

Webinar on " Road Safety Awareness"

Date: 17th August 2021

Duration: 4:30 – 6:00 p.m.

Link: <https://us06web.zoom.us/j/89102678279?pwd=aWEvNmVhVllvRk9FWlJldUtlCl0puUT09>

"NSS MAITREYI COLLEGE", University of Delhi and "UNNAT BHARAT ABHIYAN" had organized an Online Webinar on ' Road Safety Awareness' in collaboration with Honda Motorcycle and Scooter India Pvt.LTD. The session was conducted by Mr Jatin Kataria, who is a safety Instructor Trainer who has a prior training experience in Japan. The session was conducted in bilingual mode, so as to achieve the interaction mode of the audience.

The session was attended by more than 100 participants. In the initial minutes of the webinar, the topic was primarily focused on " The importance of Road safety among Youth". Which included one to one interaction. Following up the presentation major key points were covered which are as follows:-

- Essential Qualities required (Driver & Rider)- responsibilities, Anticipation, Concentration, Patience and Expertise.
- Dress code, tricks to wear helmet and difference between ISI and Non-ISI helmet
- Correct Riding posture in two wheelers, Reaction time.
- 70-30 and 2 second rule
- BTFL

The webinar made its closure with summarizing all the major signs and symbols. Overall, it was fun interactive session with doubt session in the end, to make sure that the participants apply this knowledge in practical, prevent road accidents and aware people around themselves as well.

CONVENORS

Dr. Smriti Singh : Associate Professor (Department of English And NSS Member)



Dr. Mithila Bagai : NSS Convenor

Dr. Anamika Singh: UNNAT BHARAT ABHIYAN COORDINATOR



The poster features logos of the University of Delhi, NSS Maitreyi College, Unnat Bharat Abhiyan, and Honda. It includes an illustration of a person riding a motorcycle and a traffic light. The text on the poster provides details about the webinar's date, time, and organizers.

ROAD SAFETY AWARENESS WEBINAR

ON
17 AUGUST 2021
4:30 PM ONWARDS
IN ASSOCIATION WITH
NSS MAITREYI & UNNAT BHARAT ABHIYAN
BY
HONDA MOTORCYCLE & SCOOTER INDIA PVT LIMITED

CONVENORS:
DR. SMRITI SINGH, ASSOCIATE PROFESSOR, DEPARTMENT OF ENGLISH AND NSS MEMBER
DR. MITHILA BAGAI, NSS CONVENOR
DR. ANAMIKA SINGH, UNNAT BHARAT ABHIYAN COORDINATOR

CHIEF PATRON:
PROF. HARTIMA CHOPRA
PRINCIPAL, MAITREYI COLLEGE



Feedback link: <https://forms.gle/gxAkKCv5FTnJPPIM7>

FEEDBACK
98 responses

It was a very interesting and informative session.

It's a very crucial webinar for me

It was a great session, we learned many new things as well

I really appreciate the speaking skills and information provided by the speaker. Amazing session learnt a lot.

It was a very informative session. Learned a lot thank you so much

Interesting and interactive... very good orator

Matthew Bay

Webinar on Long Covid: Vaccination and Future

Date: 22nd August 2021

Duration: 2:00 – 4.30p.m

Link: <https://us06web.zoom.us/j/89354827714?pwd=MLk5aXQrL05nb014c0hBM3J5SVh1QT09>

“NSS MAITREYI COLLEGE”, University of Delhi in collaboration with “UNNAT BHARAT ABHIYAN” and “FRAGRANT FLOWERS GROUP OF DISABLED WOMEN” had organized a webinar on ‘Long Covid: Vaccination and Future’. The session was conducted by Dr. Mathew Varghese who is an expert speaker about covid and renowned Orthopaedic Surgeon. The session was conducted in bilingual mode.

The webinar was enlightened with the wonderful words by the Principal, Prof. Haritma Chopra stating that on this auspicious occasion of Raksha bandh, symbol of love and protection is not limited within siblings but every front-line worker who worked for us during this pandemic.

Dr. Mithila Bagai welcomed the audience and the speaker. Dr Anamika Singh and Pushpa Pandey addressed “UNNAT BHARAT ABHIYAN” and “FRAGRANT FLOWERS GROUP OF DISABLED WOMEN” respectively.

The webinar was attended by more than 150 participants which was all across the country including the disabled people. In the initial minutes of the webinar the topic was primarily focused on WHO statistics, for a better understanding of the situation. Following up major key aspects which were covered are as follows:

- WHO statistics displays USA, India and Brazil in Top 3 countries with maximum reported cases, with no mention of China in the list contradicting the fact, it's the place of origin.
- Statistics of different countries on testing and deaths, MAX- USA, MIN- Bangladesh, India – second position.
- Representation of different Graphs, indicating different variants of the virus.
- Mistrust among the general public due to constant changing of the information about the virus.
- SARS-COV-2 Transmission, Pre-symptomatic patients' higher risk of transmitting the virus.
- The Science of Virus is in a constant process of change.
- AIIMS-ICMR Protocol, constant evolution since the starting of the pandemic.
- Selected COVID-19 Vaccines, within one year of identification of virus. With different platform(source), there are various types of vaccines.
- India vaccine status: Covishield (Oxford Astra Zenca) and Covaxine (Killed Virus Vaccine) Sputnik V (similar to the Oxford-AsrtaZenca and Johnson &Johnson)
- Pregnancy and Vaccines
- Delta Variant, Transmission rate greater and mutations and variants will continue and new variants will keep on appearing.
- Virus will reach a stage where its host will be resistant , that will be the stop level of the virus.
- The complexity of natural processes encourages us to remain open-minded about improbable events.
- Case study of Kerala.
- No solid evidence that 3rd wave will impact the children.
- The severity of 3rd wave will be less, in the form of minute waves.

- Across the world, 770 million children still weren't going to school full time by the end of June 2021 and more than 150 million kids in 19 countries had no access to in-person schooling.
- Long covid: Definition- Lasting of symptoms beyond more than 4 weeks after the covid infection, it's various symptoms and implications.
- Mental health issues like depression, anxiety due to the virus.
- Learning opportunities from the pandemic in various fields.
- Constant wearing of masks, Hand sanitizing and proper Physical distancing has to be maintained in continuation.
- Until now at least 60% population is immunized or achieved herd immunity and emerging variants are shown to be controlled by nature of vaccine induced immunity.

The webinar made its closure with question session, where myths and doubts were put to rest which included one to one interaction, and wonderful vote of thanks by Dr Smriti Singh which made the audience assured of their health and security in the pandemic cause of the informative session. Also acknowledging every member involved in organizing this, which made this webinar a successful one.

Coordinator: Prof. Haritima Chopra, Principal Maitreyi College

Convenors:

Dr. Smriti Singh, Associate Professor



Dr. Anamika Singh, UNNAT BHARAT ABHIYAN COORDINATOR

Dr. Mithila Bagai, NSS Convenor



WEBINAR ON
LONG COVID: VACCINATION AND FUTURE

WILL THERE BE A 3RD WAVE? ARE WE SAFE?

on
22nd August 2021
2 pm onwards

In Association With
NSS Maitreyi and Unnat Bharat Abhiyan
Fragrant Flowers Group of Disabled Women

Speaker: Dr. Mathew Varghese
(Renowned Orthopaedic Surgeon and expert speaker about Covid)

