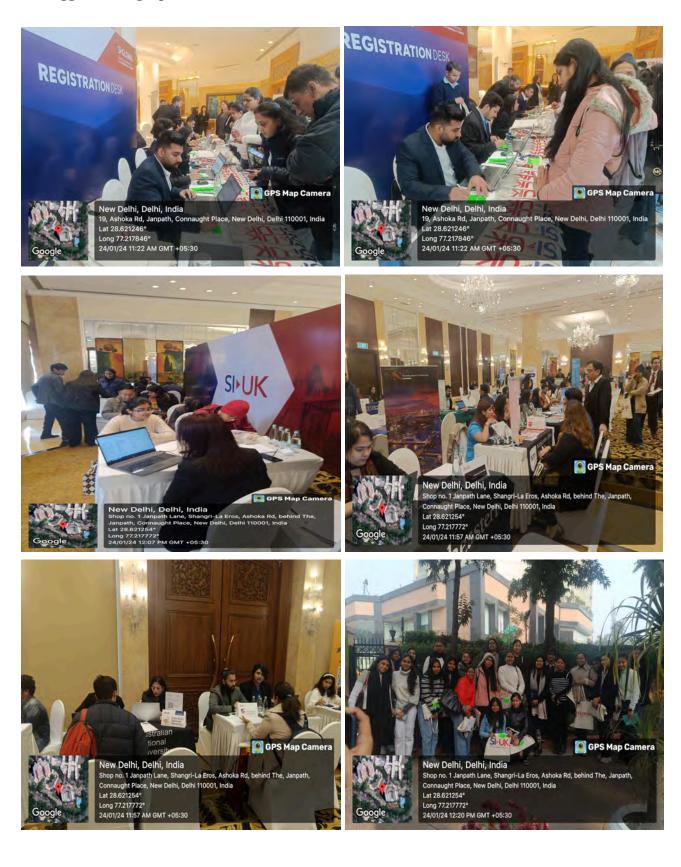
The fair's highlight was the subject-based approach to university recommendations. Students were provided with a list of universities based on their subject interests, facilitating a more targeted exploration of educational opportunities. The meticulous organization, one-on-one counseling sessions, and subject-based recommendations created a valuable platform for students to make informed decisions about their higher education journey. The fair's impact extended beyond a mere information exchange, fostering a collaborative environment where students can envision and plan their academic and professional futures on an international scale.

Poster of the Event:



Online Meeting Link: NA

Geotagged Photographs of the Event:



Significance of the event(Outreach/Soft Skill Development/Curriculum Enrichment, etc):

The SI-UK University fair was a pivotal event in providing participants a unique opportunity to explore higher education opportunities abroad. With a focus on universities in the UK, Australia, and Canada, the fair facilitated informed decision-making through a structured process.

Name of the Prize holders (if any)along with their affiliation: NA

Feedback Analysis:



List of Participants:

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4	Anika Burai	2023/0263
5	Lavanya Chopi	2023/0784
ē.	Lavanya Sham	2023/0312
7	Hadia Arif	2023/1110
8	Tiano	2023/1108
9	Rushil Upadhy	2023/0243
10		2023/0510
19	Karishma Rath	2023/0401
12	Suhana Kumai	2023/1695
13	Stuti	2023/0166
14		
1.5		2nd Year list
1 ū.		
17	Name	Roll No.
18	Himadri Prasa	2022/0827
19	Diwanshi Behi	
20	Ritcha	2022/1795
21	Kago Monya	2022/0955
22	Megha Arya	2022/1099
23	Diya Bhuwaniy	2022/0277
24	Sukriti Nagi	2022/1274
25	Sadhvi	2022/1123
26	Taanisi	2022/0444
27	Surbhi	2022/0781
28	Ritika Ratna	2022/0835
29	Parakh	2022/1797
30	Alisha Jaiswal	2022/1286
31		
32		3rd year
33		
34	Name	Roll No
35	Suchitra	2021/0158
36	Rahat	2021/1448
37	Hoshangi	2021/0309
38	Vanshika	2021/1241
39	Shrishti	2021/2274
40.	Ritu	2021/1486
41	Rushali	2021/0735
42	Radha Yadav	2021/2284
43	Nandini Goel	2021/2001
44	Tanishka	2021/0731
45	Bhumika	2021/1204
46	Sharon	2021/1186
47	Janvi Chauhan	
48	Vanshika Baga	

lpi

Signature of the Convener

National/International/Inter-University/State Level/College Level – College level Date - 25-01-2024

Name of the organizing Department/Society- Dialog, Department of Sociology, Maitreyi College, University of Delhi

Name of the coordinators of the event- Dr Gopi Devdutt Tripathy ,Associate Professor and Dr. Anurita Jalan Associate Professor, Department of Sociology, Maitreyi College, University of Delhi

Resource Person - Mr. Prashant Sharma, Senior educator, Drishti IAS Total Number of the participants/beneficiaries - 135 Venue - NSB Seminar Hall

Dialog, Department of Sociology, Maitreyi College, University of Delhi organized an open Seminar in collaboration with Drishti IAS on 25th January at 11am in the NSB Seminar Hall. Drishti IAS is one of the leading coaching institutes in India and in the past two decades or so, it has produced numerous success stories with the help of its expert faculty and innovative teaching methods. This open seminar was organized to provide students who wish to pursue a career in the civil services an insight into preparation strategies to crack the civil services exam.

