

NSS MAITREYI COLLEGE
SWACHHTA HI SEVA 2023

Date-15 September 2023 to 2 October 2023

Name of the organizing Department/Society- NSS

Name of the convener/ coordinator of the event- Dr. Smriti Singh

Number of participants/ beneficiaries- 200

Number of participants/beneficiaries from college- 200

NSS Maitreyi proudly spearheaded the Swachhta Hi Sewa 2023 campaign, a remarkable initiative that unfolded from September 15th to October 2nd. This noble endeavor was aimed at harnessing the collective energy and enthusiasm of our volunteers and community members to foster a cleaner, healthier, and more sustainable environment. Through various activities and events, we succeeded to ignite the spirit of cleanliness and service, echoing the vision of Mahatma Gandhi and the Swachh Bharat Abhiyan. We were delighted to organize this transformative journey towards a cleaner and more beautiful India.

Poster of the campaign-



This campaign consists of three main parts- The cleanliness drive, the plastic collection drive and the Ek Tareekh ek Ghanta.

THE CLEANLINESS DRIVE-

On 19th September 2023, NSS Maitreyi organized a cleanliness drive to spread awareness regarding the importance of a clean environment while following all the sanitary precautions. The drive also focused on collection and separation of garbage into degradable and non-degradable categories. (The report for the same has already been submitted)

THE PLASTIC COLLECTION DRIVE-

Plastic collection drive was conducted in Maitreyi College from 16 September to 29 September. The aim of this drive was to create awareness about pollution which is caused due to littering of plastic waste and promote responsible plastic management. It also aims on using plastic for recycling purposes. The successful collection of plastic waste not only promoted a cleaner and healthier environment but also reduces plastic pollution, thus benefitting the local ecosystem. (The report for the same has already been submitted)

EK TAREEKH EK GHANTA (SWACHHTA ANDOLAN)

The Students' Union of Maitreyi College, in collaboration with National Service Scheme (NSS) and National Cadet Corps (NCC) volunteers, successfully organized the "Ek Tareekh Ek Ghanta" on 1st October 2023. Commencing at 10:00 am within the college premises and continuing in a dynamic rally leading to the Delhi University South Campus Skywalk, this impactful cleanliness drive aimed on promoting cleanliness and environmental awareness. Volunteers tackled various cleanliness-related tasks, including cleaning the skywalk and managing garbage collection in the under bridge area near Moti Bagh. We proudly took a pledge to support the Andolan, committing ourselves to cleanliness and sanitation. (The report for the same has already been submitted)

Geotagged images of the campaign-



Significance of the campaign (Outreach/Soft skill development /Curriculum Enrichment,etc.)-

Swachhta Hi Seva campaign is a significant initiative with the aim of improving the quality of life in India by focusing on cleanliness, sanitation, and hygiene, and it encourages active involvement from citizens and various stakeholders to achieve these objectives.

Dr. Smriti Singh (NSS Maitreyi Convener)

Plastic Collection Drive 2023

NSS MAITREYI COLLEGE

Date: 16-09-2023 to 29-09-2023

Name of the organizing Department/Society : NSS

Name of the convener/coordinator of the event : Dr. Smriti Singh

Total Number of the participants/beneficiaries : 100

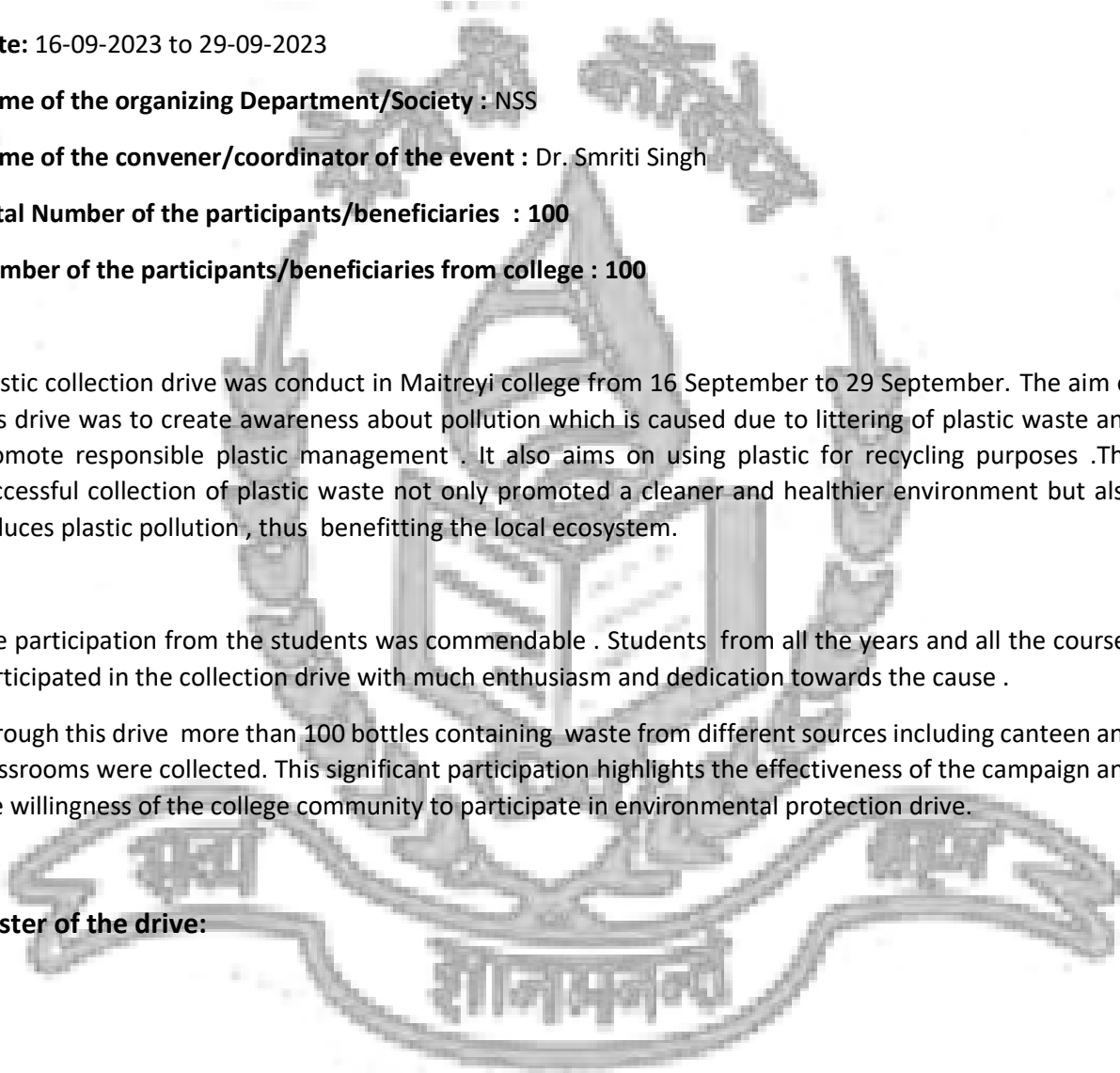
Number of the participants/beneficiaries from college : 100

Plastic collection drive was conducted in Maitreyi college from 16 September to 29 September. The aim of this drive was to create awareness about pollution which is caused due to littering of plastic waste and promote responsible plastic management. It also aims on using plastic for recycling purposes. The successful collection of plastic waste not only promoted a cleaner and healthier environment but also reduces plastic pollution, thus benefitting the local ecosystem.

The participation from the students was commendable. Students from all the years and all the courses participated in the collection drive with much enthusiasm and dedication towards the cause.

Through this drive more than 100 bottles containing waste from different sources including canteen and classrooms were collected. This significant participation highlights the effectiveness of the campaign and the willingness of the college community to participate in environmental protection drive.

Poster of the drive:





Pictures of the drive:







Significance of the drive (Outreach/Soft Skill Development/Curriculum Enrichment, etc):

This drive was a great opportunity for students of the college to know about the plastic waste management. It gave them insight into how different types of plastic can be checked in bottle and later be used for construction and other purposes. Thus, the drive was successful in all its aspects.

Name of the Prize holders (if any) alongwith their affiliation : N/A

Signature of the Convener



CLEANLINESS DRIVE 2023

Name of the organizing Department/Society : NSS

Name of the convenor/coordinator of the event : Dr. Smriti Singh

Resource Persons (along with their affiliation) : Teesha Jain

Total number of the participants/beneficiaries (with relevant proofs) : 15

Number of the participants/beneficiaries from college : 15

On 19th September 2023, NSS Maitreyi organized a cleanliness drive to spread awareness regarding the importance of a clean environment while following all the sanitary precautions. The drive also focused on collection and separation of garbage into degradable and non-degradable categories.