Chief Patron: Mr. Santosh Kumar Taneja
Chairperson, Maitreyi College

Coordinator: Prof. Haritima Chopra, Principal Maitreyi College

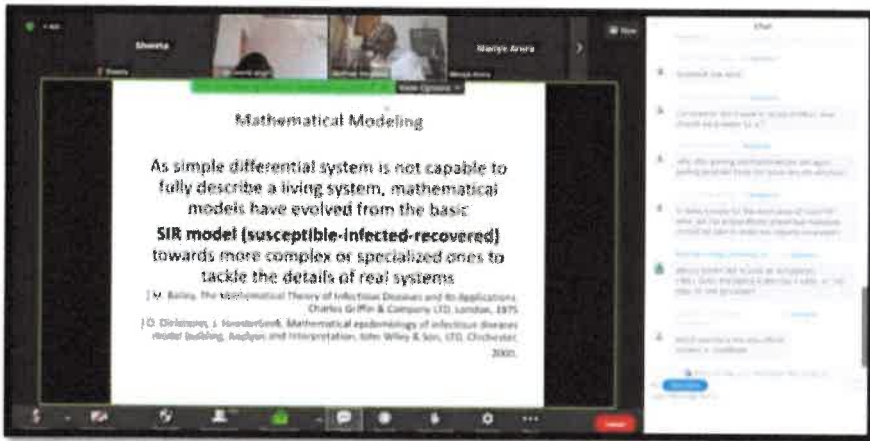
Convenors:

- Dr. Smriti Singh, Associate Professor, Department Of English and NSS Member
- Dr. Anamika Singh, Unnat Bharat Abhiyan Coordinator
- Dr. Mithila Bagai, NSS Convenor

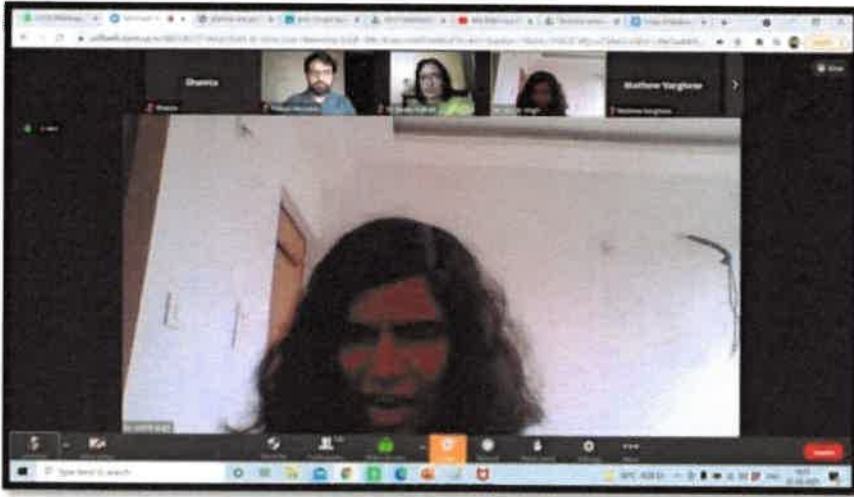
Organising Committee:

- Dr. Jyoti Singh, Department Of Zoology
- Dr. Savita Pathak, Department Of English
- Khushboo Soni, Department Of English
- Nupur Chawla, Department Of English
- Dr. Geeta Pandey, Department Of Hindi
- Dr. Pawan Sharma, Department Of Mathematics
- Pawan Haritima, Department Of Sociology
- Shoukani Singh, Senior Assistant Professor, Department Of History
- Sita Baskin, PGT Teacher Hindi, Demonstration and Multi purpose school, Under the HSE, Regional Education, Orissa
- Dr. Mohanji Yadav, Assistant Professor, Department Of Hindi
- Parthya Pandey, working with GAIL

WhatsApp Group Link: <https://chat.whatsapp.com/0949f46a712907a2a168>
Group 2: <https://chat.whatsapp.com/0949f46a712907a2a168>



M. H. Bay



Press Release



M. H. B. Singh

Feedback link: <https://forms.gle/9Wh7BJFxtubukWL9> (181 responses)

Webinar on Financial Wellness

Date: 28 August 2021

Duration: 1.30 – 2.20p.m

Link: <https://us02web.zoom.us/j/6074994590?pwd=WkFrY0dPMnFkKzhLeUtpc3l1bnFDdz09>

“NSS MAITREYI COLLEGE”, University of Delhi in collaboration with BE.ARTSY had organized a webinar on 'Financial Wellness'. It was conducted by Shikha Mittal who is the founder and director of Beartsy (Official Financial Awareness Partner: NSE). She has also featured in the Forbes India W-Power Trailblazers List 2019.

The session was enthusiastically attended by students of various streams. The prime focus of the webinar was to spread the idea and knowledge of saving and investing in our future needs. With the help of the presentation, information of six different applications of money usage was explained. The idea of shares and creditability was thoroughly discussed.

Overall, the webinar was very informative, made its closure with doubt and discussion session which further cleared the topic.

Coordinator: Prof. Haritima Chopra, Principal Maitreyi College

Convenors:

Dr. Smriti Singh, Associate Professor

Dr. Mithila Bagai, NSS Convenor

The poster is for a webinar titled "FINANCIAL WELLNESS" held at Maitreyi College, National Service Scheme. It is a financial literacy session for teachers and students, organized in collaboration with Beartsy. The session is scheduled for 28th August at 01:30 PM. The guest speaker is Shikha Mittal, Founder and Director of Beartsy, who is also an Official Financial Awareness Partner of NSE and featured in the Forbes India W-Power Trailblazers List 2019. The poster lists the coordinators: Dr. Haritima Chopra (Principal), Dr. Smriti Singh (Associate Professor), and Dr. Mithila Bagai (NSS Convenor). Contact information for Tulika (85870 43747) and Yamin (70420 59802) is provided at the bottom.

Be.artsy
www.beartsy.com

MAITREYI COLLEGE
NATIONAL SERVICE SCHEME

PRESENTS

FINANCIAL WELLNESS
A FINANCIAL LITERACY
SESSION FOR TEACHERS AND STUDENTS

IN COLLABORATION WITH
BE.ARTSY

28TH
AUGUST
01:30 PM

SHIKHA MITTAL
FOUNDER AND
DIRECTOR OF BEARTSY
(OFFICIAL FINANCIAL
AWARENESS
PARTNER: NSE)
FEATURED
IN THE FORBES
INDIA W-POWER
TRAILBLAZERS
LIST 2019

DR. HARITIMA CHOPRA
PRINCIPAL

DR. SMRITI SINGH
ASSOCIATE PROFESSOR

DR. MITHILA BAGAI
CONVENOR

FOR MORE DETAILS, CONTACT - TULIKA : 85870 43747
YAMIN (BEARTSY) : 70420 59802



M. H. B. S.

Swacchata Pakhwada

Day 1 : Swacchata Pledge

Date: 1st September 2021

Time: 5.00-5.30 p.m.

Venue: <http://meet.google.com/kpb-nvbo-ict>

"NSS MAITREYI COLLEGE", University of Delhi in collaboration with UNNAT BHARAT ABHIYAN had organized "Swacchata Pledge" under the event Swacchata Pakhwada. The pledge was recited by all the Office Bearers and volunteers of NSS.

It was the day 1 of 15 days programme of Swacchata Pakhwada. More than 45 members had enthusiastically participated in it.

Overall, the two-week long programme had a great start.