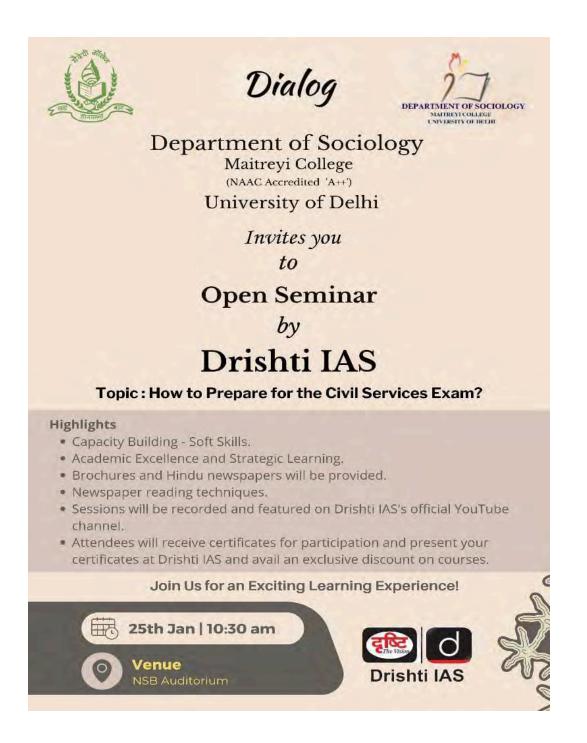
The session began with a welcome address by Dr. Neeraj Kumar, Assistant Professor, Department of Sociology, Maitreyi College thanking Mr Prashant Sharma from Drishti IAS for his presence and expressing his hope that the students would be able to increase their knowledge on preparing for the civil services exam.

Then, Mr. Prashant Sharma went on emphasizing the importance of student participation and a two-way interaction for the effectiveness of the seminar. He provided different roadmaps for the 1st, 2nd and 3rd years respectively, noting that the formula for each year will be different. Along with these roadmaps, four focus points necessary for the preparation of any exam were elaborated upon: 1) capacity building 2) how to reach one's purpose 3) the level of this purpose and 4) setting of the purpose i.e the roadmap for accomplishing the desired purpose. He actively engaged the students by giving them a hypothetical question regarding why an aspirant fails to clear the exam and received a lively response. He pointed out that, today, in contrast to previous

times, the most important virtue to clear any competitive exam is 'speed'. He further underlined the necessity of backing one's dreams with discipline and the crucial role the inner call to pursue this goal/ dream plays in providing motivation. Additionally, the importance of choosing the right coaching institution, as well as the indispensable role of the individual in ensuring their own success, was stressed. Following this, the students were enlightened on various concepts necessary to build ethical thinking like getting out of one's comfort zone and discovering one's purpose of life i.e Ikigai. They were also provided brochures from Drishti IAS, detailing useful information related to the exam, like- the syllabus, mind exercises, roadmaps to follow etc.

At the end of the event the techniques of newspaper reading were held in which newspapers were distributed amongst the students. In this session the students were guided by the educator on the proper way to analyze or read the newspaper, so that only the relevant information is kept in mind. Afterwards, an interactive session was conducted, involving the clearing of doubts related to the exam and a rapid-fire round of questions to think about and answer. The session ended with a formal vote of thanks by Ms. Astha Priya, President of the Association.

Poster of the Event:



Geo-tagged photos:





New Delhi, Delhi, India New Science Block NSB-17, Jesus And Mary Marg, Bapu dham, Chanakyapuri, New Delhi, Delhi 110021, India Lat 28.592619° Long 77.176842° 25/01/24 12:12 PM GMT +05:30 100



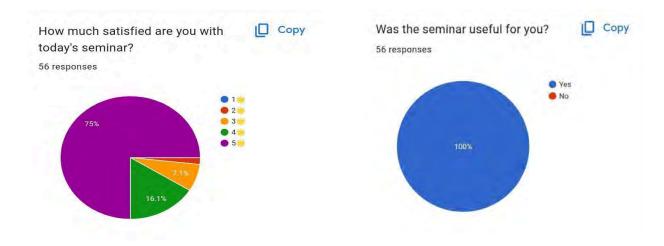




Long 77.177172° 25/01/24 12:08 PM GMT +05:30

OPS Map **Significance of the event:** The seminar gave students who are preparing for/ thinking of preparing for the civil services examination the opportunity to interact with an expert regarding the same. Students were exposed to various aspects of the exam such as the syllabus, and preparation tips and strategies. The seminar further served to inspire and motivate students to aspire for success through a career in the civil services.