The drive consisted of 15 members, including different heads and volunteers. The drive was organized by the Union for session 2023-24.

Aim of the drive

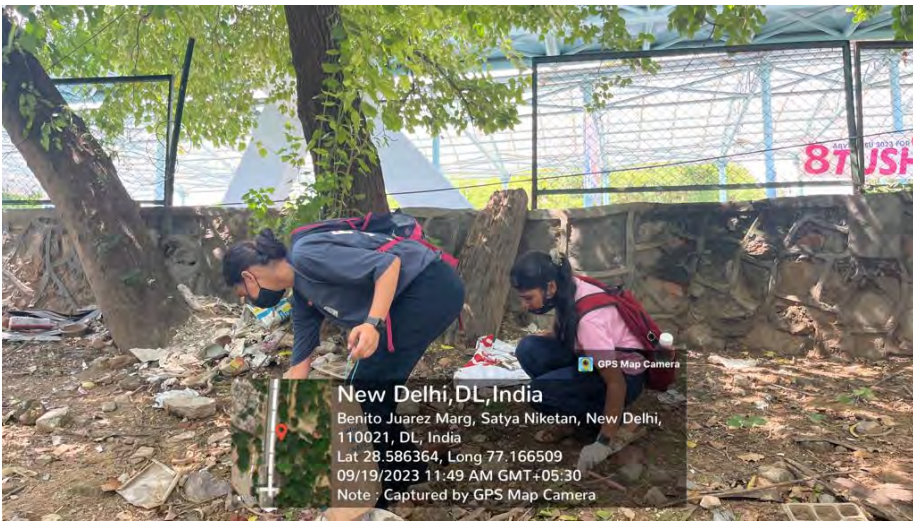
'Cleanliness is next to godliness '-Mahatma Gandhi

Despite the various measures taken by the government, we can't ignore the fact that there is plenty of waste still being thrown in the open area, segregation and proper disposal of which can inhibit the breeding ground for a variety of disease causing species. The non degradable waste in the open not only causes soil pollution but can also lead to damage when eaten by stray animals. Our ancestors dreamt of a greener India, so let's make this a cleaner India.

Poster of the drive



Geotagged Images of the drive



CLUBFOOT AWARENESS AND VOLUNTEER MOTIVATION SEMINAR 2023

Name of the organizing Department/Society : NSS

Name of the convenor/coordinator of the event : Dr. Smriti Singh

Resource Persons (along with their affiliation) : Teesha Jain

Total number of the participants/beneficiaries : 300

Number of participants/beneficiaries from college : 300

On the occasion of NSS Day i.e. 23rd September, the National Service Scheme, Maitreyi College in collaboration with Cure India hosted an informative and inspiring seminar on “Clubfoot Awareness and Volunteer Motivation”. This seminar was organized to raise awareness about clubfoot, a congenital condition affecting children, and to motivate college students to engage in volunteer work that can make a difference in the lives of those in need. The keynote speaker for this significant event was Dr. Santosh G., Director of Cure India. He has dedicated three decades of his life to serving India’s most vulnerable children. Nearly 300 students attended this seminar and 11 students participated in a poster making competition which happened after this seminar on the topic “Clubfoot Awareness”. This seminar was opened to all college students, emphasizing inclusivity and importance of spreading awareness among the younger generation.

Poster of the seminar:



The poster is a vertical rectangular graphic with a blue and green color scheme. At the top left is the Maitreyi College logo, and at the top right is the NSS logo. The text reads: "National Service Scheme Maitreyi College (NAAC ACCREDITED A++ Grade) IN COLLABORATION WITH 'CURE INDIA' Presents TALK SESSION ON 'CLUBFOOT AWARENESS' AND 'VOLUNTEER MOTIVATION' On the occasion of NSS DAY". Below this, it states the date and time: "23rd September, 2023" and "10:30 am onwards". The venue is "New Audi (Maitreyi College)". A QR code is provided for registration. A circular photo of Dr. Santosh G. is shown, with the text "Speaker Dr. Santosh G." below it. A note at the bottom states: "Note:- E-Certificates will be provided to everyone. (Registration is mandatory) Open for all College Students".

**National Service Scheme
Maitreyi College**
(NAAC ACCREDITED A++ Grade)

**IN COLLABORATION WITH
"CURE INDIA"**

Presents

**TALK SESSION ON
"CLUBFOOT AWARENESS"
AND
"VOLUNTEER MOTIVATION"**

On the occasion of NSS DAY

**23rd
September, 2023**

**10:30 am
onwards**

**Venue: New Audi
(Maitreyi College)**

Santhosh sir has been serving the most vulnerable children across India for the last 30 years. There are several National level Programs he started that include CURE India. Santhosh sir has started a lot of initiatives and has clubbed them under one umbrella called Transformation Movement.

**Speaker
Dr. Santosh G.**

**Note:-
E-Certificates will be provided
to everyone.
(Registration is mandatory)**

Open for all College Students

Geotagged photographs of the seminar:



Significance of the seminar (Outreach/Soft Skill Development/Curriculum Enrichment, etc) :

The seminar served as a platform to raise awareness about clubfoot, a relatively less known congenital condition. By educating college students and the wider community, it helps dispel myths, reduce stigma. Encouraging students to attend and participate in such events fosters a sense of social responsibility.

Name of the Prize holders (if any) along with their affiliation :



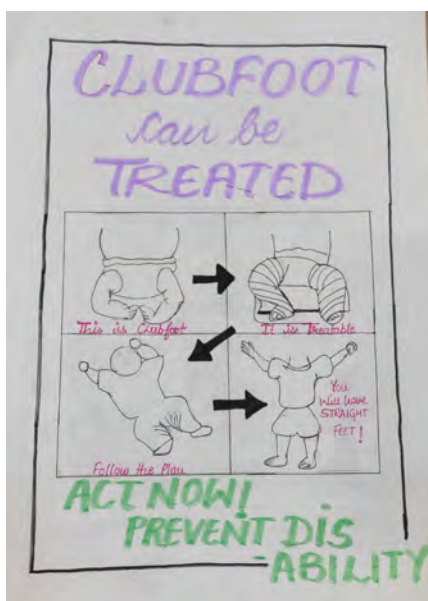
Position : First

Name : Janika Bhatia

Year : 1st

Course : Bcom programme

College : Maitreyi College



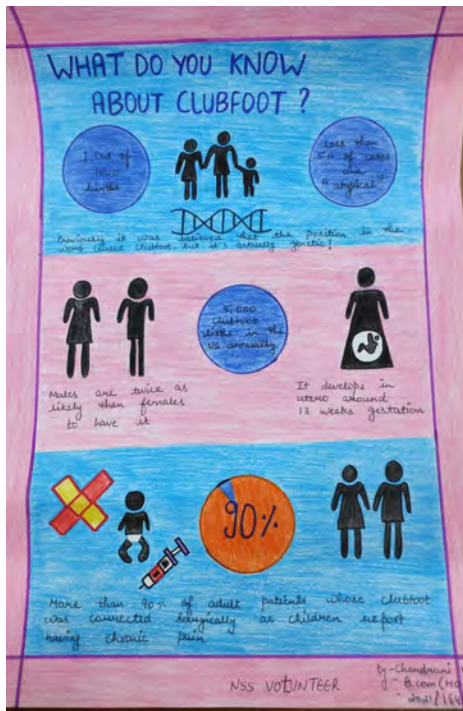
Position : Second

Name : Baby

Year : 2nd

Course : B.A. Programme

College : Maitreyi College



Position : Third

Name : Chandrani Mandal

Year : 3rd

Course : Bcom honours

College : Maitreyi College

Signature of the convenor

Menstruation Drive:Health and Hygiene

Name of the organizing Department/Society : NSS

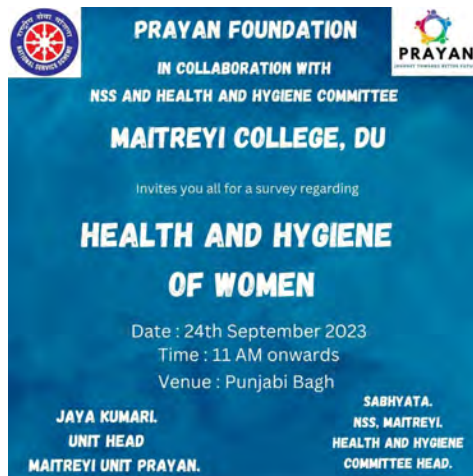
Name of the convenor/coordinator of the event : Dr. Smriti Singh

Total number of the participants/beneficiaries : 52

Number of participants/beneficiaries from college : 10

The Health and Hygiene department of NSS Maitreyi in collaboration with Prayan Foundation organized a drive on Menstrual Hygiene on 24 September 2023 in a slum area near Punjabi Bagh Club. The primary focus of the drive was to raise and create awareness about menstruation and related issues like PCOD and PCOS and to disseminate information regarding other nutritive and healthy adoptive practices that should be inculcated and adopted by women. A survey was also conducted by the volunteers of both NSS and Prayan Foundation to analyze the problematic situations being faced by women during such time periods. Volunteers also provided them with potential solutions to the problems being faced by them.