Chief Patron: Dr. Haritma Chopra, Principal of Maitreyi College

NSS Convenors

Dr. Smriti Singh

Dr. Mithila Bagai



Coordinator: Dr. Anamika Singh



NATIONAL SERVICE SCHEME
MAITREYI COLLEGE
(UNIVERSITY OF DELHI)
in collaboration with
UNNAT BHARAT ABHIYAN
(MINISTRY OF EDUCATION, GOVERNMENT OF INDIA)

Organises
Swacchata Pledge
Under the Event
Swacchata Pakhwada

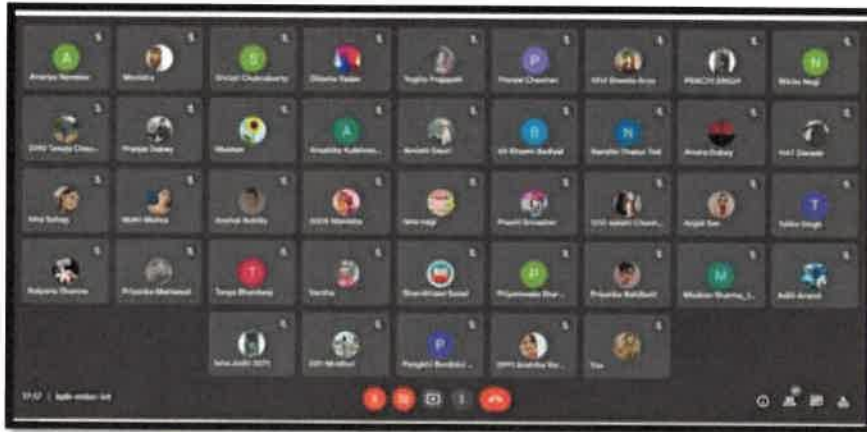
1st september 2021 05:00 pm G-Meet

Dr. Smriti Singh
Dr. Mithila Bagai
(NSS Convenors)

Dr. Haritma Chopra
Principal, Maitreyi College
(Chief Patron)

Dr. Anamika Singh
(Unnat Bharat Abhiyan, Coordinator)

Contact Details:
Yogita Prajapati : 8367329182 Tulika Singh : 8207043747 Chetuk Sharma : 931376201



M. Prasad

Swacchata Pakhwada

Day 2: Plantation Drive

Date: 3rd September 2021

NSS Maitreyi, in collaboration with UNNAT BHARAT ABHIYAN had organised "Planation Drive" as a follow up event in "SWACCHATA PAKHWADA". Participants were urged to plant CO₂ absorbing plants like Neem and Peepal or any Indoor Oxygen Plants and click photos with the saplings.

Students of Maitreyi College, from various courses participated in it and made this event a major success.

Chief Patron: Prof. Haritma Chopra (Principal, Maitreyi College)

NSS Convenors

Dr. Smriti Singh

Dr. Mithila Bagai



Coordinator

Dr. Anamika Singh



NATIONAL SERVICE SCHEME
MAITREYI COLLEGE
(UNIVERSITY OF DELHI)

In collaboration with
UNNAT BHARAT ABHIYAN
(Ministry of Education, Government of India)

Organises
PLANTATION DRIVE
3rd September 2021

Planting of CO₂ absorbing plants (neem/peepal)/indoor oxygen plants at home.
PICTURES TO BE SHARED BY THE VOLUNTEERS PARTICIPATING (2-3 Pictures)

LAST DATE TO SUBMIT : 15TH SEPTEMBER 2021
SEND YOUR ENTRIES ON THE MAIL ID:
@obnssmaitreyi@gmail.com

Dr. Smriti Singh
Dr. Mithali Bagai
(NSS Convenors)

Dr. Haritma Chopra
Principal, Maitreyi College
(Chief Patron)

Dr. Anamika Singh
(Unnat Bharat Abhiyan
Coordinator)

Yogita Prajapati : 8307579282 Tulika Singh : 8587043747 Chehak Sharma: 9315716321



MH39

Swacchata Pakhwada

Day 3: Cleanliness Drive

Date: 5th September

NSS Maitreyi College, in collaboration with UNNAT BHARAT ABHIYAN had organized Cleanliness Drive, as a part of "SWACCHATA PAKHWADA". Participants were encouraged to clean their surrounding areas, keeping in mind the safety protocols of Covid.

Students, participated with full zeal and enthusiasm, making this awareness drive a successful one.

Chief Patron: Prof. Haritma Chopra (Principal, Maitreyi College)

NSS Convenors

Dr. Smriti Singh

Dr. Mithila Bagai



Coordinator

Dr. Anamika Singh



NATIONAL SERVICE SCHEME
MAITREYI COLLEGE
(UNIVERSITY OF DELHI)

IN COLLABORATION WITH
UNNAT BHARAT ABHIYAN
(MINISTRY OF EDUCATION, GOVERNMENT OF INDIA)
ORGANISES

CLEANLINESS DRIVE
5TH SEPTEMBER 2021

Cleaning 100 metres around you. Pictures to be shared by the participants while cleaning.(2-3 pictures)

Last date to submit: 15th September 2021

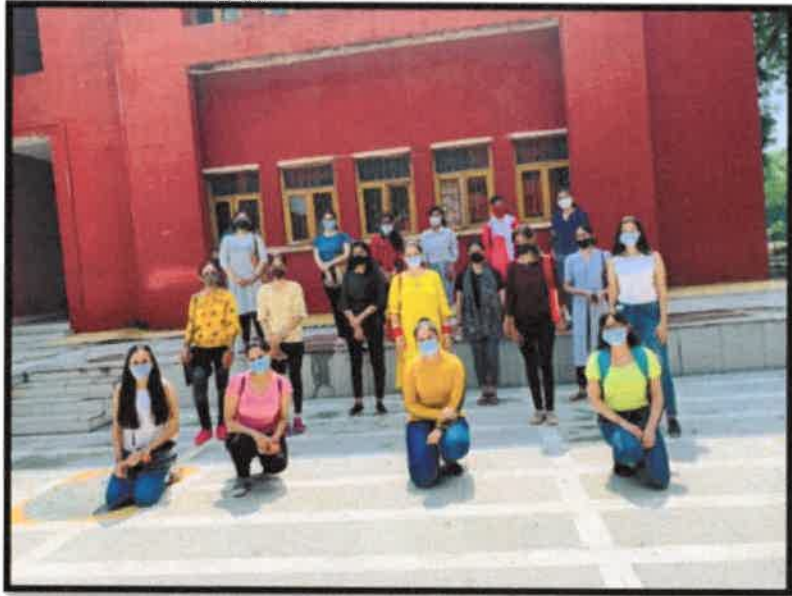
*Send your entries on the mail id-
obnssmaitreyi@gmail.com*

DR. SMRITI SINGH
DR. MITHILA BAGAI
NSS Convenors

PROF. HARITMA CHOPRA
PRINCIPAL, MAITREYI
COLLEGE
Chief Patron

DR. ANAMIKA SINGH
Unnat Bharat Abhiyan
Coordinator

Contact Details:
Yogita Prajapati : 8307579282 Tulika Singh : 8587043747 Chehak Sharma : 9315716321



M. H. Bag

Swacchata Pakhwada

Day 4: Creative Writing Competition

Date: 7th September 2021

NSS Maitreyi College, in collaboration with UNNAT BHARAT ABHIYAN had organized a 'Creative writing and Drawing competition', as a part of "SWACCHATA PAKHWADA". Participants were encouraged to write their hearts out.

Mesmerizing essays and poems, along with incredibly informative posters filled the competition with the spirit of creativity. Together all the participants made it a day to be remembered.

Chief Patron: Prof. Haritma Chopra (Principal, Maitreyi College)

NSS Convenors

Dr. Smriti Singh

Dr. Mithila Bagai



Coordinator

Dr. Anamika Singh



NATIONAL SERVICE SCHEME
MAITREYI COLLEGE
(UNIVERSITY OF DELHI)

In collaboration with
UNNAT BHARAT ABHIYAN
(Ministry Of Education, Government Of India)
ORGANISES
CREATIVE WRITING COMPETITION
7th September 2021

Write a Essay/ Poster/ Poem/ Slogan
Topic: Importance of Cleanliness
Can be written in Hindi or English. Word limit should not exceed
500 words in essay. Share it in PDF format.

Last date to submit: 15th September 2021
Send your entries on the mail id obnssmaitreyi@gmail.com

Dr. Smriti Singh	Prof. Haritma Chopra	Dr. Anamika Singh
Dr. Mithila Bagai	Principal, Maitreyi College	(Unnat Bharat Abhiyan
(NSS Convenors)	(Chief Patron)	Coordinator)

Contact Details:
Yogita Prajapati : 8307579282 Tulika Singh : 8587043747 Chehak Sharma : 9315716321

Brings positivity

It prevents dangerous diseases from spreading

WHY CLEANLINESS?