Feedback Analysis:



List of Participants:

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	BSC(H) chem	150	1610	
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· Sowih	BACH) SOCIO 1084	and	1274	Subrit
7 - Priyanka	BA(H) Sociology	3rd	0124	Think
58. Konishka	BA (H) socialogy	1 22	0510	baneshla
9 savonya C	GA (H) sociology	Sk 1	0-184	
10. Sambirti	B.A(H) Seciology	1st	1137	Sanstante
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Chemania	Have		0513	Allan
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Vilakerha Saini	BACHEN) Socia	3rd year	0256	Vilabela
Rushali Sigh	(BA) Home Socie	3rd year	0735	Questali
Junishka singh	BYT (Home Socia	3rd year	0731	Jampha
-	BA (none) louis	3rd year	0309	finding
roehangi chousing Grayatu Solanki	B. Com CP)	3rd years	2289	Gunation
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negna Anya	BARMSS Seciology	2nd year	2022/1099	neghapanja
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Sanya Juneja	BA (How) SOCIO		1202	Tring Tring Nambini
Sunvi chauhan	BA (MOWS) SOCIO	3nd year	1431	Wander
Nundini goel	BA (Meno) serio	and year	2001	
Janiya voma	BA (nons) socio	2nd y enz	2022/0808	Sanite
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	BALLI) souro	and year	2022/0781	surre
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Nome	course	Year	holl no.	Sign
Arushi singh Reetika	B.A (H) sociology B.A (H) Sociology	1	0883 0.902	Auren Sheath
Harshita katiyor Sodhici	V.	1st year 2nd year	1393	Harshita Sodhuj
Anciral Hemlata Kañoaka	BSc (H) Chumishy BSc. (H.) Chumi BA sociology	J st Years H 4 Dot year	541 1 328 0510	Anchal Hembota Formeses
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Prachi Saunija - Konita	BSC(H) ZOOLOGY B.A Biog- B.A (M) SOCIOLOGY	I st year Ind year II rd year	2023/0909 2022/1027	stol Sanz
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3. Dr. Neeroy fumor	Burnar -
4. Dr. Aruna Groves S. Dr. Babita Chandha	
6. Pawan S. Haussia	\$ A
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Signature of the Convenor:

National/International/Inter-University/State Level/College Level – College level

Date - 30-01-2024: 10.30 am

Name of the organizing Department/Society- Manan: the centre for study of Gandhian thought, and Department of Sociology, Maitreyi College, University of Delhi

Name of the convenors/ coordinators of the event-

Convenor: Dr. Anurita Jalan (Associate Professor, Department of Sociology, Maitreyi College).

Coordinator: Dr. Aruna Grover (Assistant Professors, Department of Sociology, Maitreyi College)

Total Number of the participants - 66

Venue - Video Conferencing Hall, Library, Maitreyi College

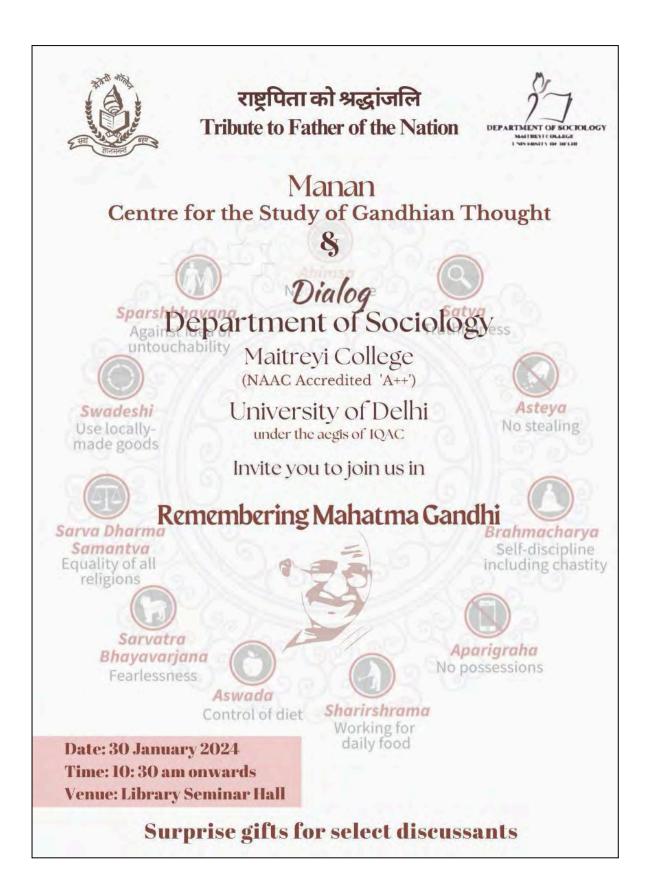
Dialog (Department of Sociology, Maitreyi College), in collaboration with Manan (Centre for the Study of Gandhian Thought, Maitreyi College), organized the event 'Remembering Mahatma Gandhi' on the anniversary of his death on 30th January, 2024.

The proceedings began with a short introduction of Manan and what the event was about, followed by a melodious rendition of Vaishnav Jan To (a favourite bhajan of Gandhi ji) by students from the Department of Sociology. Dr. Gopi D. Tripathy (Teacher-in-Charge, Department of Sociology) addressed the gathering. She talked about how this event was a tribute to the Mahatma, and hoped that it would allow all participants to reflect upon the values discussed, shaping the persons they become in the future.

Thereafter, a discussion on the 11 vows of Gandhi was conducted, lead by Dr. Aruna Grover. These 11 vows which Gandhi ji followed and expected from his followers, and are a slightly lesser known part of Gandhian philosophy. The vows and the values they promote were discussed and students talked about what these values meant to them, how they would imbibe them in their lives, etc.

Dr. Anurita Jalan presented surprise gift-prizes to the best discussants. The House observed two minutes of silence to reflect upon the values talked about, before a performance of Raghupati Raghav Raja Ram- another one of Gandhi ji's favourite compositions. The event was brought to its conclusion with a formal vote of thanks by Dr. Grover.