Poster of the Drive:



Geotagged Pictures of the Drive:-





Significance:

The drive served as a platform to raise and create awareness about menstruation and related issues amongst women. By educating and disseminating information regarding it, amongst the community especially in low lying and slum areas, it helps dispels myths, reduces stigma associated with it and helps in empowering the women.

Name of the Prize holders (if any) along with their affiliation : N. A.

Signature of Convenor:

**NSS MAITREYI
ROTI DAY 2023**

Date: 28 September 2023

Name of the organising Department/Society : NSS Maitreyi in collaboration with Vishalakshi Foundation.

Name of the convenor/coordinator of the event : Dr. Smriti Singh

Resource Persons (alongwith their affiliation) : Teesha Jain

Total Number of the participants/beneficiaries (with relevant proofs) : 1000

Number of the participants/beneficiaries from college : 100

Roti Day 2023 was organised by NSS Maitreyi in collaboration with Vishalakshi Foundation, a non-profit organisation in India aiming to eradicate hunger and promote literacy. Based in Lucknow, it was established in January 2019 by Nilay Agarwal, a philanthropist with the vision to create a society where everyone has access to the fundamental rights to food, shelter, health care, respect, and dignity. It strives to help the underprivileged segment of society by giving them access to basic necessities of life and fostering in them a passion for great dreams. He also gave the youth a few slogans to guide them on ROTI DAY. 'BHUKHMARI KI TODE BEDI VISHALAKSHI VISHALAKSHI', 'BADLAV KI ANDHI', 'BHARAT MATA KI JAY', 'VANDE MATARAM'. With such slogans in their young hearts and fortitude in their walk, 1000 students of Delhi University walked a whopping 15 km walk with Nilay Agarwal in an attempt to prevent world hunger.

On 28 September 2023 began their journey from India Gate to Vishwavidyalaya. The dedicated students were equipped with posters, grit and packets of food and rotis to hand out to the underprivileged. Despite the hot sun the students kept walking whilst taking ample breaks in between, so that their friends could join in. The walk started from India Gate at 10 o'clock with only the core members of the Vishalakshi Foundation. Later they were joined by various groups and societies of various colleges including NSS Maitreyi. Youtuber Harsh Gupta also joined the walk to support the youth movement. The troop went on from India Gate to Chawri Bazar, Chandni Chowk, Kashmiri Gate, Civil Line, Vidhan Sabha and finally ending at Vishwavidyalaya or the Arts Faculty of North Campus. At the end of the #walkwithnilay campaign at the Arts Faculty, Mr. Nilay Agarwal gave a stirring address in which he reminded the youth of their actual mission.

Poster of the event

  
VISHALAKSHI FOUNDATION

A VISHALAKSHI FOUNDATION'S INITIATIVE

#WalkWithNilay

28TH SEPTEMBER, 2023

WE ARE GLAD TO ANNOUNCE **STUDENT'S UNION MAITREYI COLLEGE**
AS OUR **EVENT PARTNER** FOR GLOBAL ROTI DAY!

GLOBAL
ROTI
DAY



  /VishalakshiFoundation

Geotagged photographs



Youtuber: Harsh Gupta



**NSS MAITREYI
SWACHHATA ANDOLAN 2023**

Name of the organizing Department/Society : NSS

Name of the convenor/coordinator of the event : Dr. Smriti Singh

Resource Persons (along with their affiliation) : Teesha Jain

Total number of the participants/beneficiaries : 50

Number of participants/beneficiaries from college : 50

The Students' Union of Maitreyi College, in collaboration with National Service Scheme (NSS) and National Cadet Corps (NCC) volunteers, successfully organized the "Ek Tareekh Ek Ghanta" initiative as part of the "Swachhata Hi Seva" Campaign on 1st October 2023. Commencing at 10:00 am within the college premises and continuing in a dynamic rally leading to the Delhi University South Campus Skywalk, this impactful cleanliness drive featured spirited slogans and eye-catching posters promoting cleanliness and environmental awareness. Volunteers tackled various cleanliness-related tasks, including cleaning the skywalk and managing garbage collection in the underbridge area near Moti Bagh. The collective efforts resulted in a noticeable transformation in the cleanliness of both the Delhi University South Campus Skywalk and the Underbridge area near Moti Bagh, enhancing and improving hygiene conditions. These efforts, magnified by the strategic placement of informative posters, served to educate and remind the community of their role in preserving cleanliness and adopting responsible waste disposal practices. The initiative stands as a commendable success, made possible through the dedication and support of all the volunteers.

Poster of the drive:



**STUDENTS' UNION
MAITREYI COLLEGE**
(NAAC ACCREDITED GRADE A++)
UNIVERSITY OF DELHI

In collaboration with NCC and NSS

Organises

**EK TAREEKH
EK GHANTA PROGRAM**

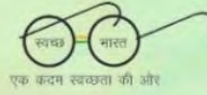
CLEANLINESS DRIVE

UNDER SWACHHATA HI SEVA CAMPAIGN

- **DATE: 1ST OCTOBER, 2023.**
- **TIME: 10 AM TO 11 AM.**
- **LOCATION: DELHI UNIVERSITY
SOUTH CAMPUS SKY WALK AND
UNDER BRIDGE, MOTI BAGH.**

एक कदम स्वच्छता की ओर

EVENT COORDINATOR Prof. Haritma Chopra	NCC CONVENOR Dr. Archana Aggarwal	NSS CONVENOR Dr. Smriti Singh	STUDENTS' UNION CONVENOR Ms. Divya Singh
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EK TAREEKH EK GHANTA PROGRAM CLEANLINESS DRIVE UNDER SWACHHATA HI SEVA CAMPAIGN

DATE: 1ST OCTOBER, 2023
TIME: 10 AM TO 11 AM

LOCATION:
Delhi University South Campus Sky Walk



Under Bridge, Moti Bagh

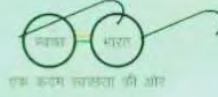


**EVENT
COORDINATOR**
Prof. Haritma Chopra

**NCC
CONVENOR**
Dr. Archana Aggarwal

**NSS
CONVENOR**
Dr. Smriti Singh

**STUDENTS' UNION
CONVENOR**
Ms. Divya Singh



EK TAREEKH EK GHANTA PROGRAM SWACHHATA ANDOLON - CLEANLINESS DRIVE UNDER SWACHHATA HI SEVA CAMPAIGN

Swachhata Andolan Volunteers



New Delhi, Delhi, India
46/50, 46/50, San Martin Marg, Smriti Vatika, Moti Bagh, New Delhi,
India
Lat 28.590161°
Long 77.172212°
01/10/23 11:53 AM GMT +05:30