Clean physical & mental health

Improved productivity & thinking ability

2/3

THE IMPORTANCE OF CLEANLINESS

[Small text describing the importance of cleanliness]

Poem

Come and work up noble
 Let's start a new ideal
 We'll keep our motherland
 Get rid of the dirt of where

Not miss, not you
 Let's do together that it clean
 Not see the litter at our feet
 Let's get the garbage free
 We'll be such strong of clean

R.S. - 3

[Small text on the right side of the page]

Mythunberg

Swacchata Pakhwada

Day 5: Waste and Food Management Activity

Date: 10th September 2021

NSS Maitreyi, in collaboration with UNNAT BHARAT ABHIYAN, had organized 'Waste and Food Management Activity', as a part of "SWACCHATA PAKHWADA". The participants were urged to use extra/left over waste to make something creative out of it, also they could have distribution drive of food among poor.

Participants, made this event a successful one and contributed to it with full zeal and excitement.

Chief Patron: Prof. Haritma Chopra (Principal, Maitreyi College)

NSS Convenors

Dr. Smriti Singh

Dr. Mithila Bagai



Coordinator

Dr. Anamika Singh



**NATIONAL SERVICE SCHEME
MAITREYI COLLEGE**
(University of Delhi)
In collaboration with
UNNAT BHARAT ABHIYAN
(Ministry of Education, Government of India)

**ORGANISES
WASTE AND FOOD MANAGEMENT ACTIVITY**
10th September 2021

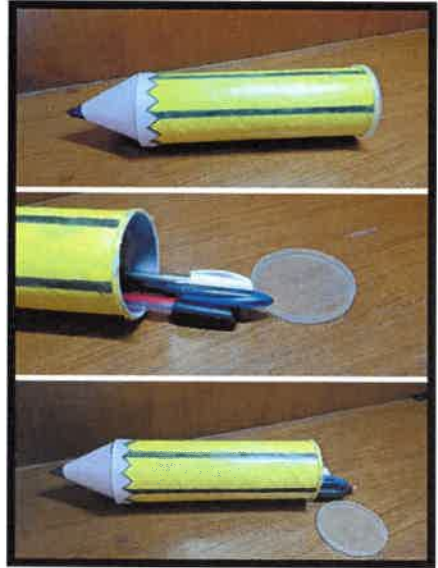
The participants have to use extra/left over waste to make something useful out of it. Or distribute extra food to the poor.
Pictures to be shared by the participants (2-3 pictures)

Last date to submit: 15th September 2021
Send your entries on the mail id: obnssmaitreyi@gmail.com

Dr. Smriti Singh
Dr. Mithila Bagai
(NSS Convenors)
Yogita Prajapati : 8307579282

Prof. Haritma Chopra
Principal, Maitreyi College
(Chief Patron)
Contact Details:
TulikaSingh: 8587043747

Dr. Anamika Singh
(Unnat Bharat Abhiyan Coordinator)
Chehak Sharma : 9315716321



Milhi Bag

Swacchata Pakhwada

Day 6: Encouraging Sustainability

Date: 12th September 2021

NSS Maitreyi, in collaboration with UNNAT BHARAT ABHIYAN, had organized 'Encouraging Sustainability'. Participants were urged to think of innovative ways for the use of sustainable products, and share their ideas by sending out pictures.

Participants contributed to this event with full zeal and enlightenment.

Chief Patron: Prof. Haritma Chopra (Principal, Maitreyi College)

NSS Convenors

Dr. Smriti Singh

Dr. Mithila Bagai



Coordinator

Dr. Anamika Singh



The poster features a central graphic of a recycling symbol (three chasing arrows forming a triangle) with a green leaf on the right side. The text is arranged around and over this graphic. At the top, it lists the organizing institutions: National Service Scheme Maitreyi College (University of Delhi) and UNNAT BHARAT ABHIYAN (Ministry of Human Resource Development, Government of India). The event title 'ENCOURAGING SUSTAINABILITY' is in large, bold, red letters, with the date '12th September 2021' below it. The instructions for participants are in black text, and the submission deadline and email address are in blue. At the bottom, the names and titles of the convenors, chief patron, and coordinator are listed, along with their contact details.

NATIONAL SERVICE SCHEME
MAITREYI COLLEGE
(University of Delhi)

in collaboration with
UNNAT BHARAT ABHIYAN
(Ministry of Human Resource Development, Government of India)

Organises event on
ENCOURAGING SUSTAINABILITY
12th September 2021

Participants have to share 2-3 pictures of them encouraging the use of sustainable products.
For example: encouraging the use of jute bags instead of plastic bags.

Last date to submit: 15th September 2021
Send your entries on the mail id obnasmaitreyi@gmail.com

Dr. Smriti Singh
Dr. Mithila Bagai
(NSS Convenors)

Prof. Haritma Chopra
Principal, Maitreyi College
(Chief Patron)

Dr. Anamika Singh
(Unnat Bharat Abhiyan
Coordinator)

Contact Details:
Yogita Prajapati : 8307579282 Chehak Sharma : 9315716321
Tulika Singh : 8587043747

More than 8 million tonnes of plastic bottles end up in the sea every year. Not only are these bad for the environment, but these are also bad for your health. There are no BPA's or phthalates in stainless steel bottles, unlike plastic bottles. Besides safety, steel bottles are also known for their durability and longevity. A steel bottle it can last upto 12 years. Quit buying single use plastic bottles, carry your own stainless steel bottle with you ; save your money, health and save the environment.



Muluzag



छात्राओं ने स्वच्छता के प्रति किया जागरूक

Updated 11 hours, 47 minutes ago

नई दिल्ली/टीम डिजिटल। दिल्ली विश्वविद्यालय (डीयू) से सम्बद्ध मैट्रोयी कालेज की राष्ट्रीय सेवा योजना यूनिट ने उन्नत भारत अभियान के साथ एक से 15 सितम्बर तक स्वच्छता पखवाड़ा मनाया। बुधवार को कार्यक्रम का समापन समारोह मनाया गया। इन पन्द्रह दिनों में छात्राओं ने पौधारोपण, स्वच्छता अभियान, कूड़ा करकट निस्तारण, वेस्ट फूट मैनेजमेंट को मुख्य रूप से केन्द्र में रखा। कार्यक्रम के अंत में छात्राओं ने विभिन्न पोस्टर, कवितायें और स्लोगन सांझा किया।

एबीवीपी ने स्मृति ईरानी को छात्राओं व महिलाओं की समस्याओं से अवगत कराया

200 छात्राएं हुई शामिल

इस कार्यक्रम के तहत कुल 200 छात्राओं जो कि राजस्थान, हरियाणा, उत्तराखंड, आसाम, मध्य प्रदेश, उत्तर प्रदेश और दिल्ली से जुड़ी थीं उन्होंने स्थानीय जगहों पर ही कार्यक्रम की रूपरेखा को लागू किया। अपने दिन भर के कार्यक्रम के बाद वो आनलाइन प्रतियोगिताओं में शामिल होती रही और उसे बहुत ही रचनात्मक तरीके से सबके साथ सांझा करती रही। कार्यक्रम के समापन पर मैट्रोयी कालेज की प्राचार्या डा हरित्मा चौपड़ा ने सभी को शुभकामनायें दी और कहा कि छात्राओं का यह अनूठा रचनात्मक योगदान है जिसमें वो खुद समाज की समस्या सुलझाने में सहयोग करती है। कार्यक्रम की समन्वयक डा. मिथिला बगई व डा. स्मृति सिंह ने छात्राओं को पर्यावरण और सामाजिक मुद्दों से जुड़ने के लिए प्रेरित किया। उन्नत भारत की तरफ से डा. अनामिका ने ग्रामीण समाज से छात्राओं का जुड़ना सराहनीय बताया।

Prabhu Bag

Stand up Against Sexual Harassment

Date of the Event: 16th September 2021

Number of participants: 140

NSS and Abhivyakti, The Theatre Society of Maitreyi College, in collaboration with UNNAT BHARAT ABHIYAN and Breakthrough had organized an online workshop on 'Stand up Against Sexual Harassment', on 16th September. The speaker was Shilpy Singh, who had a profound knowledge on women safety.