Poster of the Event:



Geo-tagged photos-









Significance of the Event- The event allowed students to reflect on Gandhian ethics and ideas, and consider how they are relevant in today's society. It also gave them an opportunity to learn from Gandhi ji's example, to receive inspiration and improve themselves so that they may be better individuals and members of the society in the future.

Name of the Prize-Holders- Best Discussants: Sakshi & Fatima (B.A Program, 1st Year)

Feedback Analysis:

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Was this event useful to you? 16 responses

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loo	2023/0491	BA (1) Could	Ist	Rays
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Remembring Hahatma branch? [Date - 30th Jan, 2024] Venue - Ubrany A.V Room Dr. Babily draudharry Jahritz Jopi Dewolutt Trifatty 404 Annute Jalan 4. Pousson Horson Pirk adrebajazani Michun de



Signature of the Convenor:

National/International/Inter-University/State Level/College Level: College level

Date: 9th February- 14th February 2024

Name of the organising Department/Society: Dialog, Department of Sociology, Maitreyi College, University of Delhi

Name of the convenor/coordinator of the event: Dr.Gopi Devdutt Triapthy and Dr. Anurita Jalan, Associate Professor, Department of Sociology, Maitreyi College, University of Delhi

Total Number of the participants: 44 (39 students and 5 faculty members)

Dialog, Department of Sociology, Maitreyi College, organised a 6-day research-oriented trip to Khajuraho (Chhatarpur district, Madhya Pradesh) for its faculty and students. The trip extended from 9th February- 14th February 2024. Khajuraho is particularly significant due to its Jain and Hindu temples which have a history that goes as far back as the Chandella dynasty (10th- 11th centuries CE) and are considered masterpieces of Indian temple architecture.

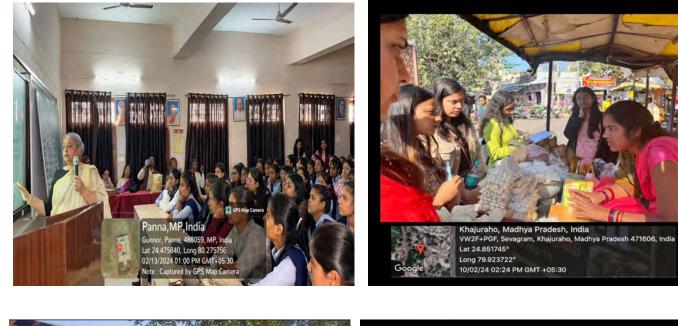
After reaching the destination on 9th February, the next day involved a visit to the Jain temples. The Jain temples of Khajuraho include about 16 different temples, the oldest and most prominent being Adinath temple and Pashvannath temple. These temples are a beautiful blend of Hindu and Jain temple architecture and are located towards the East- where the Jain community was believed to be concentrated. This was followed by an exploration of the nearby market area of Khajuraho- Chaupati. The students conducted a field research in the marketplace. They interviewed vendors, consumers and foreigners. Later in the evening, the students and faculty convened to discuss the interviews and findings.

The third day comprised a visit to Achnar village to gain an idea about the prevalence of caste and gender distinctions in the area. Afterwards, the students revisited the market for further research and came together for a discussion in the evening.

On the fourth day, the itinerary involved an exploration of the Western and Eastern groups of temples. The Western group of temples included the temples of Lakshmana, Kandariya Mahadeva, Parvati, among others. Intricate carvings such as the floral carving in the temple sanctum; the beautiful image of the rays of the setting sun falling on the sculptures of the deities in the dark sanctum- all contributed to the beauty and divinity of the place. The Eastern group of temples, with the rays of the rising sun illuminating the deities, were similarly beautiful.

The fifth day of the trip consisted of a workshop conducted by the faculty at Govt. College Gunour (Gunour Tehsil, Panna Dist., Madhya Pradesh). All five faculty members led the session on 'Gender Sensitisation' to the students. After this, the students of the Sociology department, Maitreyi College and the Govt. College Gunour students had an informal interaction to supplement the research on food culture. The next day marked the end of the trip and the departure back to Delhi. Overall, the trip proved to be an engaging and informative experience.

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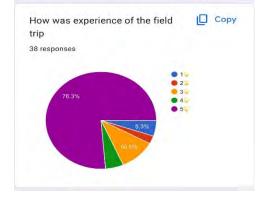




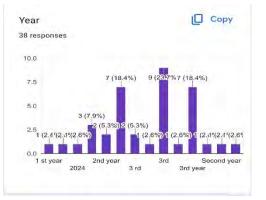
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Significance of the trip: The trip allowed the students to gain hands-on experience in field research, to learn how to set a research objective, make observations and reach conclusions and how to think sociologically. It also provided them insight in the interrelationship between food, culture and society.







List of Participants:

	Students Name	Teacher Name
1	Deepti Sinha	Dr. Gopi Devdutt Tripathy
2	Manimso	Dr.Anurita Jalan
3	Suchitra	Dr.Aruna Grover
4	Srishty	Mr.Pawan Harsana
5	1.002	Dr.Neeraj Kumar
6	Kavita	
7	Hoshangi	
8	Preena	
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11	Rahat	
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18	Deepti Dalal	
19	Megha Arya	
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21	Swikriti	
22	Janhvi Kathoria	
23	Sadia	
24	Guldasta	
25	Vaishnavi	
26	Anushka	
27	Astha Jaiswal	
28	Vanshika	
29	Garima	
30	Saadhvi	
31	Yashika	
32	Taanisi	
33	Jasnoor	
34	Keerthana	
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Signature of Convenor:

National/International/Inter-University/State Level/College Level: Inter-College level

Date: 8th March

Resource Persons- Mr. Sohail Hashmi(Chief Guest),

Jury members of Session 1- Dr Poonam Juneja an Assistant Professor in the Department of Physics at Maitreyi College, Dr Gazala Ruhi an Assistant professor in the Department of Chemistry, Maitreyi College and Mr Pulkit Daga delhi based food Vlogger.