EK TAREEKH EK GHANTA PROGRAM SWACHHATA ANDOLON - CLEANLINESS DRIVE UNDER SWACHHATA HI SEVA CAMPAIGN

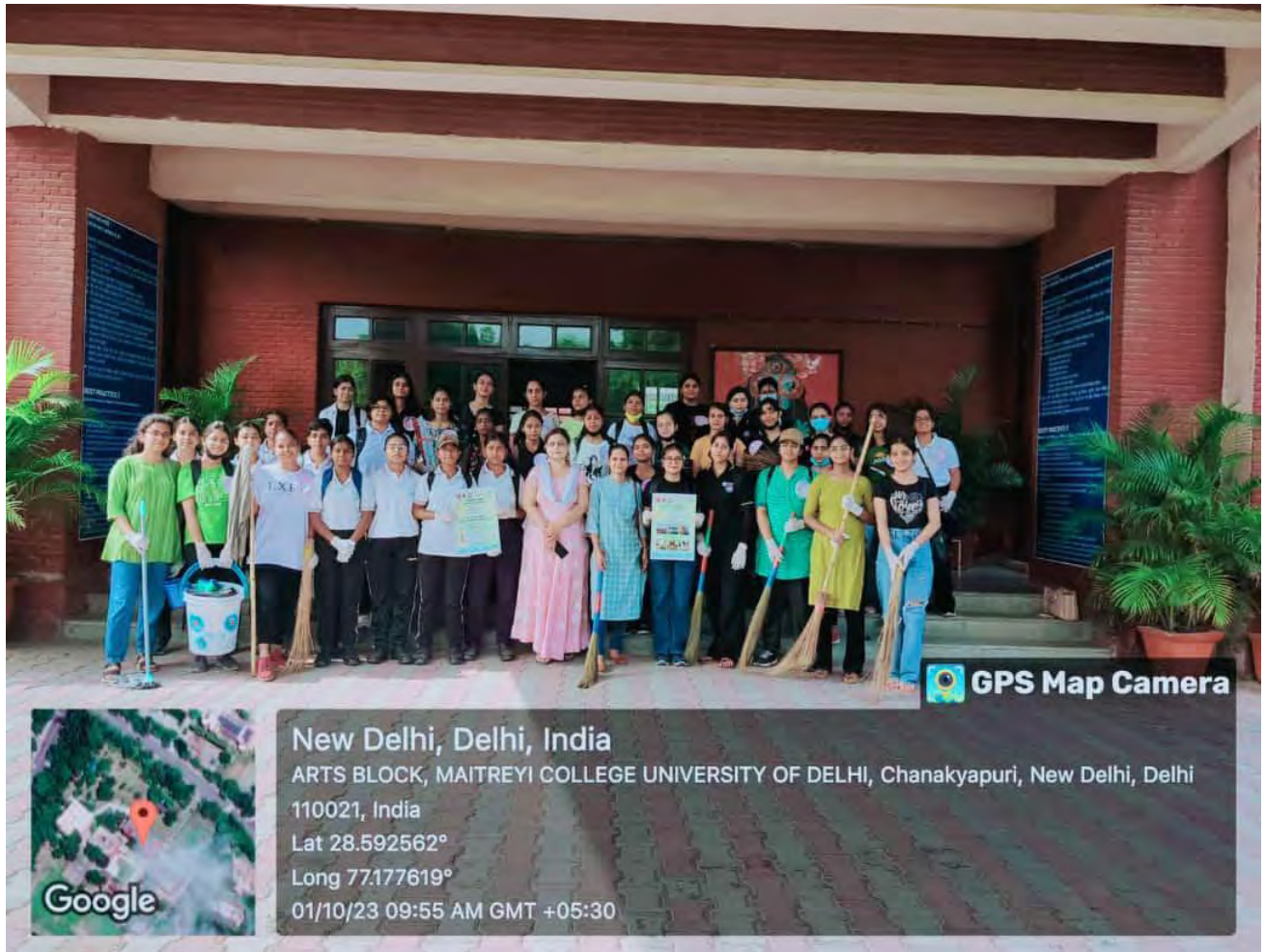
Delhi University South Campus Sky Walk

BEFORE

AFTER



Geo-tagged photographs of the drive:





Dr. Smriti Singh
NSS Convenor

Understanding Mental Health: An Overview

National/International/Inter-University/State Level/College Level: Department Level

Date (DD-MM-YYYY): 05-10-2023

Name of the organizing Department/Society: Dhiti, The English Literary Association of Maitreyi College and NSS Maitreyi College

Name of the convenor/coordinator of the event: Dr. Smriti Singh and Ms. Krishangi Singh

Resource Person: Ms. Akanksha Kapoor

Total Number of the participants/beneficiaries (with relevant proofs): 50

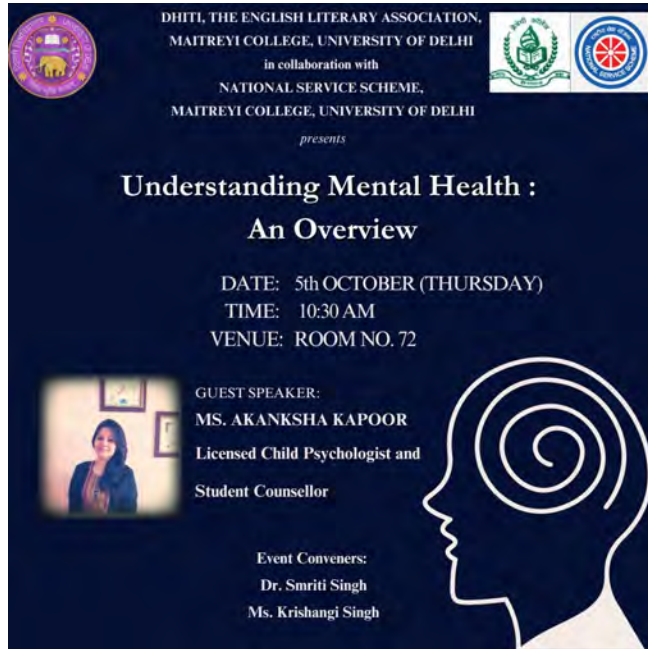
Report of the event:

On 5 October, 2023, NSS Maitreyi in collaboration with Dhiti, The English Literacy Association, Maitreyi College organized a seminar for awareness regarding mental health issues. The mental health awareness session was led by student counsellor and child psychologist Ms. Akansha Kapoor, who was the resource person for the event.

She emphasized on the importance of mental health and dispelled common myths related to mental illness to reduce stigma. She discussed various mental health conditions like stress, anxiety, depression and self-esteem issues as well as their impact on students' daily life functioning, academic performance and over all well-being. The session included interactive activities, case studies and real-life examples to encourage students. The session included only students along with the resource person to ensure that privacy was afforded to all participants where they could discuss their personal and academic issues without any fears of disturbance. After the seminar, students were invited to share any experiences, suggestions, or compliments they may have had that made them feel like others care about them in a confession box that said, "Speak up, we'll listen to you."

The mental health awareness session witnessed active participation. Around 50 students from all different courses and academic years attended the seminar.

Poster of the session:



DHITI, THE ENGLISH LITERARY ASSOCIATION,
MAITREYI COLLEGE, UNIVERSITY OF DELHI
in collaboration with
NATIONAL SERVICE SCHEME,
MAITREYI COLLEGE, UNIVERSITY OF DELHI
presents

**Understanding Mental Health :
An Overview**

DATE: 5th OCTOBER (THURSDAY)
TIME: 10:30 AM
VENUE: ROOM NO. 72

GUEST SPEAKER:
MS. AKANKSHA KAPOOR
Licensed Child Psychologist and
Student Counsellor

Event Convener:
Dr. Smriti Singh
Ms. Krishangi Singh

Geo-tagged pictures:



Session on
UNDERSTANDING
MENTAL
RESILIENCE
with
Anksha Kapoor

GPS Map Camera



Delhi, Delhi, India
SCIENCE BLOCK, MAITREYI COLLEGE UNIVERSITY OF DELHI, Chanakyapuri, Delhi, New
Delhi, Delhi 110021, India
Lat 28.591826°
Long 77.177441°
05/10/23 12:16 PM GMT +05:30



Delhi, Delhi, India

SCIENCE BLOCK, MAITREYI COLLEGE UNIVERSITY OF DELHI, Chanakyapuri, Delhi, New Delhi, Delhi 110021, India

Lat 28.5919°

Long 77.17742°

05/10/23 11:13 AM GMT +05:30

Google

GPS Map Camera



Delhi, Delhi, India

SCIENCE BLOCK, MAITREYI COLLEGE UNIVERSITY OF DELHI,
Chanakyapuri, Delhi, New Delhi, Delhi 110021, India

Lat 28.591771°

Long 77.177461°

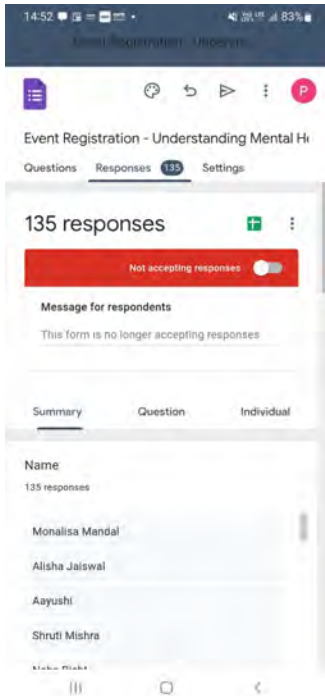
05/10/23 12:08 PM GMT +05:30

Google

GPS Map Camera



Number of registrations:



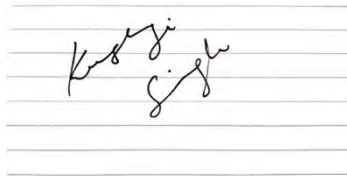
Excel sheet of number of registrations:

[https://a1office.co/solutions/shared/view?fileKey=Event_Registration_-_Understanding_Mental_Health_-_An_Overview__\(Responses\)-3f38944626fa9b56cfab468594a6ad8b.xlsx](https://a1office.co/solutions/shared/view?fileKey=Event_Registration_-_Understanding_Mental_Health_-_An_Overview__(Responses)-3f38944626fa9b56cfab468594a6ad8b.xlsx)

Signature of the Convener:

Dr. Smriti Singh
NSS Convenor
Maitreyi College

Ms. Krishangi Singh
Dept of English
Maitreyi College

A handwritten signature in black ink on a set of horizontal lines. The signature is cursive and appears to read 'Krishangi Singh'.