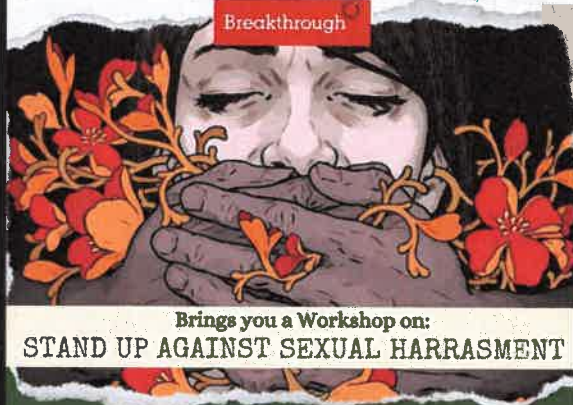
This workshop was attended by more than 130 participants. It was a fun interactive session, where major key points regarding women safety in today's time were discussed. Various self-defence techniques were also explained with the help of illustrations. The main key highlight of this workshop was the Methodologies of Bystander intervention, reasons why the general public was often feared to come forward and its implications. Solutions to various problems were properly discussed with the help of problem-solving questions.

Overall, it was quite an informative session, ended with doubt session and brainstorming ideas and ways to tackle with crimes in future.

(Signature)

Dr. Mithila Bagai

NSS Convenor

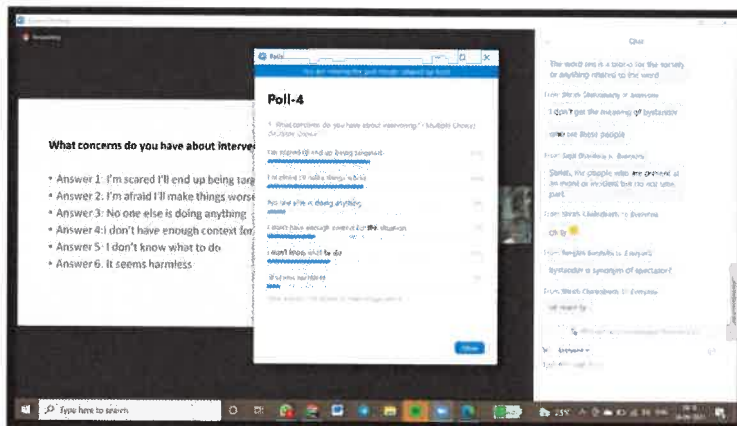
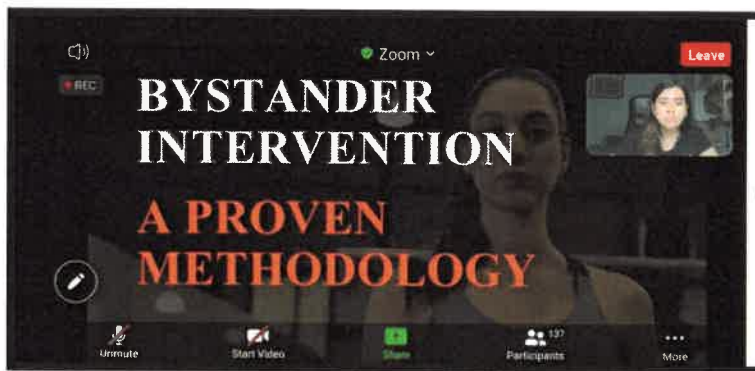
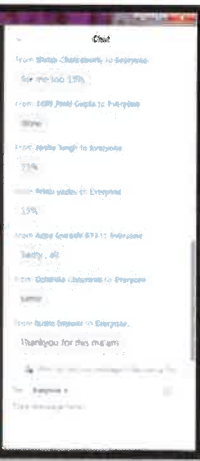


NATIONAL SERVICE SCHEME
MAITREYI COLLEGE
And
अभिव्यक्ति
The Theatre Society of Maitreyi College
In collaboration with
UNNAT BHARAT ABHIYAN
(Ministry of Human Resource Development, Government of India)
And
Breakthrough

Brings you a Workshop on:
STAND UP AGAINST SEXUAL HARRASMENT

Date : 16th September 2021 Time : 5:30 pm Venue : Zoom
E-Certificates will be provided to all participants.

Dr. Sushil Kumari Dr. Mamta Dhawan Abhivyakti Convenors	Dr. Smriti Singh Dr. Mithila Bagai NSS Convenors	Prof. Haritma Chopra Principal, Maitreyi College Chief Patron	Dr. Anamika Singh Unnat Bharat Abhiyan Coordinator
---	--	---	--



Mehnaz

Cancer Prevention and Palliative Care

Date : 22nd September 2021

Number of Participants: 114

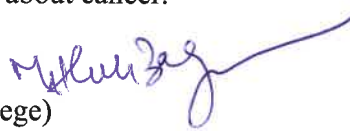
NSS Maitreyi College, Delhi University and Unnat Bharat Abhiyan in collaboration with Dharamshila Cancer Foundation and Research center had organized an online webinar on “Cancer Prevention and Palliative Care” on 22nd September 2021. Prof.(Dr) Ramesh Dawar, Vice President of DCFRC and Dr Pragya Singh, Sr. Manager of projects, DCFRC were the prominent speakers for the event.

The beginning of the webinar was started off with brief introduction about cancer and its formation, best ways and time for its proper diagnosis. It also gave an insight into the various treatments being conducted across the medical faculty and further palliative care which should be taken by the patients who just recovered and families with history of cancer.

Overall, it was a very informative session, which included doubt session where participants had one to one interaction with the speakers and shed more light on the myths and facts which prevailed in our society about cancer. Henceforth this webinar was a major way to prevent and spread knowledge about cancer.

Smriti Singh

Convenor (NSS Maitreyi College)



The poster features logos of Dharamshila Cancer Foundation and Research Centre, NSS Maitreyi College & Unnat Bharat Abhiyan, and the Ministry of Human Resource Development, Government of India. It lists Prof. (Dr.) Ramesh Dawar and Dr. Pragya Singh as speakers, along with the Chief Patron, NSS Convenors, and UBA Coordinator. The event is scheduled for 22 September 2021, Wednesday, starting at 01:00 PM onwards. Contact information for Mr. Vineet Pankaj is provided at the bottom.