Name of the organizing Department/Society: Dialog, Department of Sociology, Maitreyi College, University of Delhi

Name of the convenor/coordinator of the event: Dr.Gopi Devdutt Triapthy and Dr. Anurita Jalan, Associate Professor, Department of Sociology, Maitreyi College, University of Delhi

Total Number of the participants: NA

Venue:- NSB Seminar Hall, Maitreyi College University of Delhi

Number of participants- 52

Report:-

Dialog, Department of Sociology, Maitreyi College, organized its Annual Academic Fest, Imagine 2024, on March 8, in the NSB Seminar Hall at 9.30 am. The inaugural session was graced by the presence of the Chief Guest Mr. Sohail Hashmi, an oral historian of Delhi, social activist, film-maker and heritage conservationist. The session began with a formal welcome address by Dr. Gopi Devdutt Tripathy, Teacher in Charge, Department of Sociology, who introduced the theme for this year's event - 'Sociolicious: Food, Culture & Society' and shed light on how food connects us to our culture. Following this, Mr. Hashmi was felicitated by Ms. Astha Priya, President, Department of Sociology and then, invited to explore the intricately prepared food exhibition put up by the Sociology Department. Afterwards, Mr. Hashmi addressed the gathering. He began with an anecdote to underscore that our ideas of what Indian food is are very localized. In a diverse country such as India, all kinds of dishes are eaten and humans, who have evolved from apes, are natural omnivores. To elaborate on this point, Mr. Hashmi went back to the beginning of homo sapiens- how humans learned to hunt, acquire food, how we developed and how we gradually learned that fire makes food easier to eat, due to which cooking began. Mr. Hashmi further talked about the journey of food, that food has dispersed through migration and many regional delicacies have elements that were initially not native to

the region. He concluded by asserting that humans are natural meat-eaters. We can choose to be vegetarian but India is not just a vegetarian country and has never been. Hence, such ideas of what is edible and what is not should not be universally imposed.

The first session of the event began after the inaugural session, involving a game titled "Guess who am I?" to engage participants in an interactive guessing game centered around various types of food items. The game comprised two rounds with multiple teams of 2 guessing food items from a card without direct descriptions. In the first round, 15 teams from different colleges competed, each given three minutes to guess items like *idli, daulat ki chaat, litti chokha*. The five teams with the most correct guesses advanced to the second round. Before the second round, the audience participated in a food-related riddle game about food items such as *Mohabbat ki Sharbat & Chole Bhature*. Those who guessed correctly received delightful prizes. In the second round, the five qualifying teams were given ten minutes each. The teams which guessed the most number of food items within this time frame were given cash prizes. Overall, with the liveliness of the spectators and the enthusiasm of the players, the session proved to be a fun experience.

Next, Session 2 of the Annual academic fest; '*Mehfil-e Zaika'* – was conducted. The distinguished panel of judges included Dr Poonam Juneja, Assistant Professor, Department of Physics Maitreyi College and Dr Gazala Ruhi, Assistant Professor, Department of Chemistry Chemistry, and Mr Pulkit Daga, a well-known food vlogger. This particular competition shed light on the magical kitchen carnival of regional delicacies (including home-made food) across India. The competition wasn't just centered around participants preparing delicacies from their hometown to be judged but it also included a food exhibition, a whimsical celebration, uniting taste buds and hearts in a flavourful dance of cultural richness. The results for the competition were then announced after the session.

In the last session, the competitive game involved blindfolding participants, and handing them a food item, which they were to identify using only their senses of touch, smell and taste. The food items included vegetables, millets, spices, etc. It was a fun-filled session, in which 33 students from various colleges participated. There was a special round for the teachers. In all, six rounds of the game were played. Post this, the Photography contest – 'Camera eats first' – was conducted This competition was centered around photos and stories of food. It celebrated the

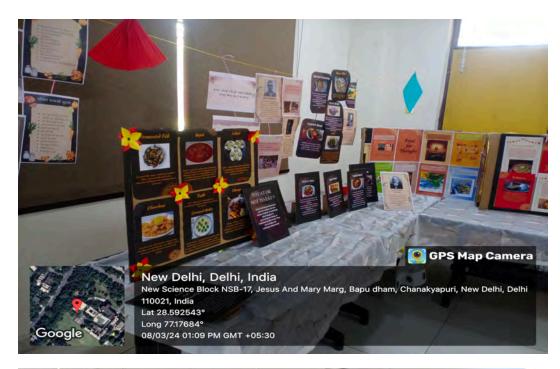
rich culinary diversity from various regions of the country. Original unedited Photographs were invited from student competitors. There were five entries in all. The judges were Dr. Tianla, Department of English, Maitreyi College and Dr. Mamta Dhawan, Department of Hindi, Maitreyi College. Finally, the valedictory session was conducted in which all the prize winners were felicitated and the event concluded with a vote of thanks by Ms. Astha Priya, President, Department of Sociology.