NSS MAITREYI

Free Health checkup camp 2023

Name of the organizing Department /society : NSS

Name of the convenor/coordinator of the event : Dr. Smriti Singh

Resource Persons (along with their affiliation) : Teesha Jain

Total number of the volunteers : 45

Number of participants/beneficiaries from college : 726

Number of doctors – 12

Report of the event:

On 10th October, 2023, NSS Maitreyi in collaboration with Max Smart Speciality Hospital, Saket Maitreyi College organized free health checkup camp for ensuring the good health of students and teachers of Maitreyi. Facilities available during the camp will be: Blood Pressure, Blood Sugar, ECG, Dietician Consultation, Cardiologist Consultation, Dental Check-up, Orthopaedic consultation, Bone Densitometry (BMD), Optometrist. Their expertise and resources contributed significantly to the quality of services and medical guidance offered to our participants. It has positively impacted the health and well-being of our college community. Such initiatives are essential for our collective health and should be continued to ensure a healthier and more informed college community.

Poster of the camp


National Service Scheme
Maitreyi College
(NAAC ACCREDITED A++ Grade)


presents
FREE
HEALTH CHECK-UP CAMP
 In association with
Max Smart Super Specialty Hospital, Saket
(Only for Maitreyi College Students and Faculty)

Date: October 10, 2023 **Venue:** Maitreyi College **Time:** 10:00am

SERVICES PROVIDED WILL BE:

- Blood Pressure
- Blood Sugar Random
- ECG
- Dietician Consultation
- Cardiologist Consultation
- Dental Check-up
- Orthopaedic Consultation
- Bone Densitometry(BMD)
- Optometrist

Scan the QR for Registration
 

For any queries, Contact:
 Teesha Jain (President)
 9891231109
 Astha Jaiswal (Vice-president)
 8303500737

Geo-tagged pictures





 **GPS Map Camera**



Google

Delhi, Delhi, India


SCIENCE BLOCK, MAITREYI COLLEGE UNIVERSITY OF DELHI, Chanakyapuri, Delhi, New
Delhi, Delhi 110021, India

Lat 28.591846°

Long 77.177468°

10/10/23 10:50 AM GMT +05:30



 **GPS Map Camera**



Google

Delhi, Delhi, India

SCIENCE BLOCK, MAITREYI COLLEGE UNIVERSITY OF DELHI, Chanakyapuri, Delhi, New
Delhi, Delhi 110021, India

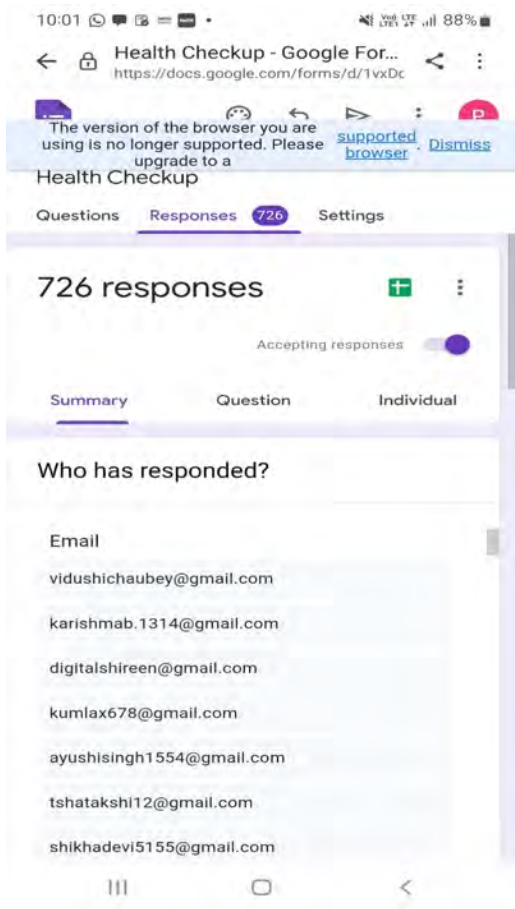
Lat 28.591846°

Long 77.177468°

10/10/23 10:54 AM GMT +05:30



Number of registration



Excel sheet of number of registrations:

<https://a1office.co/solutions/shared/view?fileKey=Registration-ae5d21599c70ba4714d8185d4d62fb03.xlsx>

Dr. Smriti Singh

NSS Convenor

NSS Maitreyi

Blood Donation and Health Check-up Camp 2023

Name of the Organising Committee: NSS

Name of the Covenor/Coordinator of the Event: Dr. Smriti Singh

Resource Person (along with their affiliation): Teesha Jain (President)

Total no. Of Participants/Beneficiaries: 189

Total no. Of Participants/Beneficiaries from College: 178

Total no. Of volunteers: 60

On 13th October, 2023 NSS Maitreyi in collaboration with the Health and Hygiene Committee, Students Union of Maitreyi College and Rotary Club of Delhi Midtown organised a Blood Donation and Health Check-up Camp, offering crucial health check-ups for free for the students and ensuring that their health is being taken care of and not neglected in their fast paced lives.

The camp offered the following services- Free Dental Check-up, Cancer and Pap Smear, Mammography, Eye check-up, ENT, Doctor check-up including the Sugar and BP check etc. It also encouraged the students across the campus to donate blood and contribute for a good cause. Special Guest Dr. Narender Kumar Bishnoi, Programme Coordinator, DU and Dr. Leena Dadhwal, Senior Consultant Surgical Oncology, Rajiv Gandhi Cancer Institute and Research Centre graced the event with their presence. The camp witnessed an active participation from the students and faculties from various departments.

With enormous number of registrations and high turnout, the camp was successfully concluded.

About 189 people from various years and courses became a part of the camp.

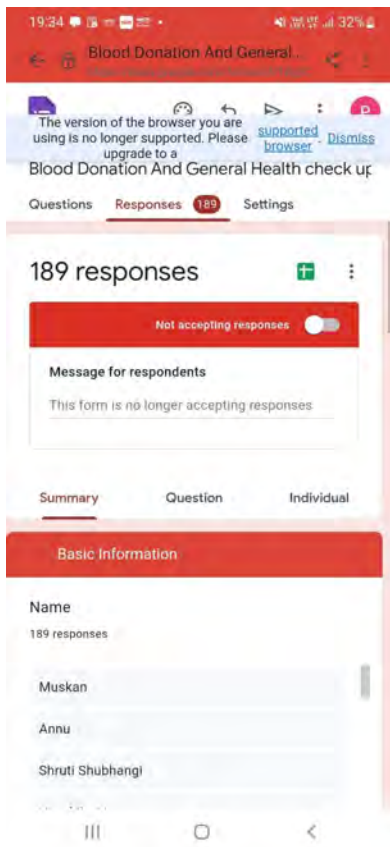
Poster of the Session:



Geotagged Pictures:



Number of Registrations:



Excel sheet of Number of Registrations:

https://docs.google.com/file/d/1k8BIm3w7oNEDcevOC3DPTGsb6ED6uV4e/edit?usp=docslist_api&filetype=msexcel

Dr.Smriti Singh
(NSS Convenor)

NSS MAITREYI
Awareness session on good touch bad touch 2023

Name of the organising Department/Society : NSS Maitreyi in collaboration with SAHYOG NGO and oneworld news

Date: 18 october 2023

Resource Person (along with their affiliation): Teesha Jain (President)

Total Number of the participants/beneficiaries (with relevant proofs) : 50

Number of the vol from college : 7

Name of the convenor/coordinator of the event : Dr. Smriti Singh

‘To know your rights is to know yourself’

With this determination and grit 7 NSS volunteers embarked on a noble mission to impart essential knowledge to young children, enlightening them about the crucial distinctions between good touch and bad touch, while also nurturing a profound understanding of their inherent rights.

Guided and supported by the unwavering presence of the SAHYOG Foundation, aptly named "the helping hand," these dedicated volunteers paved the way for 50 underprivileged children to step into the realm of knowledge and self-assuredness.

The children's journey began with a warm embrace of comfort and joy, as they were engrossed in an array of delightful activities, painting bright smiles across their faces and filling their hearts with newfound hope.

In a gesture of unwavering solidarity, the Oneworld news extended its compassionate hand by providing a sumptuous meal, serving it as a symbol of nourishment for both body and soul. The event emerged as an overwhelming success, not only spreading awareness but also planting the seeds of happiness in the lives of these resilient children.