**Dharamshila Cancer Foundation
And Research Centre**
in collaboration with
NSS, Maitreyi College & Unnat Bharat Abhiyan
(Ministry of Human Resource Development, Government of India)

is organizing
WEBINAR ON
Cancer Prevention & Palliative Care

Speakers

Prof. (Dr.) Ramesh Dawar
Vice President, DCFRC

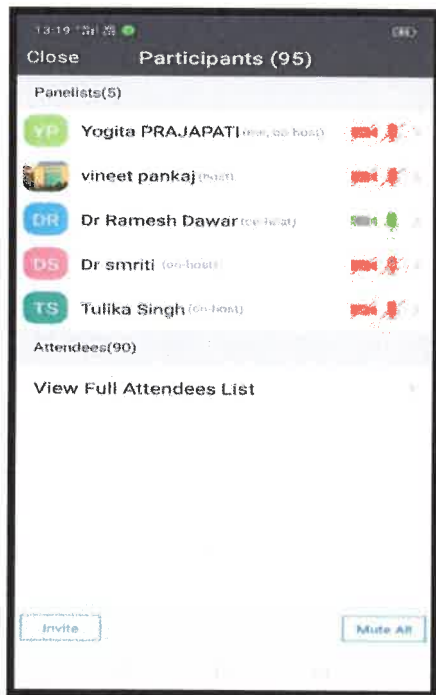
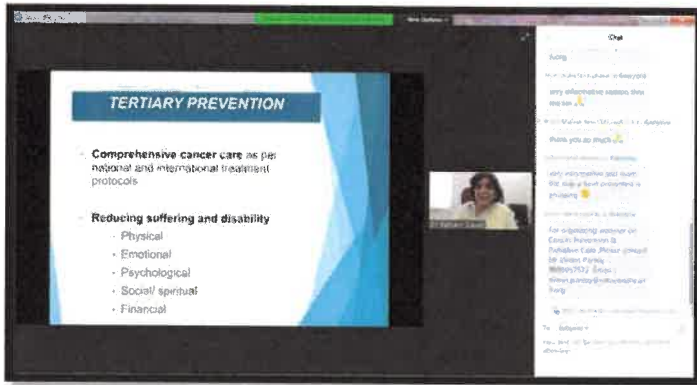
Dr. Pragya Singh
Sr. Manager - Projects, DCFRC

Chief Patron: Prof. Haritma Chopra (Principal Maitreyi College)
NSS Convenors: Dr. Mihila Bagei, Dr. Smriti Singh UBA Coordinator: Dr. Anamika Singh

22 September 2021, Wednesday | 01:00 PM Onwards

ZOOM WEBINAR ID 889 7962 4397 | PASSWORD prevention

For any query, assistance or organizing webinar/talk, Please contact Mr. Vineet Pankaj
+91 9999857572 | vineet.pankaj@naitriyanehealth.org



Y. Pratik Singh

Link of Participants: [Cancer Prevention feedback form responses - Google Sheets](#)

Clean Yamuna Campaign

Date: 7th October 2021

NSS Maitreyi College, Delhi University had participated in Clean Yamuna Campaign held on 7th October 2021, in the South East District under the “Clean Yamuna Project” at Yamuna Bank. This drive was organized by the District Administration, an initiative taken by MoYAS, Government of India. The Chief Guest of the programme held was the Honourable District Magistrate of South East Delhi.

Various universities and colleges had taken part in this campaign. The start off of the event had taken place with a brief orientation, and further the cleaning procedures. A proper refreshment was provided to the students by the organising committee. A total of 3 hours to given for this event to take place.

Overall, it was a great opportunity for the NSS volunteers to be a part of awareness and gain a hands-on experience in the field work.

Smriti Singh

Convenor (NSS Maitreyi College)



NSS Camp

Date: - 14th October 2021

A camp was organized for the selection of the brightest NSS Volunteers for the upcoming Republic Day Parade at Rajpath, New Delhi. The selection camp was organized at Netaji Subhas University of Technology (NSUT). Maitreyi College, NSS volunteers were provided with the training in their respective college itself to groom their students for the Camp.

The selection camp had four stages namely: Physical fitness, Parade performance, Cultural performance, and Interview. The camp was organized for Delhi Region and many participants actively participated in it.

Smriti Singh
Convenor (NSS Maitreyi College)

Smriti Singh



UMANG'21

The Annual Diwali Mela Day- 1

Date: 23rd October' 2021

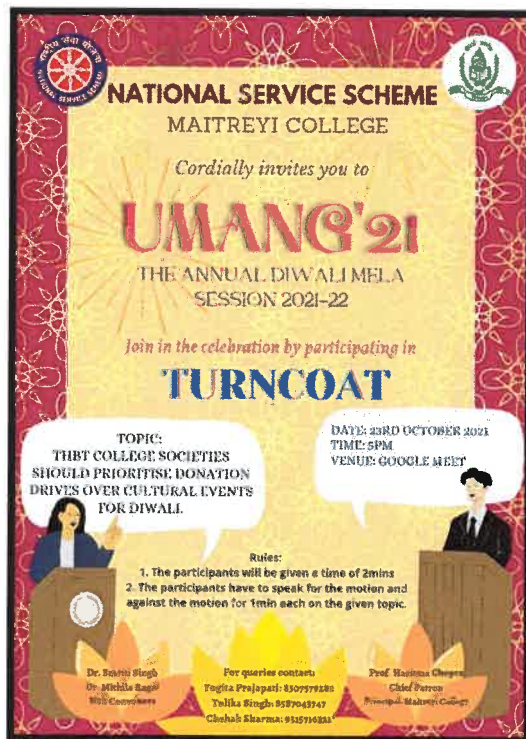
Number of Participants-

NSS Maitreyi College, celebrated the annual Diwali Mela for the session 2021-22. The theme for this year celebration was "UMANG". Under these various activities were being conducted, on the very first day, the event 'TURNCOAT' was conducted. The topic for this event allotted to the students for discussion was "Thbt college societies should prioritise donation drives over cultural events for Diwali."

Many students across different colleges, took part in this event, and made a successful one.

Smriti Singh

Convenor (NSS Maitreyi College)



NATIONAL SERVICE SCHEME
MAITREYI COLLEGE

Cordially invites you to

UMANG'21

THE ANNUAL DIWALI MELA
SESSION 2021-22

Join in the celebration by participating in

TURNCOAT

TOPIC:
THBT COLLEGE SOCIETIES
SHOULD PRIORITISE DONATION
DRIVES OVER CULTURAL EVENTS
FOR DIWALI.

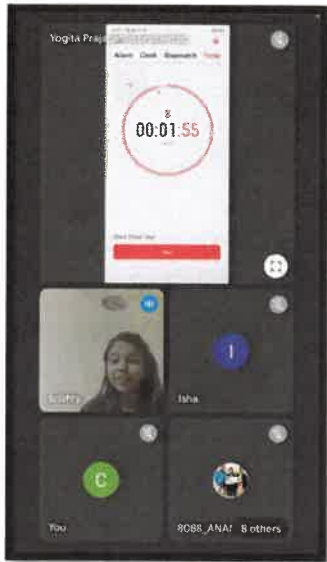
DATE: 23RD OCTOBER 2021
TIME: 5PM
VENUE: GOOGLE MEET

Rules:
1. The participants will be given a time of 2mins
2. The participants have to speak for the motion and
against the motion for 1min each on the given topic.

Dr. Smriti Singh
NSS Convenor

For queries contact:
Tanya Prajapati- 830979288
Tulika Singh- 8579045747
Chahak Sharma- 8125916381

Prof. Haritina Chatterjee
Chief Patron
Principal, Maitreyi College



List of participants:

<https://docs.google.com/spreadsheets/d/1NSpOIK0DeZonrrhqOdOgzfy7yGOI45r1NfVupqurJ8/edit?usp=drivesdk>

M. H. S. J.

UMANG'21

The Annual Diwali Mela Day- 2

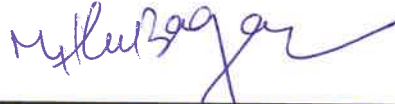
Date: 25th October'21

NSS Maitreyi College, under the celebration of Diwali Mela had organized 'The Rangoli Making Competition'. Various students across different colleges took part in this competition, adding a spark and enthusiastic spirit to it.

Overall, it was fun event to witness the creativity and ideas of the young minds.

Smriti Singh

Convenor (NSS Maitreyi College)





Mulhal Bager

UMANG'21

The Annual Diwali Mela Day- 3

Date: 26th October'21

NSS Maitreyi College, in collaboration with UNNAT Bharat Abhiyan had organized an "Awareness Program" under the event Umang, Diwali Mela. Volunteers, team members of NSS, along with faculty members had travelled to Mangroli district, and conducted various activities among the students of Government school.