Poster of the event:-



Geo-tagged Pics:-











Significance of the Event:

It underscored the deep connection between food and cultural identity, facilitated interdisciplinary learning with guests like Mr. Sohail Hashmi, and enriched the students' educational experiences. The various competitive games encouraged students to explore different cultural cuisines, promoting a multicultural exchange and appreciation. Additionally, they drove in the point that food choices are not random and not simply physiological in nature, they are also culturally and socially determined.

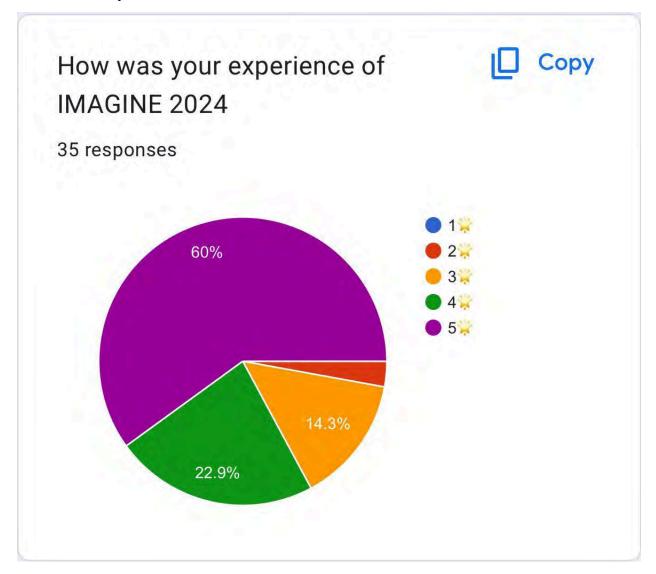
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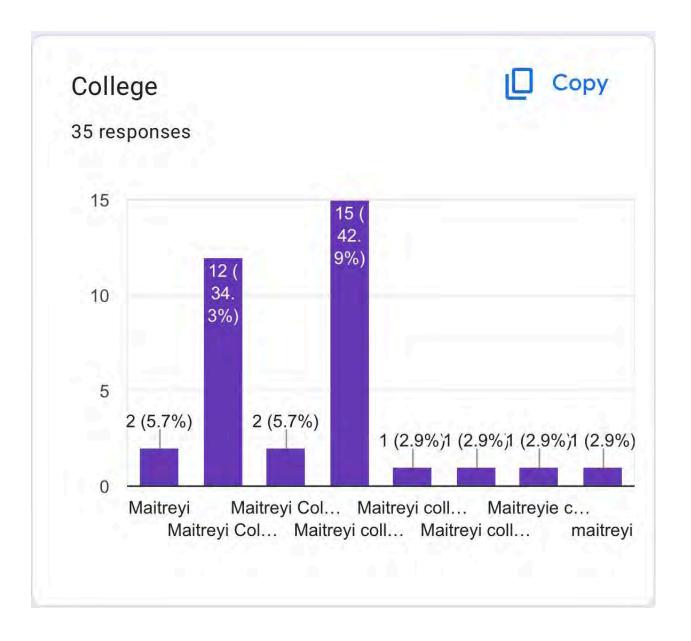
Session 1- Guess who am I? : 1st Prize – Larish Dagar (Kirori Mal College, University of Delhi) & Sohan Kaur 2nd Prize – Suhana & Jeetisha (Maitreyi College, University of Delhi)

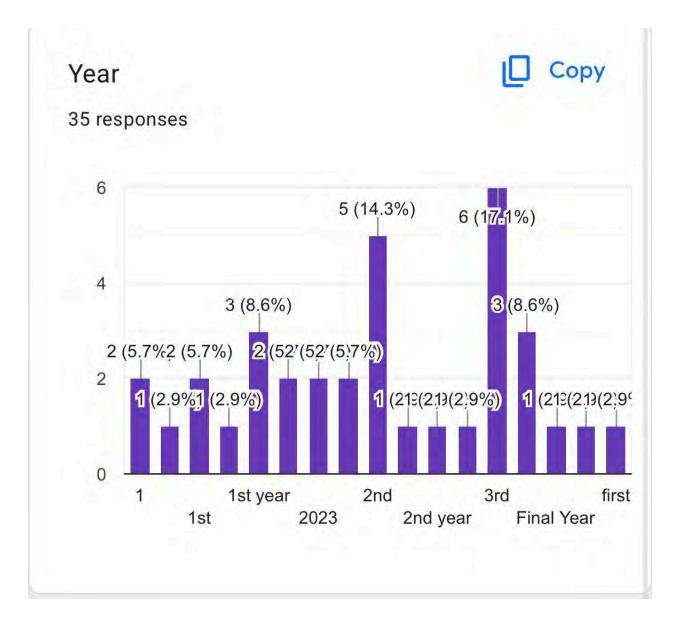
Session 2- Mehfil-e- Zaika: 1st Prize- Hoshangi Chaudhury , Maitreyi College 2nd Prize - Rajshree Bora, ARSD

Session 3- Blind-fold: Ms. Neha from B.A. (H) Sociology 1st year, Maitreyi College