Geotagged Pictures







NSS Maitreyi Convenor : Dr. Smriti Singh

NSS MAITREYI
MERI MATI MERA DESH 2023

Date: 31st October 2023

Name of the organising Department/Society: NSS Maitreyi

Name of the convenor/coordinator of the event: Dr. Smriti Singh

Resource Persons (alongwith their affiliation): Teesha Jain [President]

Total Number of the participants/beneficiaries (with relevant proofs): In lakhs

Number of the participants/beneficiaries from college: 108

On 31st October 2023, National Social Service Society (NSS) of Maitreyi College attended the Government of India's "Meri Mati, Mera Desh" event at Kartavya Path held from 9.30 am to 6.30 p.m. On the occasion of Sardar Vallabhbhai Patel's birth anniversary, people from all walks of life came together to pledge their commitment to "Mahi Bharat Sankalp," a promise to work together to make our nation great by enjoying its dynamic diversity and cherishing its rich legacy. Sumedha Kurmahe and Kailash Kher, two amazing performers, performed during the occasion. The participation of dignitaries like as Amit Shah, Anurag Thakur, Meenakshi Lekhi, Piyush Goyal, JP Nadda, and Ashwini Vaishnav added a sense of prestige to the gathering.

The event's focal point was the address delivered by Prime Minister Narendra Modi, who unveiled his vision for a greater India. His motivating motto, "Yeh Sankalp Hamara Hai, Bharat Ko Bhavya Banana Hai," had a profound impression on attendance. The Indian Armed Forces, comprising the Air Force, Navy, Army, and Women's Army, presented patriotic instrumental performances to convey pride and solidarity. Nukkad natak was conducted in front of the Prime Minister to demonstrate care for the environment and also refreshments were served to the volunteers twice.

To symbolize the unity of our diverse nation, soil from nearly 6 lakh villages across India was collected and placed in a large pot, giving life to "Amrit Udyan," a garden that will flourish as a testament to our collective strength. The "Meri Mati, Mera Desh" meeting was memorable and profound. It reawakened patriotism and fostered a dedication to environmental conservation. It highlighted that when people work together for a common goal, we can achieve great things while maintaining our heritage and sustaining our beautiful country.

Geotagged photos of the event: -





GPS Map Camera
New Delhi, Delhi, India
NSB 25 Second floor, Babu dham, Chanakyapuri, New Delhi, Delhi 110021, India
Lat 28.592553°
Long 77.177016°
31/10/23 11:49 AM GMT +05:30

Google

NSS MAITREYI COLLEGE
VISIT TO OLD AGE HOME 2023

Date-9th November 2023

Name of the organizing Department/Society- NSS

Name of the convener/coordinator of the event-Dr.Smriti Singh

Number of beneficiaries- 16

No of NSS volunteers -4

NSS in the collaboration of health & hygiene committee celebrated Diwali and spread happiness and joy with the people who are having a very mundane and sad life and we wanted to bring happiness to them .We visited Aashirwad old age home which is in Karkardooma on 9th November 2023.

We went there to spend some time with them. We had a lot of conversations with them.Each of them shared some part of their lives ,some of their stories with us, we also sang different songs in which all of them participated so it was a very joyful moment.We provided winter essentials to them which included mufflers, caps and socks .

Overall it was a very heart filled experience, it taught us to be more kind and lovable towards others.

Poster of the event-



National Service Scheme
Maitreyi College
(NAAC ACCREDITED A ++ Grade)



*Bringing the joy of Diwali
to
the Elderly*

Date : 9th November, 2023
Venue : Aashirwaad Old Age Home,
Karkarduma



Geotagged images of the event-





Dr.Smriti Singh (NSS Maitreyi Convener)

NSS MAITREYI COLLEGE

DIVYA UTSAV EVENT

Date- 4 December 2023 to 5 December 2023

Name of the organizing Department/Society- NSS Maitreyi and Office of the State Commissioner for Persons with Disabilities

Name of the convener/ coordinator of the event- Dr. Smriti Singh

Number of participants/ beneficiaries- 6000-7000

Number of participants/beneficiaries from college- 100

DAY 1

On the inaugural day of the Divya Utsav event, at Tyagraj Stadium, the esteemed Chief Guest, Dr. Virendra Kumar, Hon'ble Union Cabinet Minister for Social Justice and Empowerment, Government of India, graced the occasion with his presence. The festivities commenced with a visit to the eco-friendly stalls showcasing the vibrant Art and Craft Mela within the stadium premises.

The event unfolded with a warm welcome address by SCPD, setting the stage for an enriching experience. The program featured a captivating performance and felicitation of Sri Chitranjan Tripathi, Director, NSD, recognizing his significant contributions.

Highlighting the day were the Lifetime Achievement Awards conferred upon Dr. Mathew Varghese and Shri Sunehari Lal Yadav, acknowledging their remarkable work. The event also witnessed the flag-off ceremony for Eagle special riders, who, as messengers, embarked on a journey to raise awareness about the Rights of Persons with Disabilities (RPwD) Act and disabilities.

Amidst the jubilant atmosphere, attendees had the opportunity to explore a diverse array of culinary delights at the food court. The cultural spectrum was brought to life by students from DOE schools, offering a heartwarming cultural program. Additionally, Hradya Sara graced the stage with a mesmerizing cultural performance, while advocate Shri Tejasvi showcased the art of yoga through a captivating performance.

The inaugural day of Divya Utsav thus proved to be a multifaceted celebration, blending art, culture, recognition, and advocacy for the cause of empowerment and inclusion."

DAY 2

On the dynamic second day of the Divya Utsav Event, the grand unveiling of the Art and Craft Exhibition and the delightful Food Court added vibrant hues to the festivities. The stage came

alive with the soulful performance by Bhupinder Parmar, a talented singer hailing from the Punjabi Academy.

A spectacular cultural performance unfolded as the children with special needs (CWSNs) of Vision Divyang Foundation showcased their talents, emphasizing inclusivity. The day continued with the felicitation of esteemed panelists of the seminar on "Inclusivity and Accessibility," paving the way for insightful discussions.

Diverse cultural performances by various artists, CWSNs, and students of DOE/DSW captivated the audience. The rhythmic beats of a band performance by students of 'Udai March' and a captivating presentation by Nav Utthan Group added a musical touch to the celebration.

The event reached its pinnacle with the arrival of the Chief Guest, Hon'ble Km. Pratima Bhoumik, Minister of State for Social Justice and Empowerment. NCC cadets paid a dignified Guard of Honour, setting the stage for a series of impactful events.

The Welcome Address by SCPD, a stellar performance by Shri Chitranjan Tripathi, Director, NSD, and an engaging yoga performance by advocate Shri Tejasvi marked significant moments. The felicitation of Shri Tejasvi and the subsequent appreciation awards bestowed upon Maitreyi College, the Department of Social Welfare, and the Directorate of Education by the Chief Guest highlighted their commendable contributions.

The event reached its zenith with the Secretary of DEPwD, MSJ&E, GOI, delivering remarks and a speech. The Chief Guest concluded the Utsav with a speech and declaration, culminating in the harmonious rendition of the National Anthem, enriched with the beauty of sign language.

POSTER OF THE EVENT-

**In Hope: I Dare
Divya Utsav**

We joyfully invite you to a mega
celebration of world Disability Day
on
4 - 5 December 2023
10am to 6pm

At
**Tyagraj Stadium
Delhi**

Green craft Mela Art fair

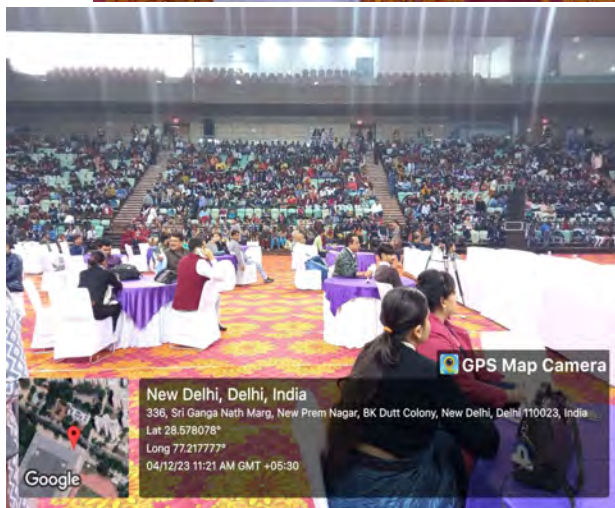
Job and skill development
counselling for youth Seminar on "Inclusivity
and access"

Cultural performances Award ceremony

Organized by:
Office of the
State commissioner for
persons with Disabilities;
Department of social welfare
& Directorate of Education
Government of Delhi

GEOTAGGED PICTURES OF THE EVENT

DAY-1



DAY 2-



SIGNIFICANCE OF THE EVENT-

This initiative serves as a beacon of hope and encouragement, daring to envision a world where diversity is celebrated and every individual is afforded the opportunity to thrive. It promotes

inclusivity and serves as a platform to raise awareness about the challenges faced by individuals with disabilities, fostering understanding and empathy and encourages a sense of community support. Divya Utsav contributes to breaking stereotypes and educating the community about the abilities and potential of people with disabilities, fostering a more inclusive and compassionate society.