An interactive session was held to spread the awareness about the environment and the harmful effects of burning firecrackers. Wall painting on "Stop the firecrackers" was also implemented to spread the message on a wider spectrum. Overall, it was successful campaign conducted with an aim to spread the awareness among younger minds.

Smriti Singh

Convenor (NSS Maitreyi College)



Unnat Bharat Abhiyan
(Ministry of Human Resource Development,
Government of India)
In collaboration with
National Service Scheme
Maitreyi College
(NACC Accredited 'A' Grade)
UNIVERSITY OF DELHI
Organises

AWARENESS CAMPAIGN
Under the event
UMANG'21
The Annual Diwali Mela
Session 2021-22

Activities being conducted:

- 1) Campaign to raise awareness about the environment.
- 2) Raise awareness about the HARM brought by burning firecrackers.
- 3) Wall painting.

Date : 26th October 2021 Venue : Mangroli
E-Certificates will be provided to all participants.

Dr. Smriti Singh Dr. Mithila Bagal NSS Convenors	Prof. Haritma Chopra Chief Patron Principal, Maitreyi College	Dr. Anamika Singh Unnat Bharat Abhiyan Coordinator
--	---	--

For queries contact:
Yogita Prajapati: 8307579282 Yulika Singh: 8587043747 Chehak Sharma: 9315716321



Mangroli, Uttar Pradesh, India
 4H7Q+QP6, Mangroli, Uttar Pradesh 203135, India
 Lat 28.114747°
 Long 77.589621°
 26/10/21 11:26 AM



Mangroli, Uttar Pradesh, India
 4H7Q+QP6, Mangroli, Uttar Pradesh 203135, India
 Lat 28.11471°
 Long 77.58954°
 26/10/21 12:17 PM



Mangroli, Uttar Pradesh, India
 4H7Q+QP6, Mangroli, Uttar Pradesh 203135, India
 Lat 28.114786°
 Long 77.589485°
 26/10/21 12:19 PM

NSS Maitreyi College organise ' Awareness Program'

Staff Reporter
 Mangroli.

NSS Maitreyi College, Delhi University in collaboration with UNNAT Bharat Abhiyan had organized an "Awareness Program" under the event Umang, Diwali Mela.

The members of NSS team and faculty members had travelled to Mangroli district, and conducted various activities among the students of Government school.

An interactive session was held to spread the awareness about the environment and the harmful effects of burning firecrackers.

Wall painting on "Stop the firecrackers" was also implemented to spread the message on a wider spectrum. Overall, it was successful campaign conducted with an aim to spread the awareness among younger minds.



6:52 AM

Google के दिखाए जा रहे विज्ञापन

यह विज्ञापन देखना बंद करें यह विज्ञापन क्यों? (U)



Mangroli, Uttar Pradesh, India
 4H7Q+QP6, Mangroli, Uttar Pradesh 203135, I
 Lat 28.11472°
 Long 77.589586°

पटाखों को जलाने के हानिकारक प्रभावों के बारे में जागरूक किया

Updated 10 hours, 28 minutes ago

नई दिल्ली/टीम डिजिटल। दिल्ली विश्वविद्यालय से सम्बद्ध मैत्रेयी कालेज एनएसएस ने उन्नत भारत अभियान के सहयोग से उमंग दिवाली मेला के तहत एक जागरूकता कार्यक्रम का आयोजन किया। एनएसएस टीम के सदस्यों और संकाय सदस्यों ने मंगलोरी जिले की यात्रा की और सरकार स्कूल के छात्रों के बीच विभिन्न गतिविधियों का संचालन किया। पर्यावरण और पटाखों को जलाने के हानिकारक प्रभावों के बारे में जागरूकता फै

Ad by Google

सं

Stop message Use

M. H. Bager

Vigilance Awareness Week – Integrity Pledge

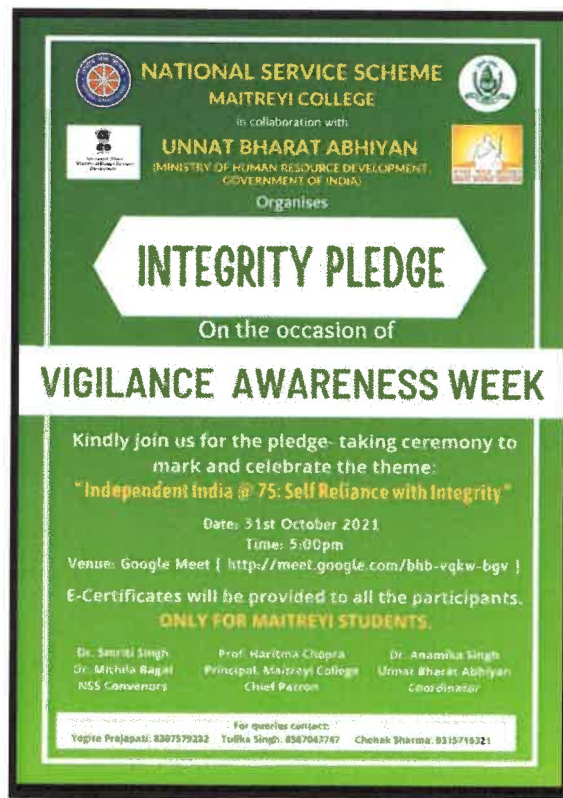
Date: 31st October 2021

NSS Maitreyi College, Delhi University in collaboration with Unnat Bharat Abhiyan on the occasion of Vigilance Awareness Week had organized Integrity Pledge to mark and celebrate the theme “Independent India@ 75: Self Reliance with Integrity”.

NSS volunteers, had enthusiastically participated in this event, marking the importance of integrity in our daily lives.

Smriti Singh

Convenor (NSS Maitreyi College)



The poster is green and white. At the top, it features the logos of the National Service Scheme (NSS) and Maitreyi College, along with the Unnat Bharat Abhiyan logo. The text reads: "NATIONAL SERVICE SCHEME MAITREYI COLLEGE in collaboration with UNNAT BHARAT ABHIYAN (MINISTRY OF HUMAN RESOURCE DEVELOPMENT, GOVERNMENT OF INDIA) Organises". The main title is "INTEGRITY PLEDGE" in a white arrow-shaped box, followed by "On the occasion of VIGILANCE AWARENESS WEEK". Below this, it says "Kindly join us for the pledge-taking ceremony to mark and celebrate the theme: 'Independent India @ 75: Self Reliance with Integrity'". The date is "31st October 2021" and the time is "5:00pm". The venue is "Google Meet | <http://meet.google.com/bhb-vqkw-bgv>". It also states "E-Certificates will be provided to all the participants. ONLY FOR MAITREYI STUDENTS." At the bottom, it lists the convenors: Dr. Smriti Singh and Dr. Michela Bagel (NSS Convenors), Prof. Haritima Chopra (Principal, Maitreyi College, Chief Patron), and Dr. Anamika Singh (Unnat Bharat Abhiyan, Coordinator). Contact numbers for Yogita Prajapati, Tulika Singh, and Chetak Sharma are also provided.