Photography contest: Camera eats first 1st prize: Ms. Shreya Sarakr, Aurobindo College 2nd prize: Mr. Rupesh Kumar, Swami Shraddhanand College Feedback Analysis:







Signature of the Convener:



National/International/Inter-University/State Level/College Level: Inter-College level

Date: 2nd and 3rd April

Resource Persons- Ven. Samdhong Rinpoche and Prof. Vivek Suneja

Name of the organizing Department/Society: Dialog, Department of Sociology, Maitreyi College, University of Delhi and Ayur Gyan Nyas, New Delhi

Name of the convenor/coordinator of the event: Dr.Gopi Devdutt Triapthy and Dr. Anurita Jalan, Associate Professor, Department of Sociology, Maitreyi College, University of Delhi

Total Number of the participants: 150

Venue:- NSB Seminar Hall, Maitreyi College University of Delhi

Report :

Ayurgyan Nyas and the Department of Sociology at Maitreyi College, University of Delhi, jointly organized a two-day conference from April 2ndto 3rd 2024 to celebrate the 10- year journey of Ayurgyan Nyas, on the theme "Approach to Mental Health & Well-being under NEP, 2020." The conference saw enthusiastic participation from students and teachers alike, with over 200 registrations being recorded.

This conference aimed to advocate for mental health awareness and promote social, emotional, and ethical learning within mainstream education, aligning with the directives outlined in the National Education Policy (NEP) of 2020. Esteemed experts, educators, researchers, and students convened at the NSB Seminar Hall, within the college premises to deliberate on the implementation of Social-Emotional Learning (SEL) and Universalization of Early Education (UEE) curricula as per the NEP, 2022. The event began at 9:30 a.m. with a traditional lamp lighting ceremony, post which Prof.Haritma Chopra, the Principal, Maitreyi College, formally welcomed the formally welcomed the Chief Guest Ven. SamdhongRinpoche, the Guest of Honour Prof. Vivek Suneja, Faculty of Management Studies,University Of Delhi & the Chairperson of Maitreyi College's governing body, Prof. Vijaya Lakshmi Singh.

This was followed by addresses to the assemblage. Dr. Gopi Devdutt Tripathy, set the stage for the speakers, elucidating what exactly one understands by mental health. She further expanded upon the Department of Sociology's vision of actively doing Sociology, due to which it has conducted multiple workshops in the past years. Professor Vijaya Lakshmi Singh underlined the importance of physical fitness and emotional balance, in the context of enhancing mental health. Ms. Deepti Gulati, General secretary of Ayurgyan Nyas, highlighted the need for social, emotional, and ethical learning in all educational settings and elaborated on AyurGyan Nyas' 10 years of work in bettering the community. Professor Vivek Suneja emphasized love, kindness and simplicity amidst societal complexities, while Ven. Samdhong Rinpoche touched upon pressing issues such

as war, income inequality, and unemployment and mentioned the importance of mental health for physical well-being, with mental health being a point of focus in the curriculum of Universal moral education. After the Inauguration, Technical Session 1, moderated by Dr.Kavita Bajpai, was held on 'Experiencing transformative learning through UEE in Academia'. Ms. Manjula Jhunjhunwala, founder Jingle Bells Academy, speaking on 'Nurturing Interpersonal relationships in schools', emphasised nurturing interpersonal relationships in schools, allowing children to learn independently while being supported every step of the way. Ven. Jamyang Lobsang, Founder & Director of Tong- Len Charitable Trust, spoke on 'School Culture: Creating a nurturing environment'. He discussed creating a nurturing environment by promoting emotional awareness, thought-provoking activities, and practical life experiences. Meanwhile, Ms. Nita Modi, Secretary, Lions Bal Vidya Mandir Sr. Sec. School, speaking on 'Peer pressure', addressed the subjectivity of peer pressure, emphasising emotional maturity and the effective channelling of emotions in both workplace and learning environments. Finally, Dr. Anurita Jalan, Associate Professor, from Department of Sociology Maitreyi College, highlighted the importance of cultivating ethical values within the curriculum for happier lives in her paper presentation on 'Cultivating Ethical Values for Happier Lives'. Technical Session 2, 'Empowering Lives: Significance of Universal Ethics Education (UEE) for Personal and Community Well-being', was chaired by Prof. Vivek Suneja. The speakers for the session, Dr. Pranshu Samdarshi (Assistant professor at Nalanda University, Rajgir) discussed overcoming stereotypes within and around us, focusing on age hierarchical, gender, and category (caste, class) stereotypes, while Lt. Gen. (Dr.) K. J. Singh (Honorary Professor, Punjab University) delivered a profound talk on self discipline and ethical decision making, emphasising the significance of empathy. The next session was Technical Session 3, 'A Talk on Enhancing Emotional Well-being in Professional Spaces' was delivered by retired Prof. Renuka Singh from the Centre for the Study of Social Systems, Jawaharlal Nehru University, wherein she spoke on the theme of mindfulness and the value of silence and reflection by drawing from her personal experiences as a teacher. She also

highlighted the pressing need to address the mental pressure created upon a child both by the teachers and parents. The session concluded with Ms. Anshu Sahi academic consultant, AyurGyan Nyas felicitating the speakers Apart from the technical sessions, three parallel sessions were exclusively curated- involving art workshops for school and college students by Shikha Maini and Anita Goyal respectively and a focused group discussion by TIDE foundation. The school students, in the workshop led by Shikha Maini on 'Exploring the idea of happiness', engaged in a fun- filled happiness recipe activity in which they visualised happiness in an artistic form. In the art workshop 'Mental health matters', Ms. Ankita Goyal led students in expressing emotions through art and highlighted its role as therapy. She showed various techniques and samples of art as examples, divided students into groups, and observed their methods. She then reviewed and commented on the final art pieces. The focused group discussion was conducted to strategically