Dr. Smriti Singh (NSS Maitreyi Convener)

NSS MAITREYI COLLEGE
QUIZ COMPETITION

Date-26th January 2024

Name of the organizing Department/Society- NSS Maitreyi in collaboration with NSS IIT Delhi

Name of the convener/coordinator of the event-Dr.Smriti Singh

Number of participants- 16

NSS Maitreyi and NSS IIT Delhi collaborated for an exceptional event held on the 26th of January at Maitreyi College, University of Delhi. The quiz competition, titled "India through the Years," aimed to celebrate the spirit of Republic Day by exploring India's struggle for independence.

The questions were related to Current affairs and History of India. Hosted by NSS IIT Delhi, the theme focused on sensitizing society about our collective potential for positive change. The event, from 11:30 a.m. to 12:30 p.m., featured exciting prizes for top performers, merchandise, and goodies from NSS IIT Delhi, fostering Inter-NSS connections for future collaborations.

Participants received various incentives for Kaizen 2024, one of India's largest social extravaganzas. E-certificates were provided to all the participants. The event successfully combined knowledge-sharing, celebration, and community engagement in a vibrant and enriching manner.

Poster of the event-



NSS IIT Delhi in collaboration with NSS Maitreyi

Presents

HERITAGE HARMONY

A Quizzing Competition on the theme

India Through the Years

Date : 26th January, 2024
Time : 11:30 AM
Venue : Maitreyi College

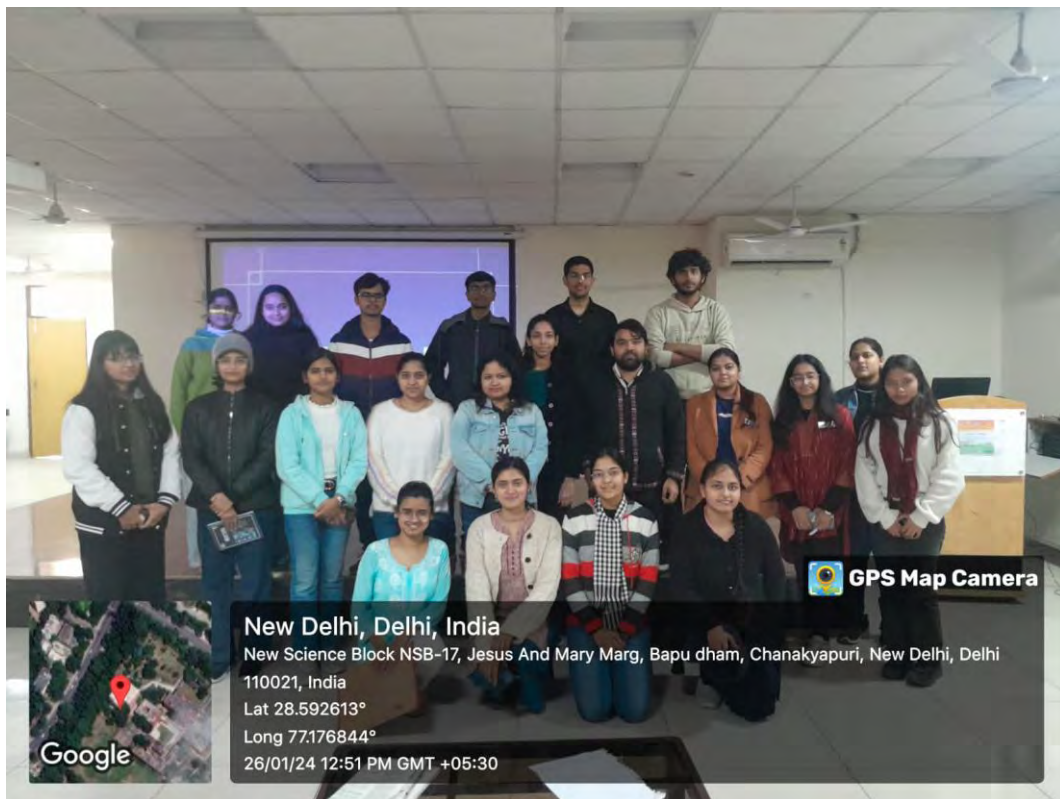
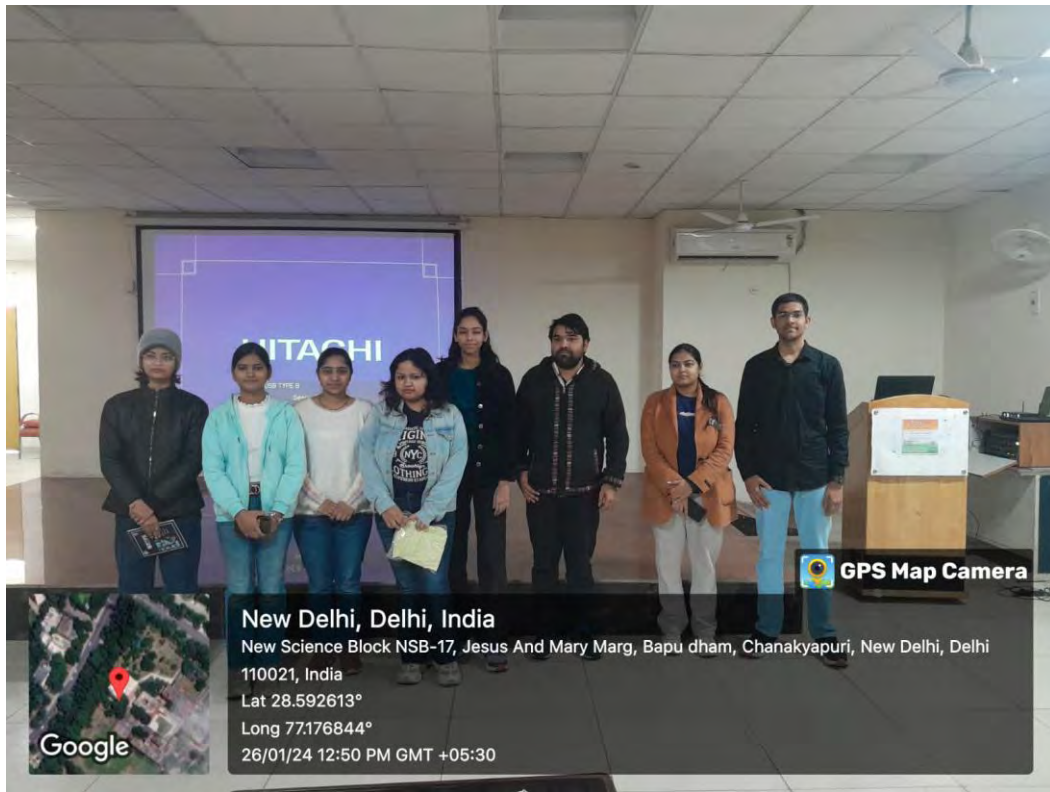


[Register Here](#)

- Participants can avail NSS Hours
- Various other Incentives to the participants at Kaizen'24
- Prizes and Goodies would be provided to the Winners
- Registration is Mandatory to attend the event

For Queries :
Astha: 83035 00737
(Vice President)
Rida: 84828 12022

Geotagged images of the event-





Dr.Smriti Singh (NSS Maitreyi Convener)

NSS MAITREYI COLLEGE

PLANTATION DRIVE

Date : 30th January

Venue : DDA Park, A-block Anand vihar.

Name of the Organizing Department: NSS Maitreyi in collaboration with Rotaract Club and Samarpit NGO

Name of the convener : Dr. Smriti Singh

Number of Participants : 50

NSS Maitreyi in collaboration with the Rotaract Club and Samarpit NGO organised “Plantation Drive”. The main objective of the event is to create awareness and spread the message of saving our planet-‘Protecting our environment is the need of the hour.’ , to help nature and mother earth to get its natural beauty and components back.

The Plantation Drive held on the 30th January at DDA Park , A-block Anand vihar. Students brought different types of saplings and planted them in the park. Plants are important part of nature and for survival also. The ability of plants to Control pollution and rejuvenate nature teaches us to plant more trees.

POSTER OF THE EVENT



**NSS MAITREYI In Collaboration With
Rotaract Club And Samarpit NGO**

Presents

PLANTATION DRIVE

30TH JANUARY, 2024

LOCATION :

**DDA PARK, A-BLOCK,
ANAND VIHAR**

TIMINGS:

12:30 PM

**LET'S PLANT TREES! EVERY TREE WILL SAVE
OUR ENVIRONMENT AND MAKE IT BETTER**

FOR QUERIES-: Prapti:93105 25504, Jaya:79797 88457

GEOTAGGED PICTURES OF THE EVENT







Learning outcome

- Students were encouraged for proper maintenance and preservation of Trees together with other vegetation.
- Students were made aware to uplift the quality of the living environment Through active planting and afforestation.
- This event set an inspiring example for the coming generations to save And plant more trees.