Vigilance Awareness Week – Reel Making Competition

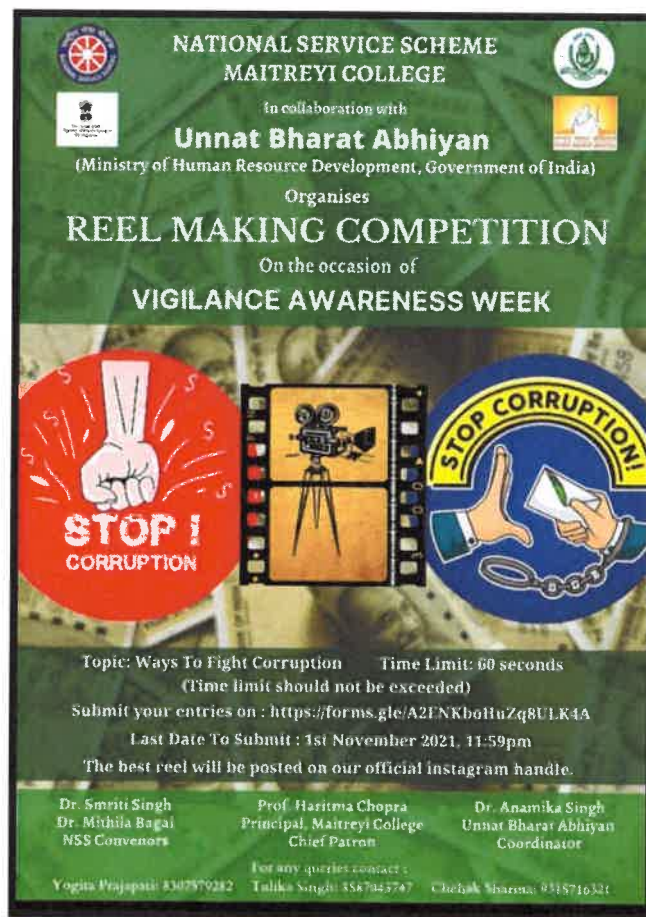
Date: 1st November 2021

NSS Maitreyi College, Delhi University in collaboration with Unnat Bharat Abhiyan had celebrated the Vigilance Awareness Week, in order to spread the importance of integrity and to apply it in our lives. Reel Making Competition was organized on the topic: Ways to Fight Corruption.

Winners were allotted with E-certificate and all the participants had received participation E-certificate as well.

Smriti Singh

Convenor (NSS Maitreyi College)



**NATIONAL SERVICE SCHEME
MAITREYI COLLEGE**

In collaboration with
Unnat Bharat Abhiyan
(Ministry of Human Resource Development, Government of India)

Organises
REEL MAKING COMPETITION
On the occasion of
VIGILANCE AWARENESS WEEK

STOP! CORRUPTION

STOP CORRUPTION!

Topic: Ways To Fight Corruption Time Limit: 60 seconds
(Time limit should not be exceeded)

Submit your entries on : <https://forms.gle/A2fNKb0HuZq8ULK4A>

Last Date To Submit : 1st November 2021, 11:59pm

The best reel will be posted on our official Instagram handle.

Dr. Smriti Singh Prof. Haritma Chopra Dr. Anamika Singh
Dr. Mithila Bagai Principal, Maitreyi College Unnat Bharat Abhiyan
NSS Convenors Chief Patron Coordinator

For any queries contact :
Yogita Poojapati: 8307579282 Tulika Singh: 8587045707 Chetank Sharma: 9315716321

National Webinar on Menstrual Hygiene

Date: 2nd November 2021

Number of Participants: 233

NSS Maitreyi College, Delhi University in collaboration with Unnat Bharat Abhiyan, along with Women Development cell and Student Union had organized a National Webinar on Menstrual Hygiene. Dr. Naima Choudhary, Gynaecologist at St. Stephen, Hospital, Delhi was invited as the prominent speaker for the event.

The main criteria for the webinar were to spread the knowledge about menstrual hygiene and its importance. Various methods for the protection from infectious diseases during menstruation were discussed. Proper usage and disposal of sanitary pads and menstrual cups were explained. Various myths which had been prevailing in our society were put out, and real facts and figures were informed.

Overall, it was a very informative and interactive session as students had come forward and discussed their doubts and put forward informative information as well.

Smriti Singh

Convenor (NSS Maitreyi College)

**National Service Scheme
Maitreyi College**
(NACC Accredited 'A' Grade)
University of Delhi
In collaboration with
Unnat Bharat Abhiyan
(Ministry of Human Resource Development, Government of India)

and
Women Development Cell
and
Student Union
Organises webinar on

Menstrual Hygiene
Speaker: **Dr. Naima Choudhary**
(Gynecologist at St. Stephens Hospital, Delhi)

Light a lamp for our good health!

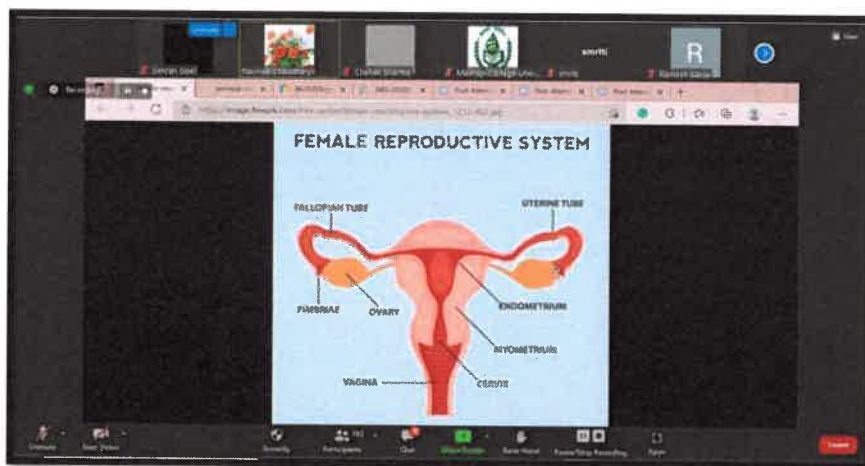
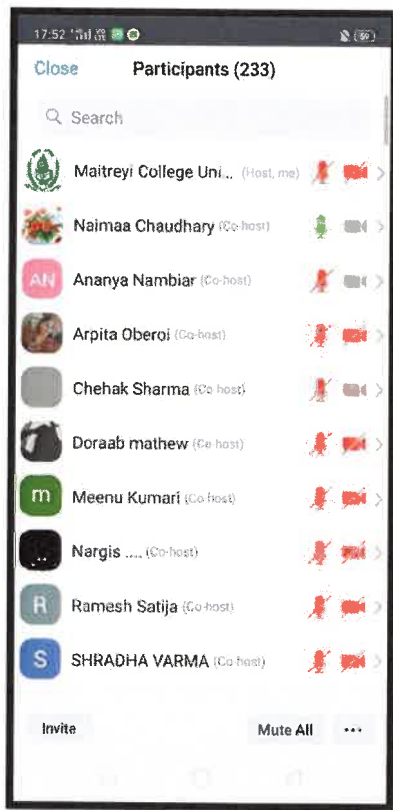
2nd November 2021 5pm Zoom

Dr. Smriti Singh Dr. Mithila Bagal NSS Convenors	Prof. Haritma Chopra Chief Patron Principal, Maitreyi College	Dr. Anamika Singh Unnat Bharat Abhiyan Coordinator
Prof Ramesh Kumari Women Development Cell Convenor	Dr. N.Shradhha Varma Dr. Pushpa Gupta Dr. Meenu Women Development Cell Committee Members	Dr. Ritu Gaba Dr. Rajni Johar Dr. Ankita Chaudhary Student Union Convenors

Registration Link:
<https://forms.gle/y38k1Xv6R6obUbdP9>

Whatsapp Group Link:
<https://chat.whatsapp.com/HUu8jaei2yDlSzt1yVNZZpa>

For queries contact:
Yogita Pranjapati: 8107570262
Tulika Singh: 8587043747
Chibak Sharma: 9315716321



M. H. Zagan

National Unity Day – Pledge Ceremony

Date: 5th November 2021

NSS Maitreyi College, University of Delhi, had celebrated the National Unity Day to mark the birth anniversary of Sadar Vallabhbai Patel, the man who played an important role in the unification of India. In order to mark the Significance of this day ‘Pledge Ceremony’ was organized, in which the NSS volunteers were encouraged to spread the importance of unity and integrity among the younger generation by taking the oath and affirming the inherent strength and resilience of our nation.

Overall, it was a successful event, with an important message delivered to our youth.

Smriti Singh

Convenor (NSS Maitreyi College)

Dr Mithila Bagai

Convenor (NSS Maitreyi College)



Mithila Bagai