brainstorm ways for understanding and achieving holistic development and social Emotional learning, by Dr. Jwalin Patel, Honorary Consultant, AyurGyan Nyas & the TIDE Foundation. The facilitators introduced practical activities and strategies for incorporating SEL into educational practices. Throughout the workshop, participants, including school teachers, college professors and university educators from various parts of India, actively engaged in activities and discussions and gained valuable insights into fostering holistic growth and supporting students' social-emotional well-being. These workshops marked the end of Day 1. Day 2 began with Session 4, 'An Hour with Mahatma', by Dr. Alok Bajpai, a renowned psychiatrist and author of the book titled "An Hour with the Mahatma". Dr. Bajpai discussed the relevance of Mahatma Gandhi's teachings in the contemporary world, highlighting Gandhi's emphasis on personal transformation, accountability, empathy, and detachment from outcomes. Dr. Bajpai further underscored the importance of discovering one's own "Swadharma" or true calling, a concept greatly emphasised by Gandhi ji. Towards the session's conclusion, Dr. Gopi Devdutt Tripathy, Teacher-in-Charge of the Department of Sociology, felicitated Dr. Bajpai. Thereafter, Session 5, 'Caring Hearts, Compassionate Minds – A dialogue with Students & Experts', was commenced by Dr. Kavita Bajpai. It comprised addresses by Dr. Jwalin Patel & Prof. Kaveri Gill, Professor, Department of International Relations and Governance Studies, Shiv Nadar University on Reimagining Education: Education for Harmony. Following this, in Session 7 (chaired by Dr. Jwalin Patel), teachers & students spoke about their feedback and key takeaways from the workshops and focused group discussion attended by them through the duration of the conference. Educators from various schools, some traveling from distant locations, shared their newfound knowledge and innovative teaching practices. Towards the end of the conference, was a captivating performance by students from Mr. Faizal Alkazi's a theatre workshop was given, which effectively showcased the integration of socio-emotional learning principles. The conference ended with a formal vote of thanks by Dr. Neeraj Kumar, Assistant Professor, Department of Sociology, Maitreyi College, thanking the team of Maitreyi College & the team of AyurGyan Nyas for their tireless efforts. Special thanks were extended to professor Avinash C. Pandey, Director; Inter University Centre for Yogic Sciences and Mr. Gagan Gill for the support. Dr. Kumar further underlined that it was the work of many invisible hands including the college support that made this conference possible. In accordance with this, he thanked all the speakers, dignitaries, participants & student volunteers. The vote of thanks, thus, concluded the 2-day conference.









Two-Day Conference

on

Approach to Mental Health & Well-being under NEP 2020

Presented by

Department of Sociology

Ayur Gyan Nyas

Universal Ethics Education Celebrating 10 years of the development and Integration of Universal Ethics Education 11 H

Supported by

Inter-University Centre for Yogic Sciences

Date: 2nd and 3rd April 2024 Venue: NSB Seminar Hall, Maitreyi College Time: 9:00 am onwards

Registration link: https://forms.glc/ox5MWzvxXURMCYQ86/

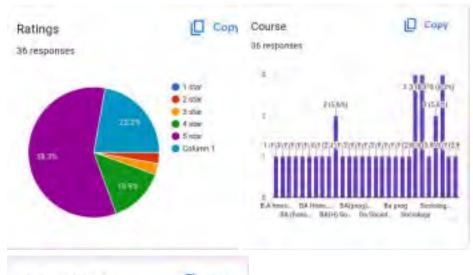


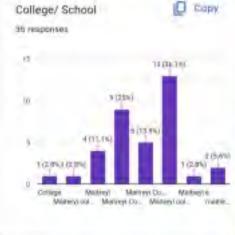


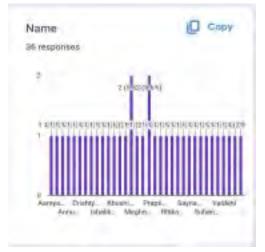




Feedback Analysis:







Significance of the Conference:

The two-day conference on Approach to Mental Health and Well-being under NEP, 2020, jointly organized by Ayurgyan Nyas and Department of Sociology at Maitreyi College, University of Delhi, on April 2nd and 3rd at the NSB Seminar Hall. The event was attended by a diverse audience, including school and college students, educators. distinguished dignitaries, subject experts and so on. Attendees were 28 students from various colleges, 28 distinguished dignitaries, 33 community kids, 44 school teachers, staff, and other guests, and 6 faculty members from Maitreyi College. The conference comprised a total of seven sessions, each involved the presentation of papers on various issues surrounding mental health. Subject experts also delivered special talks, enriching the discourse with their expertise. This was followed by a panel discussion which provided a platform for in depth exploration of key issues. Additionally,workshops on art, music and theater were also conducted to destigmatize mental health and promote creative expression. Educators from various schools, including those from

distant locations, exchanged innovative teaching practices and strategies, aimed at fostering and enhancing teaching methodologies and student-teacher relationships.

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