DR.SMRITI SINGH (NSS Maitreyi Convener)

NSS Maitreyi
PROJECT AMRIT

Name of the organizing Society: NSS Maitreyi in collaboration with Students' Union

Name of the convener /coordinator of the event: Dr. Smriti Singh

Resource Persons(alongwith the affiliation): Teesha Jain

Total number of the participants/beneficiaries: 300

Number of participants/beneficiaries from college: 80

On 25th February,2024 NSS Maitreyi in collaboration with Student Union organised Project Amrit. The project aimed to make a tangible difference and inspire others to take part in environmental conservation efforts. It was organised at Chhat Ghat, ITO bridge, Delhi from 8: 00am -11:00 am . Students were provided with proper masks and cleaning equipments at the Ghat. They cleaned the water body and near by land and segregated the disposable and non disposable waste in a well defined manner. They were very enthusiastic throught the drive which motivated the people living nearby and coming there for visit to keep it clean and maintained. Students found various religious scriptures in the water body and buried under the surface which they took out and placed at safe places. Succintly, the drive was a great success with the enthusiasm of the students.

Poster :



Geo-tagged pictures





Dr. Smriti Singh
NSS Convenor

Purple Fest 2024

National/International/Inter-University/State Level/College Level

Date: 26-02-2024

Name of the organizing Department/Society : NSS in collaboration with Cure India

Name of the convenor/coordinator of the event : Dr. Smriti Singh

Resource Persons (alongwith their affiliation) : Teesha Jain

Total Number of the participants/beneficiaries (with relevant proofs) : 1000

Number of the participants/beneficiaries from college : 40

On 26-02-2024 Rashtrapati Bhawan hosted the vibrant and empowering Purple Fest.

The event aimed to spotlight inclusivity and celebrate the talents of individuals with disabilities. With around 40 dedicated volunteers, along with other volunteers relentlessly working with CURE INDIA at the art stall, enlightened the audience about accessible art. The fest created a platform for multiple students from various NGOs, homes, and government schools to showcase their talents and enthusiasm. The fest buzzed with energy as participants of all age groups embraced the spirit of inclusivity with zest and zeal.

The Purple Fest served as a beacon, urging society to shift its focus towards embracing diversity and recognizing the abilities of all individuals. The heart of the fest lay in its diverse array of stalls, where breathtaking artwork and hand-made items were proudly displayed. What made these exhibits truly remarkable was that they were crafted by individuals with disabilities, demonstrating unequivocally that disability should never be a barrier to creativity and expression.

President Draupadi Murmu graced the event, adding to its significance and underscoring the importance of the cause. Her presence lent further weight to the message of inclusivity and empowerment championed by the Purple Fest.

The event ran from 8:30 a.m. to 5:30 p.m., providing ample time for attendees to immerse themselves in the festivities, engage with the participants, and appreciate the talent on display. In addition to the art exhibition, various activities and performances enriched the fest, creating an atmosphere of joy, unity, and acceptance.

In conclusion, the Purple Fest at Rashtrapati Bhawan was not just a celebration of art and creativity but also a powerful testament to the indomitable spirit of individuals with disabilities. It served as a reminder that inclusivity is not just a goal to strive for but a necessity for building a more compassionate and equitable society.

Geotagged photographs of the event (minimum 5) :



Name of the Prize holders (if any) alongwith their affiliation : N/A

Signature of the Convenor

JOINT CLEANLINESS DRIVE 2024

Name of the organizing Department/Society: NSS in collaboration with NSS Ramanujan, NSS IIT Delhi, NSS Vivekananda, and NSS Acharya Narendra Dev College

Name of the convenor/coordinator of the event: Dr. Smriti Singh

Resource Persons (along with their affiliation): Teesha Jain

Total number of participants/beneficiaries (with relevant proofs): 50

Number of the participants/beneficiaries from college: 22

On 1st March 2024, NSS Maitreyi in collaboration with NSS Ramanujan, NSS IIT Delhi, NSS Vivekananda, and NSS Acharya Narendra Dev College organized a joint cleanliness drive in Lodhi Garden, which is also home to several tombs of rulers from the Lodhi Dynasty. Being an area of historical importance and full of greenery, the drive spread awareness regarding the importance of a clean environment while following all the sanitary precautions. The drive also focused on the collection and separation of garbage into degradable and non-degradable categories, later on to recycle as much as possible. The drive impeccably united the volunteers from various colleges, with 22 members from NSS Maitreyi, including different heads.

Aim of the drive

A clean environment is our responsibility.

Public places such as gardens are regularly visited by many individuals and despite the maintenance done by the government, we can't ignore the fact that there is plenty of waste still being thrown in the open area, segregation and proper disposal of which can inhibit the breeding ground for a variety of disease-causing species. Greener places like gardens host a variety of species especially birds, and open plastic waste is a cause of serious concern for their health. The non-degradable waste in the open not only causes soil pollution but can also lead to damage when eaten by stray animals. Our ancestors dreamt of a greener India, so let's make this a cleaner India. If the youth join hands, a revolution can surely be sparked.

Poster of the drive

NATIONAL SERVICE SCHEME
RAMANUJAN COLLEGE
ACCREDITED GRADE 'A ++' BY NAAC
(University of Delhi)

IN ASSOCIATION WITH

IIT Delhi, Maitreyi College
Acharya Narendra Dev College, &
Vivekananda College

ORGANISING

JOINT
CLEANLINESS DRIVE

🎨🌿 Let's Paint Lodhi Garden with the Colors of Cleanliness!

MARCH 01 2024
AT LODHI GARDEN
11:00 A.M ONWARDS

NSS RAMANUJAN	NSS IITD	NSS MAITREYI	NSS VIVEKANANDA	NSS ANDC
RAGHVENDRA - +91-9076740111	TEJAS - +91-96677 22988	TEESHA - +91-9891231109	MEHAK - +91-7217750080	ANKIT - +91-9198284285
HEMANT - +91-9871503934	DEEPESH - +91-81098 59921	ASTHA - +91-8303500737	PRIYANKA - +91-9625127123	AYUSH - +91-6350446893

Geotagged pictures of the drive





SEXUAL HARRASMENT AT WORKPLACE

Name of the organising Department/Society: NSS Maitreyi in collaboration with project Nyay'ri,

Date: 31st March 2024

Guest(along with their affiliation): Yamina Rizvi [Advocate]

Total Number of the participants/beneficiaries (with relevant proofs): 84

Number of the participants from college: 80

Name of the convenor/coordinator of the event: Dr. Smriti Singh

On 31st March 2024, NSS Team of Maitreyi College conducted a webinar on "Sexual Harassment at Workplace," focusing on educating participants on this issue and providing them with knowledge to effectively address it, led by Advocate Yamina Rizvi, a renowned legal counselor at Nyay'ri, renowned for her expertise in advocating for women's rights

Advocate Yamina Rizvi, with extensive experience in various courts, provided valuable insights into the topic of sexual harassment at the workplace. She highlighted the importance of creating safe environments for individuals to voice their concerns and provided a comprehensive understanding of their rights and recourse options. In addition, Rizvi discussed tactics for building an environment of accountability and respect in businesses, highlighting everyone's shared accountability in the fight against harassment. Her ability to navigate legal subtleties with skill and her kind demeanor toward her clients demonstrated her dedication to actually changing the legal profession.

The webinar on "Sexual Harassment at Workplace" was a powerful tool for raising awareness and fostering dialogue on a crucial societal issue. Advocate Yamina Rizvi's expertise and insights provided participants with knowledge and tools to advocate for a safe and inclusive work environment. The event underscored the collective responsibility in addressing sexual harassment and the importance of education and advocacy in effecting positive change. Participants were encouraged to remain actively engaged in initiatives aimed at promoting gender equality and combating sexual harassment.

Poster of the webinar: -

 **NATIONAL SERVICE SCHEME** 
Maitreyi College
(NAAC ACCREDITED A++ Grade) **न्याय'ri**



**Webinar
On
Sexual Harrasment at
Workplace**

Adv. Yamina Rizvi, Legal Counsellor

Date: 31st March,2024
Time: 4pm to 5pm
Venue: Google Meet

Yamina Rizvi is a compassionate lawyer serving as the legal counsellor at Nyay'ri. With over 3 years of diverse experience spanning district courts, the Delhi High Court, and various tribunals, she has dedicated herself to empowering women facing domestic abuse. Her genuine concern for her clients is palpable, fostering an environment where individuals feel safe to openly discuss their concerns.

Geotagged pictures: -



